



Rejuvapen Post Care Instructions

What to expect immediately after treatment:

- Pinpoint bleeding, redness and some discomfort is normal after the treatment. It is also common to experience bruising around the eyes, forehead, or bridge of nose as this tissue is much thinner on our faces.
- You may leave the office with a product on your face called Oxygenetix. This is a healing balm formulated with safe ingredients to help your skin barrier repair itself quicker. We ask that you sleep in this product the night of your treatment.
- If PRP or PRFM is performed, do not cleanse your face the night after your treatment, as you will be sleeping with the PRP or PRFM still on your skin.

What to do the morning after:

- Cleanse face gently with the cleanser provided in your post-care kit.
- **Skincare products that contain active ingredients should be postponed until the skin is healed** (approx. 1 week post treatment).
 - Examples: AHA/BHA, salicylic acid, benzoyl peroxide, vitamin C, Lytera
- After cleansing, moisturize with the product provided in your post-procedure kit.
- You may notice that your skin is dryer or tighter than normal - this is a sign of the healing response. Liberal moisturizer or Aquaphor can be applied throughout the day.
- Sunscreen should be applied after moisturizer - we recommend a physical barrier sunscreen with an SPF of at least 30+, reapplied every 2 hours.
- Please refrain from putting makeup on (unless using Oxygenetix) until the skin is healed.

What to do the night after:

- Cleanse face gently with the cleanser provided in your post-care kit.
- **Nighttime skincare products that contain active ingredients should be postponed until skin the skin is healed (approx.1 week) unless otherwise instructed by your provider.**
 - Examples: AHA/BHA, salicylic acid, benzoyl peroxide, retinoids, retinols, hydroquinone, Cyspera
- Moisturize with the product provided in your post-care kit.

Other:

- Please let your provider know if you have a history of cold sores. We may call in a prescription for you.

- Please notify your provider if you experience any prolonged warmth, drainage, or worsening redness in the treatment area.
- It is normal for occasional breakouts to happen from microneedling. Please refrain from using any acne treatments until 1 week post treatment.