KNIFESTYLES OF THE RICH & FAMOUS

scar-winning actress Nicole Kidman has mostly been tight-lipped over the years about the efforts she's made to fight the effects of aging. But she made an exception in 2013 to tell Italian newspaper *La* Repubblica, "No surgery for me. I did try Botox, unfortunately, but I [stopped] and now I can finally move my face again." Experts, however, suspect Nicole, now 49, has dabbled more than she's letting on. "She looks very good," says LA plastic surgeon Dr. Alexander Rivkin, who, along with the other experts used in this story, has not treated Nicole. "I would estimate she spends

"She's taking great care of her skin; it's flawless."

- Dr. Alexander Rivkin

up to \$50,000 a year on upkeep, and whoever she's seeing for injections these days is doing a great job." Dr. Anthony Youn, a board-certified plastic surgeon isn't quite as impressed. "Nicole is such a natural beauty," he says, "but now she looks too perfect for a woman of 49 years." Dr. Youn recommends that Nicole cut the amounts of Botox and fillers she's getting in half. "Then," he says, "I think she would look amazing and natural." 💵



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