

ADDICTION AMONG TEENS

CLOZE EXERCISE

ACTIVITIES



- Read the short text below on teens and addiction and fill in the gaps with the following words:
consequences – abuse – mood – drugs – adults – hobbies – fun – behaviour – parents –
addiction – depression – users.

Teenagers are more likely to be exposed to drugs and alcohol than ①. Most teens don't start using drugs expecting to develop a substance ② problem. They see their drug use as a casual way to have ③, and ignore the negative effects that are a result of this use and abuse of alcohol and other ④. One of the consequences of drug and alcohol abuse is ⑤. Most teens don't realise that they will become addicted, and simply use drug and alcohol to have a good time. However, addiction to drugs and alcohol can result in some pretty undesirable ⑥ such as ⑦ problems, alienation from the family, and a loss of interest in ⑧, school, or work.

Substance abuse and addiction can greatly alter health and can also destroy friendships, as teens begin to move away from old friends who don't approve of their drug use and begin to associate with fellow drug ⑨ who will encourage and support one other's drug use. Since it is unlikely that teens will want to stop using drugs, it is important for ⑩ and friends to look for signs of drug use in their loved ones. The sooner you can recognise that your child or your friend is abusing alcohol or other drugs, the sooner you can seek help. If you notice changes in behaviour and ⑪ and changes in friends, or ⑫ your teen may have a problem with substance abuse.

TRUE OR FALSE

- Now decide if the following statements are true or false and correct the false ones.

- | | |
|---|-----|
| ① Adults have more probability to become addicted to drugs than young people.
..... | T F |
| ② When they start using drugs, teens don't imagine becoming addicted.
..... | T F |
| ③ Drugs and alcohol are considered a simple way to have fun.
..... | T F |
| ④ Drugs can lead a young person to success at school or work.
..... | T F |
| ⑤ There are very few probabilities that young people stop using drugs, once they have started.
..... | T F |
| ⑥ Drug abuse can damage the parent/teen relationship.
..... | T F |
| ⑦ It is important to realize on time whether a friend of yours is using drugs.
..... | T F |
| ⑧ Changes in a person's mood and behaviour may indicate an addiction problem.
..... | T F |