

5 Which factors lead to alcohol use disorders?

the development of alcohol addiction?

Where are adolescents mostly at risk?

8 What is peers' influence due to?

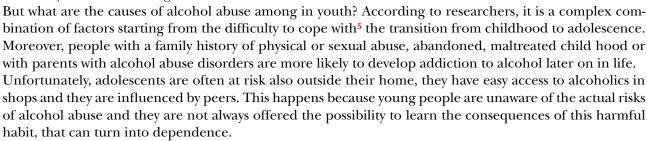
6 To what extent is family history responsible for

# **ALCOHOL ABUSE**

**D** y the term 'alcoholism' or the more specific expression 'alcohol abuse', we D mean the recurring<sup>1</sup> and prolonged consumption of alcoholic drinks.

Surveys conducted all over the world show that the generation between the age of 15 and 24 years is the most addicted<sup>2</sup> to alcohol, especially in the United Kingdom, where alcohol abuse is widely spread.

Habitual heavy drinking leads to several negative consequences at a social level, such as inability to form relationships, failure to perform one's duties<sup>3</sup> at school, work or at home, dangerous behaviours such as drunk driving. Equally important is the damage to health deriving from alcoholism, including long-term harm to the brain, especially in very young abusers, memory deficits, insomnia, irritability and chronic fatigue<sup>4</sup>.



#### **READING COMPREHENSION**

- Answer the following questions.
- 1 What is alcohol abuse?
- 2 Who are the heaviest drinkers?
- 3 What are the social consequences of alcohol abuse?
- 4 What is the physical damage related to alcoholism?

### **SYNONYMS**

- Read the text again and find synonyms for the following terms.
- 1 Precise **5** Impatience ..... 2 Extended 6 Complicated ..... 3 Defeat 7 Uninformed 4 Carry out 8 Understand

.....

## **TEXT COMPLETION**

• Fill in the gaps translating the words in brackets into English.

#### **ALCOPOPS**

When Sweden joined the European Union, the entire European law ...... 1 (è stata adottata), along with several food ...... 2 (*prodotti*) like alcopops. widely consumed in Sweden. As the flavour of alcohol is hidden, the introduction of this kind of drinks caused ...... (5) (metà) of the increase in alcohol use in adolescents, mostly among girls. more likely to happen than in teenagers who don't drink. states: 'Attention: this drink contains alcohol.'



- occurring again after an interval
- 2 dependent
- 3 tasks, functions
- 4 tiredness
- 5 deal with and attempt to overcome problems and difficulties



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