



SCITON PROFRACTIONAL POST CARE INSTRUCTIONS

Redness, swelling, and pinpoint bleeding may occur post-treatment. The degree of redness, oozing and healing time will be greater with the depth and percentage of your treatment.

- Oozing may persist for 24 hours after the treatment.
- Swelling is typically a short-term response. Use of a cold compress or ice packs will help to relieve the swelling. To avoid further swelling, you may choose to sleep in an upright position the first night after the treatment. Lingering heat should resolve within 12-24 hours. An ice pack can help reduce any warmth.
- If an antiviral was prescribed for you, continue to take as directed.
- While not commonly needed, post treatment discomfort may be relieved by oral pain relievers, i.e., Extra Strength Tylenol.
- Cleanse the skin two times a day with plain, lukewarm water and a gentle cleanser beginning the morning after the treatment. Use your hands to gently apply the cleanser and water and finish by patting dry with a soft cloth. Be careful not to rub the treated area.
- After cleansing your face, reapply an occlusive barrier (Aquaphor or other prescribed products). The occlusive barrier will hold moisture in the skin and provide protection to the skin from pollutants in the air as the skin heals. Typically, the occlusive barrier is only needed for the first 24 – 48 hours. Reapply the occlusive barrier as needed. Do not allow the treated area to dry out.
- Peeling and flaking generally occur within 24 hours post-treatment and should be allowed to come off naturally over the next week. You may also notice MENDS (microscopic epidermal necrotic debris). This is normal and will look and feel like sandpaper. **Do not pick, rub, or force off any skin during the healing process, as this could result in scarring and/or infection.**
- After 36 hours you may begin using Oxygentix or another tinted SPF 30+.
- Once redness has subsided, you may begin using your own makeup and sunblock in lieu of Oxygentix. Please ensure all makeup and makeup brushes are new or freshly cleaned.
- Gently washing the skin more frequently will help to promote the peeling process.
- Avoid direct sunlight for up to 2 months post treatment.
- Avoid strenuous exercise and sweating until after skin has healed.

Please contact our office if you experience any of the following: excess swelling beyond 24 hours; excess drainage or pus; increased warmth to the treatment area; fever of 101.5 or higher.

Call our office at 609-921-7747 with any questions or concerns.