

# $\bullet MENTZ \bullet$

America's First Triple Board Certified Plastic Surgeon Henry A. Mentz III, MD, FACS

2016 GLOBAL AWARD FOR BEST PLASTIC SURGERY PRACTICE

BY MEDICAL LIVEWIRE

# The AESTHETIC CENTER for PLASTIC SURGERY

### **TABLE OF CONTENTS**

3	Dr. Mentz's Profile
4	Credentials
5	Innovations
6 - 7	Initial Consultation
8 - 9	The Surgery Experience

- **10 11** The ACPS Advantage
- 12 37 Procedure Photo Gallery
- 38 39 Awards & Honors
- **40 41** Contributions to Plastic Surgery
- **42 43** The Mentz Foundation

# A REPUTATION FOR



# A MINDSET FOR



# HENRY A. MENTZ III, MD, FACS

AMERICAN BOARD OF PLASTIC SURGERY AMERICAN BOARD OF FACIAL PLASTIC SURGERY AMERICAN BOARD OF OTOLARYNGOLOGY

### **BEST PLASTIC SURGERY PRACTICE** - 2016 - BY MEDICAL LIVEWIRE **BEST PRACTICE IN TEXAS** - 2016 - BY MYFACEMYBODY

Dr. Mentz has dedicated over 35 years of his career in medicine to the art and science of aesthetic plastic surgery.

When Dr. Mentz was completing his general surgery residency, he recognized that his skill and interest drew him to aesthetic plastic surgery. He enjoyed the attention to detail required in facial surgery and the challenges presented by each case. He decided to pursue cosmetic surgery as a specialty and entered St. Joseph's plastic surgery fellowship in Houston.

At the time, there were few programs in the nation that focused on cosmetic surgery, with St. Joseph being one of the strongest. Dr. Mentz feels fortunate to have learned from the most innovative and experienced aesthetic surgeons in the nation. After more than two decades in private practice, Dr. Mentz has learned that aesthetic surgery is much more than a physical change. It is about restoring the body, mind and spirit so that patients can approach the next chapter of life with confidence.

Dr. Mentz's goal is to find new ways to make plastic surgery better, safer, and more comfortable for his patients and aesthetic patients everywhere. His expertise in cosmetic surgery and commitment to research has attracted the attention of plastic surgeons and physicians around the world. He has set a standard for pioneering private research and growing a specialized aesthetic practice, with the end purpose of improving the overall experience for each patient.

"IT IS ABOUT RESTORING THE BODY, MIND AND SPIRIT SO THAT PATIENTS CAN APPROACH THE NEXT CHAPTER OF THEIR LIVES WITH CONFIDENCE." - DR. HENRY MENTZ

# EXCELLENCE

### **BOARDS, EDUCATION AND RESEARCH**

### TRIPLE BOARD CERTIFICATION

American Board of Otolaryngology, 1990 American Board of Facial Plastic Surgery, 1991 American Board of Plastic Surgery, 1993

### EDUCATION

**1976 – 1980** Louisiana State University, B.S.

**1980 – 1984** Louisiana State Medical School, MD Senior Class President, Honor Council **1984 – 1986** Ochsner Hospital, Louisiana General Surgery Residency

**1986 - 1989** Tulane University ENT, Facial Plastic Surgery

**PROFESSIONAL ORGANIZATIONS** 

1989 - 1991

St. Joseph Hospital of Houston Plastic Surgery, Chief Resident

1991

Operation San Jose Cleft Lip/Cleft Palate



- American Society of Plastic Surgeons
- American Society for Aesthetic Plastic Surgery
- American College of Surgeons, Fellow
- International College of Surgeons, Fellow
- International Society of Aesthetic Plastic Surgery



- The Rhinoplasty Society
- The American Medical Association
- Texas Society of Plastic Surgeons
- Texas Medical Association
- Houston Society of Plastic Surgeons

### **TEACHING & RESEARCH**

- National (ASAPS and Cosmetic Conference) and International (ISAPS) Faculty and Instructor for Three-Dimensional Body Contouring, Brazilian Buttock Enhancement, Abdominal Etching for Men, and Ideal Facelift Planning and Surgical Strategy
- Clinical Assistant Professor for UTMB Health and ASAPS Fellowship in Plastic Surgery
- Former Clinical Asst. Professor, Department of Plastic Surgery, Baylor University and St. Joseph Hospital
- Ongoing Research at the ACPS Ruiz-Razura Center for Clinical Research in Safety in Plastic Surgery, Stem Cell Applications, and Pain Reduction Methods

# INNOVATION

### PRESENTATIONS, PUBLICATIONS, TRADEMARKS AND TEXTBOOK CHAPTERS

### FOR FACE

- **1992** Elegance in structure rhinoplasty
- 1996 Weekend facial rejuvenation, layered injectables
- **1997** New endoscopic approaches to facelifts
- 1999 Minimal incision facelift
- 2001 New facelift strategies, textbook chapter, scarless eyelid procedures
- 2004 Facelift strategies for brow, face, and neck lifts
- 2004 Research with Isolagen® fibroblasts and stem cells
- 2005 The "Liquid Facelift," layering injectables
- 2009 Advanced Facial Rejuvenation, textbook chapter
- **2013** Tailored approach to facelifting
- **2015** Precision in Blepharoplasty, Facelifts
- 2016 Measurements for Effective Facial Rejuvenation, chapter, ASAPS Course

### FOR BODY & BREAST

- **1989** Assisted the inventor of breast implants
- 1993 Invented Abdominal Etching®, liposculpture for the six-pack
- **1995** Invented Modified Abdominal Etching<sup>®</sup>, for the athletic abdomen
- **1999** Improved safety in large volume liposuction
- **2001** Improved safety in private surgery centers
- 2004 New uses for fat grafts in buttock enhancement
- **2004** Invented Pectoral Muscle Etching for Men, Invented Single Procedure Gynecomastia Reduction
- **2004** Pain pumps in abdominoplasty to reduce recovery time
- **2007** Improving safety in breast lifts with implants
- **2009** Brazilian buttock enhancement with power-assisted fat grafting, ASAPS Course
- 2016
- **2011** Three dimensional body contouring, ASAPS Course
- 2016
- **2012** Sustained pain relief for tummy tucks and breast enhancement
- 2016
- 2016 ASAPS/ISAPS course in body contouring, expert technique and safety, Ideal Facelift Strategies

# INITIAL CONSULTATION

### PATIENT COORDINATOR, ANALISA COLE

Dr. Mentz's patient coordinator, AnaLisa Cole, will be your first point of contact. She will introduce you to the practice, guide you through the consultation, and ensure that your privacy is respected. She can assist you in scheduling your appointments and answering questions about your pre-operative and post-operative care. AnaLisa's main focus is on educating patients and providing them with the resources to make the best possible decision regarding their surgery.

More than just a patient coordinator, AnaLisa takes the time to know each patient's personality and their nuances to ensure a customized surgery experience. She understands how important it is to work together in establishing realistic goals for your surgery.

Dr. Mentz takes great pride in the dedication and hard work that AnaLisa provides to his patients. This personalized service is something that Dr. Mentz's patients have grown to expect from his professional staff.

### WHAT TO EXPECT ON YOUR FIRST VISIT

During your initial consultation, AnaLisa and Dr. Mentz will use a computer imager to help you imagine what your results might look like. While the imager cannot predict actual surgical results, it helps patients communicate their thoughts, and gives Dr. Mentz a comprehensive understanding of what the patient desires from the procedure.

The conversations you have during your initial consultation are extremely important. Be open and honest with AnaLisa and Dr. Mentz about your desired appearance and why you are interested in cosmetic surgery. Together we will define a plan that provides the safest and most natural results.



"GETTING TO KNOW EACH PATIENT'S GOALS IS THE BEST WAY THAT I CAN SERVE THEM, BECAUSE COMMUNICATION IS THE KEY TO A SUCCESSFUL SURGERY."

- ANALISA COLE

### A LETTER FROM YOUR PATIENT COORDINATOR

We are here to help you become an educated consumer through an unhurried personal consultation. Our system of patient communication and education is tailored to the specific procedures you are considering. Our goal is to understand your needs and desires and educate you about your options, so we can provide you with excellent results and compassionate support.

The AAAASF-certified surgical facility and highly trained nursing staff offer a level of service that is unmatched. Providing emotional support is also a responsibility we strongly value as your staff and caregivers.

Thank you for your interest in cosmetic surgery. I welcome the opportunity to introduce you to Dr. Henry Mentz and his staff at the Aesthetic Center for Plastic Surgery. Thank you for your interest in our practice and giving us the opportunity to be a part of your cosmetic journey.

AnaLisa Cole Patient Coordinator of Henry A. Mentz III, MD, FACS

### CONTACT ANALISA COLE

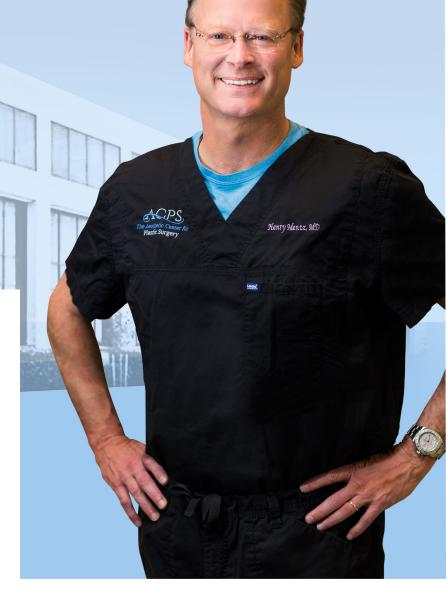
AnaLisa@mybeautifulbody.com

www.drmentz.com 713.354.5163



ACPS

UNCOMPROMISING SAFETY MASTERFUL ARTISTRY COMPREHENSIVE CARE



### PLASTIC SURGERY CENTER

The Aesthetic Center for Plastic Surgery<sup>®</sup> Surgicentre is an AAAASF certified surgical facility and is licensed by the Texas Department of Health. Having a private facility allows Dr. Mentz and his staff to customize the surgical experience and ensure that his patients are receiving the highest standard of care. The Surgicentre offers four surgical suites and seven comfortable post-operative overnight suites, all staffed with medical professionals hand-picked by Dr. Mentz. All of our anesthesiologists are medical doctors who are selected for their personal skills as well as their credentials. They are experienced professionals who are board certified by the American Board of Anesthesiology and maintain their certification through continued education.

For our out of town guests, we offer a number of corporate arrangements with local hotels, including town car services and other patient amenities. Some patients request additional at home or in hotel nursing services for personalized extended care. For more information regarding travel arrangements, contact our office at 713-799-9999 and ask for AnaLisa, Dr. Mentz's patient coordinator.

The Surgicentre is located at 12727 Kimberley Lane, Suite 100, Houston, TX 77024 in the Memorial City area of Houston.

### PREPARING FOR YOUR SURGERY

Once you have made the decision to have surgery with Dr. Mentz, we will schedule your surgery and preoperative appointment. During this extended appointment, a member of our staff will go over your medical history and physical exam, take pre-operative photos, and guide you through the consent process, providing an explanation of the procedures to be performed. All patients receive a care bag that includes most necessities for recovery including bandages, garments, vitamins and instructions for caregivers. Patients who have medical conditions or are older than 50 are usually cleared by their primary care physician prior to this visit.

### **POST-OPERATIVE CARE**

As part of a comprehensive approach to providing patients with attentive care throughout the entire surgical process, Dr. Mentz and ACPS® created the ACPS - The Spa & Rejuvenation Center program of services designed to support and speed their postoperative healing, and help them look and feel their best every day.

### VITAMIN RECOVERY SUPPORT PROGRAM

ACPS® provides all surgical patients with vitamins formulated with nutrients that speed wound healing, support the immune system, prevent infection, minimize inflammation, and reduce bruising. Known for their beneficial role in the healing process, these nutrients include vitamin A, vitamin C, copper, selenium, bioflavonoids, bromelain, quercetin, and homeopathic Arnica Montana.

### THERAPEUTIC POSTSURGICAL MASSAGE

Our five licensed massage therapists designed this gentle massage, which blends lymphatic and Swedish massage techniques. This type of massage is beneficial after surgery to reduce bruising and swelling, restore flexibility and range-of-motion, and stimulate nerve endings to diminish numbness.

### THERAPEUTIC POSTSURGICAL FACIAL

Our team of licensed estheticians are well-equipped to guide and assist you through recovery of any facial surgery. A combination of techniques may be used to speed and improve your recovery including light facial lymphatic massage, gentle skin care, microdermabrasion and specialized skin care products to improve healing and reduce any visible scarring.

### HOME HEALTH VISIT

An exclusive service of ACPS is the private home visit offered to patients recovering in the Houston area a day or two after surgery. One of our certified medical professionals will monitor your recovery, change bandages and educate the caregiver in appropriate care techniques. Dr. Mentz is then provided with an update on your recovery, which allows him to address any potential concerns.

### EXTENDED CARE AND RECOVERY

Our new surgical facility offers seven overnight rooms for extended care. In addition to Dr. Mentz's attention, our clinic boasts medical assistants, a registered nurse, a nurse practitioner, and an adjacent MediSpa in order to streamline your care and make our staff as accessible as possible for your recovery. We do our best to assist you with every need through the course of your surgery and recovery.



## THE ACPS ADVANTAGE

When Dr. Henry Mentz and his partners formed the Aesthetic Center for Plastic Surgery<sup>®</sup> in 1996, they had an ambitious vision: to build a practice that would provide patients with exceptional aesthetic results and an unrivaled level of comprehensive care at every stage of the surgical process. They introduced numerous innovations to the field of plastic surgery and implemented the highest standards of excellence at ACPS<sup>®</sup> to establish it as one of the most respected plastic surgery practices in the country and the largest private cosmetic surgery practice in Texas.

### THE ACPS® TEAM

\*\*\*\*\*

As one of the largest aesthetic groups in the country, ACPS® has a staff of over 70 employees led by two excellent managing MBAs with more than 30 years of experience with our practice. We have built a team of experienced plastic surgeons and caregivers who strive to deliver the best in care with an expanded array of services for a complete and comprehensive experience. There is no team quite like us anywhere.

### PRIVATE SURGERY CENTER

The ACPS® Surgicentre is an AAAASF-certified surgical facility, licensed by the Texas Department of Health. Our new Surgicentre offers four surgical suites and six comfortable post-operative overnight suites, all staffed with medical professionals carefully chosen by Dr. Mentz. Our outstanding team of board certified anesthesiologists are at your side through your entire surgery to keep you safe and comfortable.

### AMADO RUIZ CENTER

### FOR RESEARCH & EDUCATION

The ACPS® Center for Clinical Research and Education was established in 2004 to advance the science of plastic surgery in local, national, and international communities. In 2009, it was renamed to honor Dr. Mentz's friend and colleague, Dr. Amado Ruiz, for his years of service.

The research center has remained true to its mission which is to develop, evaluate and offer the latest techniques in aesthetic plastic surgery. The center conducts ongoing research that strives to promote higher surgical standards and improve patient care through the development of innovative techniques and procedures specific to aesthetic plastic surgery, while maintaining a steadfast commitment to patient safety.

The Amado Ruiz Center for Clinical Research is open to local and international physicians who would like to observe some of the most skilled surgeons in the country perform their art with the latest advances in the field.



### ACPS - THE SPA & REJUVENATION

### CENTER SERVICES

We provide expanded spa services at both locations for your convenience. Originally purposed for post-operative care, we now offer many spa services with medical oversight and additional advantages of medical grade products, injectibles, and minimally invasive treatments.

### FACIAL TREATMENTS

Fresh and glowing skin is the foundation of a youthful, healthy appearance. Our knowledgeable skin care experts specialize in helping you to achieve and maintain radiant, youthful-looking skin at every age through laser resurfacing. We offer Clear + Brilliant, Silkfeel Hydrafacial, Fraxel Dual, IPL, SkinPen, varied levels of skin peels, and microdermabrasion treatments to improve complexion and slow aging.

### COOLSCULPTING

CoolSculpting is a nonsurgical procedure that uses a controlled cooling method called Cryolipolysis. This process causes fat cells to crystallize and break down over a two to four month period, resulting in an average of 20% fat reduction in the treated area.

### SKIN CARE PRODUCTS

A daily skin care regimen is essential to clear, radiant skin. We offer pharmaceutical-grade skin care products by SkinMedica<sup>®</sup>, NeoCutis<sup>®</sup>, SkinCeuticals, Obagi<sup>®</sup> and MDRejuvena<sup>™</sup> to improve concerns including sun damage, fine lines, vascular lesions, rosacea, dark spots and acne.

### **MY MEDISPA**

My MediSpa is a partnership between Dr. Mentz and his Aesthetic Trained Nurse Practitioners and Registered Nurses. In an effort to provide more convenience to our patients, we provide cosmetic injectables five days a week in a comfortable atmosphere with plastic surgeon oversight and the most extensive training possible.

The My MediSpa staff is certified and trained for ThermiRF®, INFINI™, Cellfina™, BOTOX® Cosmetic, Dysport®, Restylane®, Juvederm®, Radiesse®, Sculptra® Aesthetic, Belotero®, Xeomin®, and SkinPen® to provide the highest quality care and treatment. Treatments are administered in a private office, adjacent to Dr. Mentz's clinic overlooking The Galleria.

"My MediSpa has really improved patient care. We are able to see patients at times that are convenient for them every day of the week. Treatments are delivered individually in a private setting. It's much more comfortable for everyone," says Dr. Mentz.







# **FULL FACIAL REJUVENATION**

NATURAL. UNDETECTABLE. TIMELESS.

### FACELIFT 40s

BEFORE



















### FACELIFT 50s

BEFORE



















### FACELIFT 60s

BEFORE











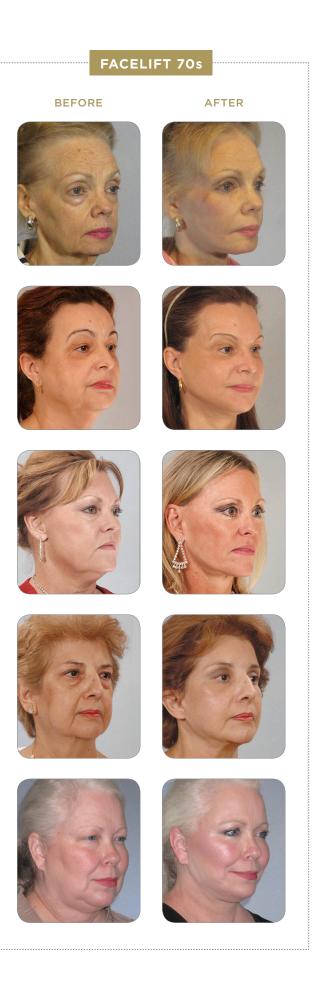










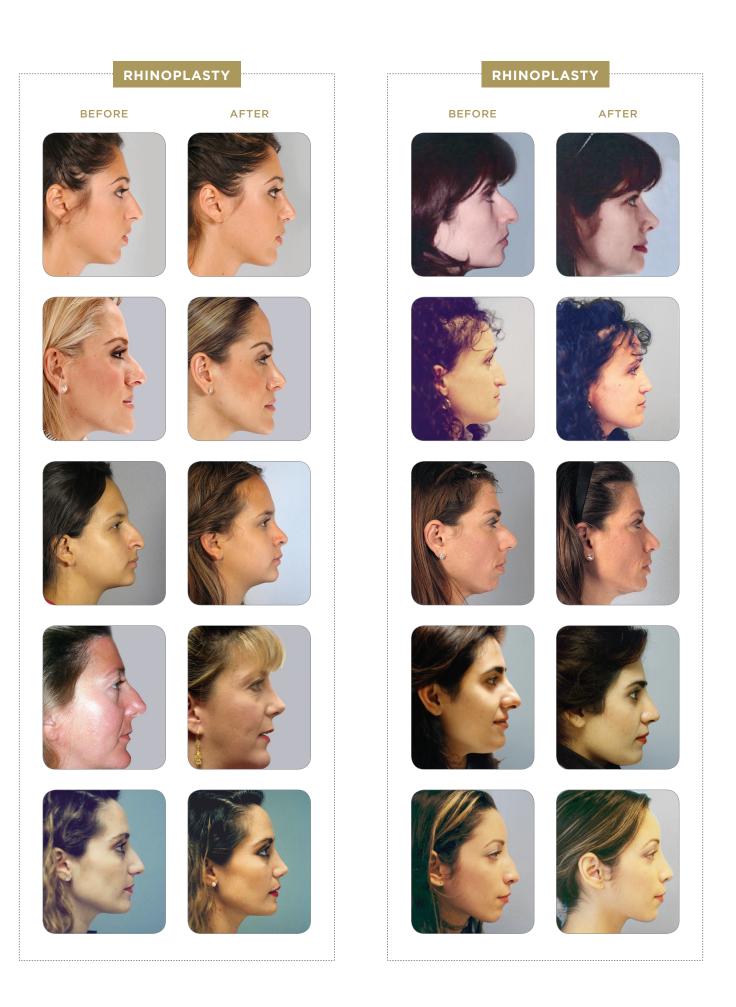


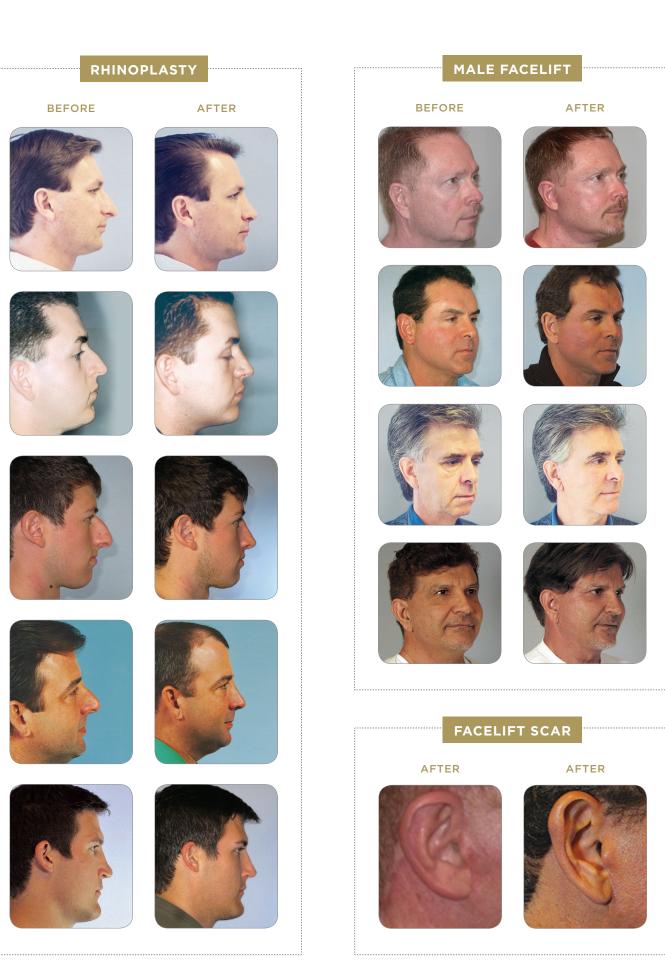




# FACIAL REFINEMENT

HARMONY. BALANCE. BEAUTY.





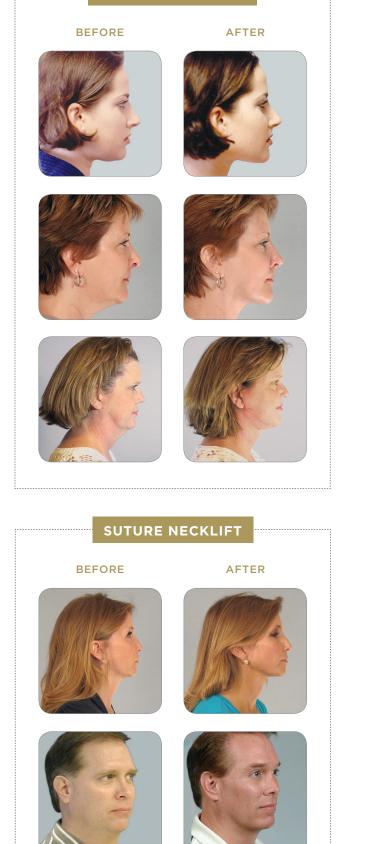




# DETAILS IN FACIAL REFINEMENT

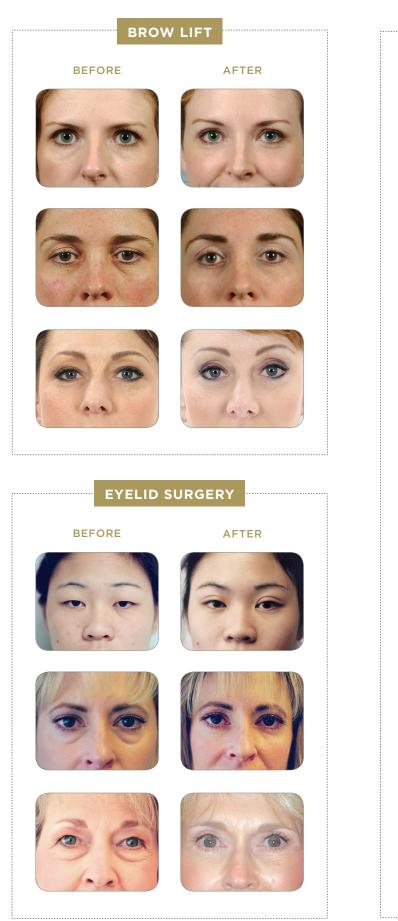
SUBTLE. YOUTHFUL. ELEGANT.

### NECK LIPOSUCTION



# <section-header>CHIN AUGMENTATIONBEFOREAFTERImage: state state





# FACELIFT INCISIONS EHIND THE EAR FRONT OF THE EAR AFTER\* AFTER\* \*Photos shown are of the post-operative results

### FAT GRAFTING TO LIPS













### INFINI RF MICRONEEDLING

BEFORE

AFTER











24

### CHEEK ENHANCEMENT

BEFORE

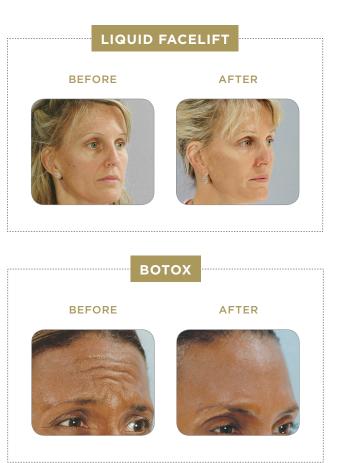
AFTER



















# **BREAST ENHANCEMENT**

PROPORTIONAL. SYMMETRICAL. FEMININE.

### BREAST AUGMENTATION

### BEFORE





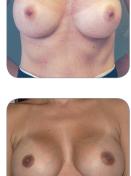














### BREAST AUGMENTATION

BEFORE

### AFTER





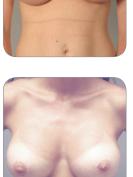












### BREAST LIFT





AFTER







BREAST REDUCTION





### BREAST LIFT WITH IMPLANTS

BEFORE



### BREAST LIFT WITH IMPLANTS BEFORE AFTER







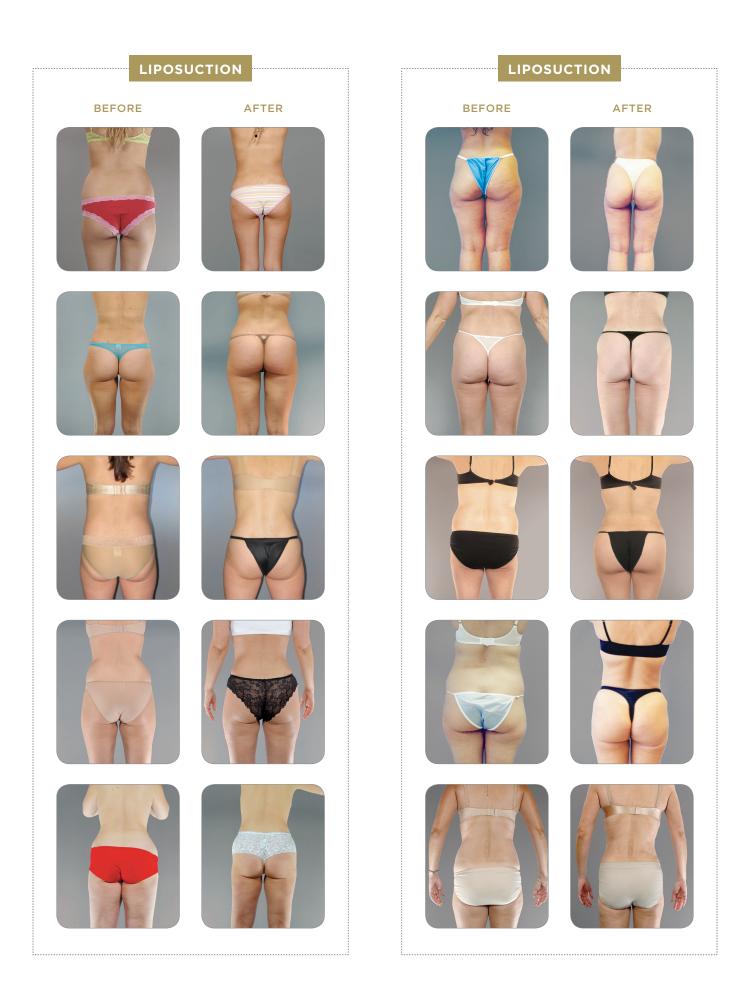




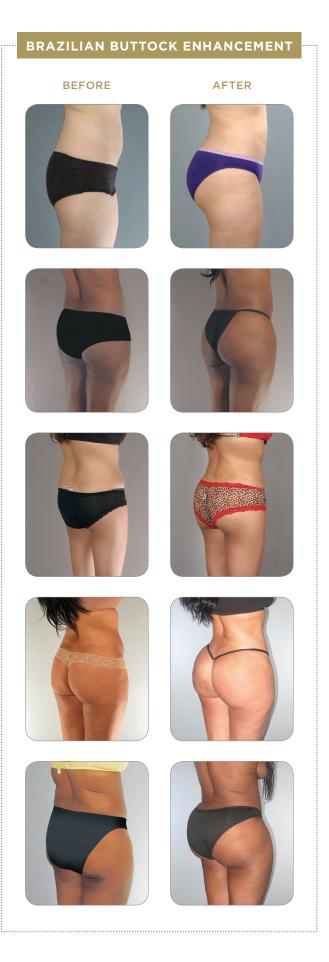


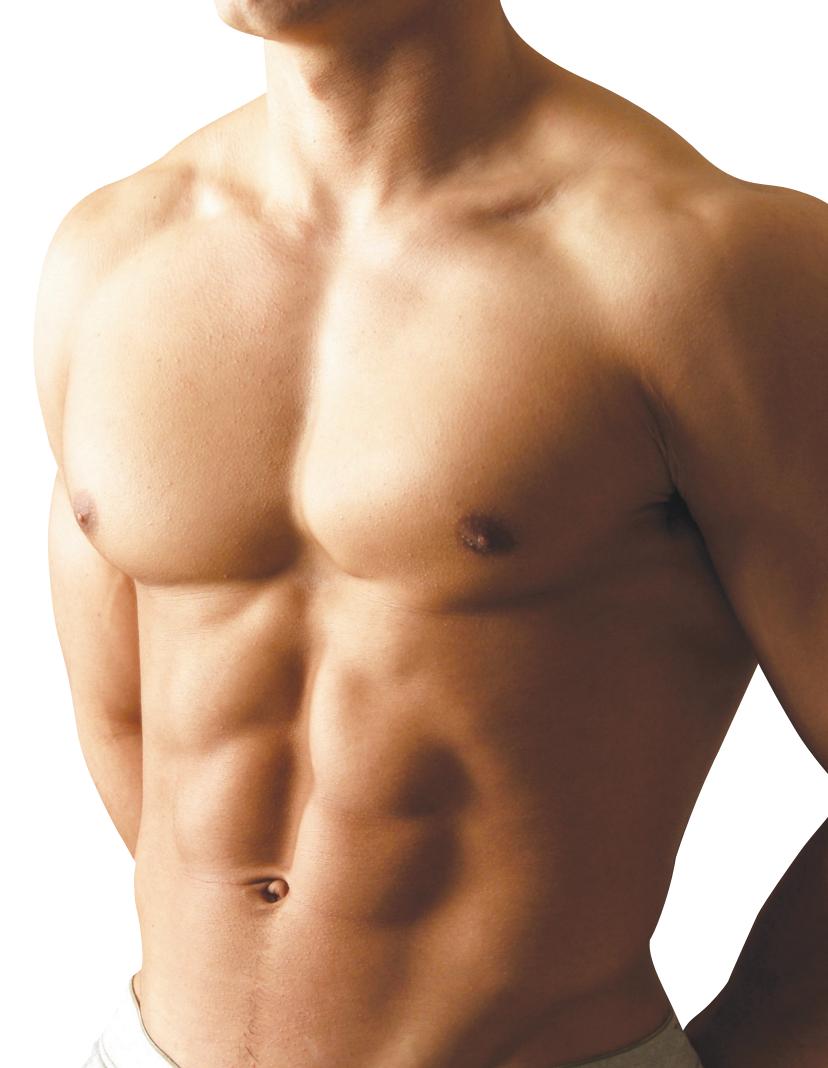
# **BODY CONTOURING**

GRACEFUL. SVELTE. SEXY.











# **OPTIONS FOR MEN**

CHISELED. ETCHED. MASCULINE.

www.drmentz.com 713.799.9999

# MODIFIED ABDOMINAL ETCHING



















# FULL ABDOMINAL ETCHING





AFTER













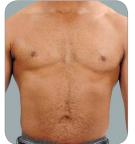


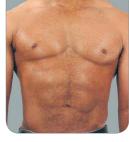
# FULL ABDOMINAL ETCHING

### BEFORE





















# **BODY LIFT & MODIFIED ETCHING**





AFTER

AFTER

# PECTORAL ETCHING/GYNECOMASTIA

# BEFORE













# **AWARDS & HONORS**

# JUDGED BEST FACELIFT

Dr. Mentz was judged to perform the "Best Facelift" at the annual Anti-Aging Medicine European Congress

(AMEC) in Paris in 2013 and 2016 by peers from around the globe.



## **BEST DOCTORS**

Every year since 2008, Dr. Mentz has received the prestigious honor of being selected as a "Best Doctor" in plastic surgery. Physicians are chosen through an extensive peer-review process, and they represent the top 5% of physicians across the country. Selection is made by surveying medical professionals.

# HOUSTON'S TOP DOCTOR

Dr. Mentz has been recognized as a Top Doc and Top Doc for Women since 2003 by H-Texas® Magazine. Nominations are based on votes from physicians and the general public. Only the top 1-2% of Houston doctors receives this

honor.



# NEW BEAUTY EXPERT

NEWBEAUTY selects Dr. Mentz as a Beauty Expert. The magazine prides itself in being the beauty authority. In every issue of New Beauty, the magazine profiles the top beauty experts in the country based on certain criteria.



### FACELIFT TECHNIQUE SELECTED INTERNATIONALLY

Featured among the world's best facelift surgeons in the Beyond

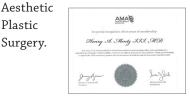
Black and Dissecting the Facelift publications.



# BEST JOURNAL ARTICLE

ACPS and Dr. Mentz received the "Best Journal Article" of 2008 by The American Society for

Plastic Surgery.



# **REALSELF TOP DOCTOR**

Awarded RealSelf Top Doctor for high patient ratings and spotlighted as an expert in facelifts, liposuction, breast implants, ThermiTight, ThermiSmooth, ThermiVa, Kybella, and Sculptra.

RealSelf

# **HOUSTONIA TOP** DOCTORS

Dr. Mentz was named one of the top doctors by Houstonia Magazine. The list comprised the city's top physicians chosen by their peers in the medical

profession for an exclusive list of the city's best in the medical field.



# LEADING PLASTIC SURGEON IN U.S.

Dr. Mentz was named a "leading plastic surgeon in the United States" by Goldline Research. Dr. Mentz's practice was selected from among the more than six thousand plastic surgeons in the nation for providing "outstanding patient service that exceeds the industry standard."

# **AWARDS & HONORS**

# SUPER DOCTOR

Since 2001, Dr. Mentz has been a consistent nominee for Super Doctor® in Texas Monthly's annual Super Doctors® list. Candidates are selected based upon surveys of physicians, a panel review, and interviews with medical professionals.

# **TexasMonthly**

# AMERICA'S TOP PLASTIC SURGEON

Consumers' Research Council of America designated Dr. Mentz as one of "America's Top Plastic Surgeons." Selection is based on the number of years in practice, continuing education,

professional associations, and board certifications.



# DOCTOR CHOICE

Health and Fitness Magazine® has listed Dr. Mentz as a top Houston physician for Breast Surgery and Cosmetic/Reconstructive Surgery every year since 2008. The Doctors' Choice award was given to 273 of Houston's top physicians based upon votes from their medical professional peers.

### GLOBAL AWARD -BEST PLASTIC SURGERY PRACTICE

In 2016, Dr. Mentz won the Medical LiveWire Global award for Best Plastic Surgery Practice, representing the pinnacle and championing the best in his field.



# TOP ACCOUNT FOR IMPLANTS

ACPS is named in Allergan's top accounts in the U.S. and is the top plastic surgery

account in Texas. Mentor has invited Dr. Mentz to participate in the team of experts for breast augmentation.

# PATIENTS' CHOICE & COMPASSIONATE DOCTOR

Patients' Choice recognizes doctors who make a difference in the lives of their patients. They also awarded Dr. Mentz with the Compassionate Doctor certificate for his bedside manner.



# HEALTHTAP

In 2014, HealthTap, an interactive health company, bestowed the honor of a Top Cosmetic Surgeon in the Nation to Dr. Mentz for his level of commitment to the profession and compassion to help so many with his expertise.



# TOP 10 IN TEXAS

Nominated as one of the "10 Best" plastic surgeons for Texas by The American Institute of Plastic Surgeons.





# CONTRIBUTIONS TO THE FIELD

# 1980 - 1991

- LSU Medical School
- Served as president of his senior medical school (LSU)
- Residency
- Head & Neck Surgery
- Plastic & Reconstructive Surgery

# 1991 - 1993

- First American Triple Board Certified Plastic Surgeon
- Plastic & Reconstructive Surgery
- Head & Neck Surgery
- Facial & Plastic Surgery



# 1996

 Established The Aesthetic Center for Plastic Surgery (ACPS) with Dr. Christopher K. Patronella and Dr. German Newall



# 1996

• Opened the AAAASFcertified ACPS SurgiCentre to provide patients with the utmost care and safety

# 2004 - 2009

- Established one of America's first private aesthetic plastic surgery research teams with Dr. Amado Ruiz-Razura
- Together, they completed 160 national and international presentations and papers.
- In 2009, the Dr. Ruiz Research Memorial was created in his memory.



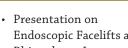
# 1993

- First article on Three Dimensional Body Contouring
- Dr. Mentz invented Abdominal Etching



# 1995

• Dr. Mentz elected president of Houston Society of Plastic Surgeons.



1999

# Endoscopic Facelifts and Rhinoplasty, International College of Surgeons

### 2001

 Authored a chapter titled "Multilayer Facelift". This was Dr. Mentz's first facelift chapter dedicated to defining

specific strategies for each patient's needs.



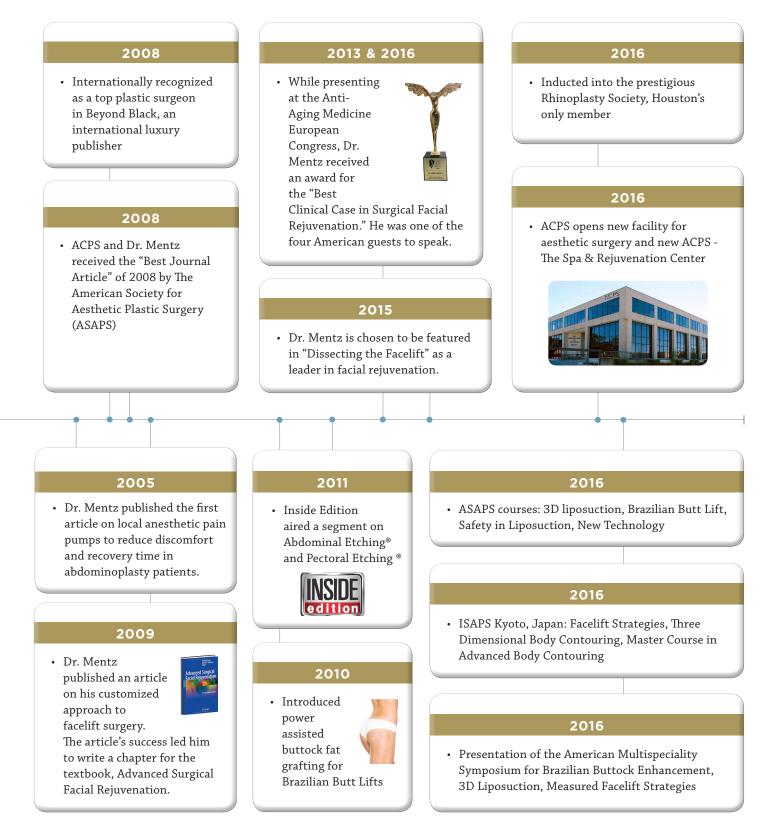
# 1995 - 2001

 Developed and presented methods to use fat grafting for correction of radiation damage, contour defects, facial aging, bra strap grooves, calf augmentation, and buttock augmentation.

# 2004

• Taught ISAPS course on facelifts, browlifts, and necklifts.

# CONTRIBUTIONS TO THE FIELD



# THE MENTZ FOUNDATION

# **EVERY VISIT MAKES A DIFFERENCE**

The Mentz Foundation was created as a non-profit organization by Dr. Mentz with the mission to seek out and provide services to the needy and disadvantaged. Our entire staff is blessed with many talents of grace, warmth, empathy and a sense of giving back to others who need our care, supplies, food, financial assistance and essential items. We believe this is a part of our social responsibility as care givers.

Through the Mentz Foundation, a portion of our profit goes to aid children locally, nationally, and internationally. One partner of the Mentz Foundation is Clinica Esperanza, a medical and dental clinic in Roatan, Honduras. Dr. Mentz and many members of the ACPS staff travel to the Bay Islands of Honduras to provide medical and humanitarian support to the clinic, schools and local communities. Recent mission trips have helped advance the cause of supporting entrepreneurial women by providing solar powered sewing machines.

In addition to Clinica Esperanza, the Mentz Foundation has organized and supported missions to Mexico, El Salvador, Guatemala, Peru, Vietnam, Bolivia, Kenya, and Houston. In Houston, the foundation has supported the Boys & Girls Harbor Mission by providing financial support to holiday events.

If you know of an organization that would benefit from our aid or service, please inform a member of our staff. If you would like to contribute to our mission, please contact Dr. Mentz.

# COMMUNITY SERVICE & VOLUNTEERISM

Every year since 2010, Dr. Mentz has received Special Recognition for Community Service and Volunteerism. Awarded by the American Society for Aesthetic Plastic Surgery, this certificate is given to practices that place a special emphasis on community involvement.



"I'VE ALWAYS BEEN TAUGHT TO BE GRATEFUL, GRACIOUS, AND APPRECIATIVE FOR ALL THAT I HAVE BEEN GIVEN. I BEGAN OUR FOUNDATION TO HELP UNDERPRIVILEGED CHILDREN AROUND THE WORLD. IT IS A LONG TERM GOAL OF MINE TO SPREAD GOOD HEALTH AND EDUCATION TO THOSE WHO ARE UNFORTUNATE AND YET DESERVING."

- DR. HENRY MENTZ



# ROATAN, HONDURAS

Provided medical aid, medical supplies, building restoration, and sewing machines

MAZATLAN, MEXICO Repaired cleft lips and cleft palates

VILLAHERMOSA, MEXICO Repaired cleft lips and cleft palates

MATAMOROS, MEXICO Provided medical aid and patient education

> **SAN LUIS POTOSI, MEXICO** Provided medical aid and supplies

CHIAPAS, MEXICO Provided medical aid, patient education, and community outreach

**REYNOSA, MEXICO** Provided medical aid for orphanages

**TEGUCIGALPA**, **HONDURAS** Provided medical aid for family practice clinic

LA GUITARRA, GUATEMALA Provided medical aid for family practice clinic SAN SALVADOR, EL SALVADOR Provided medical aid

HO CHI MINH CITY, VIETNAM Provided medical aid for orphanages

LIMA, PERU Provided hygiene education and medical supplies

HOUSTON, TEXAS Provided medical supplies for veterans

GALVESTON, TEXAS Post-Hurricane Ike Dune Restoration

> **GALVESTON, TEXAS** D'Feet Breast Cancer 5K

**GUARAYOS, BOLIVIA** Provided medical aid for orphanages

# KENYA, AFRICA

Provided patient education on oral hygiene

# VARIOUS HOUSTON

Schools, charities and initiatives

You have a gift, Dr. Mentz, in the way you make people look, but more importantly in the way you make people feel. — K

Dr. Mentz and the rest of the team have made what could be a very discouraging experience a process that was not only encouraging, but courteous and comfortable. — B.S.

I have been very impressed by Dr. Mentz's attention to detail. — B.E.

Dr. Mentz is a jewel. Besides being the best at what he does, he is personable and very kind. His staff is simply incredible for customer satisfaction. — K.H.

I couldn't have picked a better surgeon to restore my broken nose. My nose looks just as I hoped it would! His care and expertise are excellent, and both he and his support staff helped me tremendously during my recovery. — A.N.

I can't say enough good things about Dr. Mentz for he is the most honest and skillful plastic surgeon I have ever met. — V.R.

Wow! Dr. Mentz and his office staff are all that his website reflects and more. — J.A. Excellent surgeon. Good listener. Great results.

P.D

I am extremely grateful for your finesse and most impressed with the results. I will always be proud to say what a great surgeon you are and how lucky I was to be under your personal care. — F.

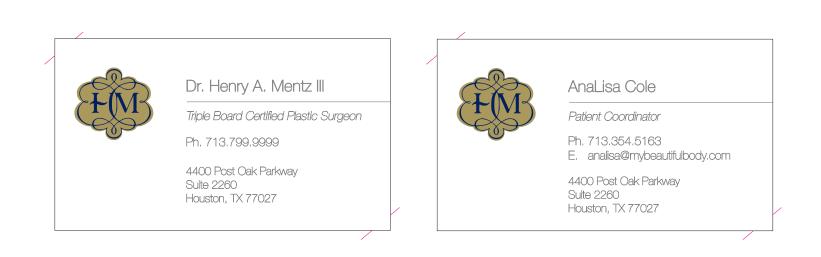
Dr Mentz is incredibly kind and talented. I felt that I was genuinely cared for and treated by an exceptionally trained physician. — L.A.

Dr. Mentz is a man of integrity. — J.M.

Not only is Dr. Mentz a skilled plastic surgeon, he surrounds himself with a like minded staff of caring and considerate people. — M.T.

I am so thrilled with the results, I can't believe I waited so long to have it done. Everyone wants to know the name of my doctor, and I am happily telling them!" — R.T.

> Dr Mentz and his staff run an excellent practice. I have no complaints only appreciation. — J.S.



# **"2016 BEST PLASTIC SURGERY PRACTICE IN TEXAS"**

MYFACEMYBODY AWARDS, HOLLYWOOD

# **"2016 BEST PLASTIC SURGERY PRACTICE"**

GLOBAL AWARD BY MEDICAL LIVEWIRE



# HENRY A. MENTZ III, MD, FACS

TRIPLE BOARD CERTIFIED PLASTIC SURGEON

www.drmentz.com 713.799.9999







# f y 😵 🏵 🛅 in

© 2016 Mentz