



PDO THREADS POST TREATMENT CARE

Congratulations- You just received a PDO Thread treatment! Here are your post-treatment instructions and what to expect.

RESULTS

1. Effects should be noticeable immediately after treatment. However, maximum effect will occur in 4-6 weeks
2. Minor bruising and swelling is normal and to be expected. If bruising occurs apply topical Arnica gel or Vitamin K serum
3. Asymmetry and irregularity of the tissue is common and will typically resolve in one to two weeks
4. Minor pain at the injection site is normal and to be expected. Pain may last up to 2 weeks post treatment.

AVOID

1. Excessive chewing and hard foods for 3 days post treatment. Do not drink through a straw.
2. Animated facial expressions for a week post treatment.
3. To avoid additional swelling, sleep with head elevated for 2:3 days post treatment.
4. Avoid massaging treatment area(s) excessively.
5. Avoid washing your face for 12 hours following treatment.
6. Don't not wear makeup or apply facial creams for 12 hours following treatment.
7. Avoid Steam rooms, saunas, hot tubs and any water source that could be unclean.
8. Avoid Ibuprofen for two weeks. Acetaminophen may be taken instead, if needed

CONTACT

1. If you experience increased redness, swelling or pain at the injection site.
2. If one or more threads begins to extrude or are exposed.
3. Irregularity or visible ridges of threads two weeks post-treatment
4. If you have additional questions or concerns regarding your treatment

