



♦ MENTZ ♦

America's First  
Triple Board Certified Plastic Surgeon  
Henry A. Mentz III, MD, FACS

**2021-2023 "AMERICA'S BEST PLASTIC SURGEONS" FOR FACELIFT**

BY NEWSWEEK

A REPUTATION FOR  
**EXCELLENCE**



**ACPS**  
*The AESTHETIC CENTER for*  
**PLASTIC SURGERY**

A MINDSET FOR  
**INNOVATION**





# HENRY A. MENTZ III, MD, FACS

AMERICAN BOARD OF PLASTIC SURGERY  
AMERICAN BOARD OF FACIAL PLASTIC SURGERY  
AMERICAN BOARD OF OTOLARYNGOLOGY

**AWARDED BEST PLASTIC SURGEON OF THE YEAR IN U.S. 2016-2022**

BY MEDICAL LIVEWIRE, AI, GLOBAL 100, M+A,  
LEADING ADVISER, THE GLOBAL VENTURE

Dr. Mentz has dedicated over 35 years of his career in medicine to the art and science of aesthetic plastic surgery.

When Dr. Mentz was completing his general surgery residency, he recognized that his skill and interest drew him to aesthetic plastic surgery. He enjoyed the attention to detail required in facial surgery and the challenges presented by each case. He decided to pursue cosmetic surgery as a specialty and entered St. Joseph's plastic surgery fellowship in Houston.

At the time, there were few programs in the nation that focused on cosmetic surgery, with St. Joseph being one of the strongest. Dr. Mentz feels fortunate to have learned from the most innovative and experienced aesthetic surgeons in the nation.

After almost three decades in private practice, Dr. Mentz has learned that aesthetic surgery is much more than a physical change. It is about restoring the body, mind and spirit so that patients can approach the next chapter of life with confidence.

Dr. Mentz's goal is to find new ways to make plastic surgery better, safer, and more comfortable for his patients and aesthetic patients everywhere. His expertise in cosmetic surgery and commitment to research has attracted the attention of plastic surgeons and physicians around the world. He has set a standard for pioneering private research and growing a specialized aesthetic practice, with the end purpose of improving the overall experience for each patient.



"IT IS ABOUT RESTORING THE BODY, MIND AND SPIRIT SO THAT PATIENTS CAN APPROACH THE NEXT CHAPTER OF THEIR LIVES WITH CONFIDENCE."

— DR. HENRY MENTZ



# CREDENTIALS

## TRIPLE BOARD CERTIFICATION

American Board of Otolaryngology, 1990  
American Board of Facial Plastic Surgery, 1991  
American Board of Plastic Surgery, 1993

## PROFESSIONAL ORGANIZATIONS



- American Society of Plastic Surgeons (ASPS)
- American Society for Aesthetic Plastic Surgery (ASAPS)
- American College of Surgeons, Fellow (FACS)
- American Association of Plastic Surgeons (AAPS)
- The Rhinoplasty Society
- Houston Society of Plastic Surgeons
- Texas Medical Association

# AWARDS & HONORS

### BEST DOCTORS

Every year since 2008, Dr. Mentz has received the prestigious honor of being selected as a “Best Doctor” in plastic surgery. Physicians are chosen through an extensive peer-review process, and they represent the top 5% of physicians across the country. Selection is made by surveying medical professionals.

### HOUSTON’S TOP DOCTOR

Dr. Mentz has been recognized as a Top Doc and Top Doc for Women since 2003 by H-Texas® Magazine. Nominations are based on votes from physicians and the general public. Only the top 1-2% of Houston doctors receives this honor.



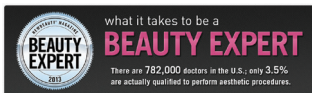
### SUPER DOCTOR

Since 2001, Dr. Mentz has been a consistent nominee for Super Doctor® in Texas Monthly’s annual Super Doctors® list. Candidates are selected based upon surveys of physicians, a panel review, and interviews with medical professionals.



### NEW BEAUTY EXPERT

**NEW BEAUTY** selects Dr. Mentz as a Beauty Expert. The magazine prides itself in being the beauty authority. In every issue of New Beauty, the magazine profiles the top beauty experts in the country based on certain criteria.



### LEADING PLASTIC SURGEON IN U.S.

Dr. Mentz was named a “leading plastic surgeon in the United States” by Goldline Research. Dr. Mentz’s practice was selected from among the more than six thousand plastic surgeons in the nation for providing “outstanding patient service that exceeds the industry standard.”

### AMERICA’S BEST PLASTIC SURGEONS

Dr. Mentz has been recognized by **Newsweek** as one of America’s Best Plastic Surgeons for multiple categories. To determine winners a national survey was conducted among plastic surgeons, asking them to recommend and rank the best plastic surgeons in their state as well as across the U.S.



## HENRY A. MENTZ III, MD, FACS

AMERICA’S FIRST TRIPLE BOARD CERTIFIED PLASTIC SURGEON



*What’s Sets Us Apart...*

***A MINDSET FOR INNOVATION  
A REPUTATION FOR  
EXCELLENCE***

Welcome to ACPS!

Thank you for considering me as your Plastic Surgeon. It’s my privilege to assist you in achieving your aesthetic goals in our beautiful state of the art surgical & clinical facility.

Our team looks forward to safely caring for you through your cosmetic journey. Our entire team will work closely together with you to develop an individualized plan that will provide you with a natural, elegant & refreshed new appearance.

The best you is what we do!

Dr. Henry Mentz III MD, FACS

4400 Post Parkway, Suite 300 | Houston, TX 77027 - Clinic  
12727 Kimberley Lane, Suite 100 | Houston, TX 77024 - Surgery Center  
Phone 713-799-9999 | Fax 713-799-1925



# INITIAL CONSULTATION

Comprehensive, patient-centric care has always been a top priority for Dr. Mentz. From the moment you begin your aesthetic journey with us, we want you to be well-informed of your options — both surgical and non-surgical. This way you're able to make an educated decision based on your specific goals, needs, and expectations.

During your initial consultation, you will meet with Dr. Mentz in person and one of his patient coordinators — Stephanie Wilcox or Jasmine Gallo.

## WHAT TO EXPECT ON YOUR FIRST VISIT

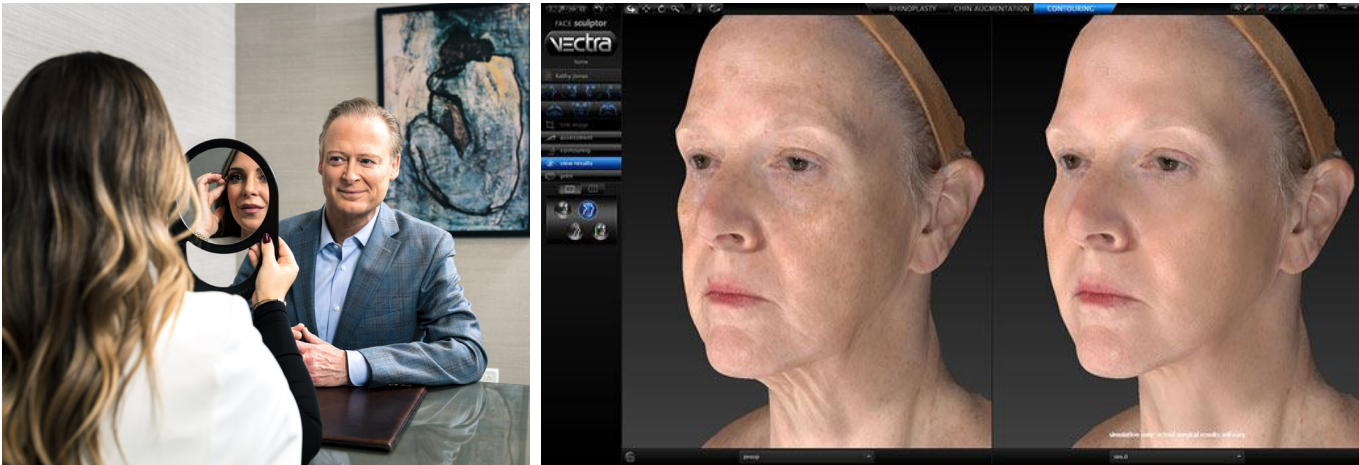
Dr. Mentz will use VECTRA, an advanced 3D computer imaging, during your consultation. A series of digital photos will be taken of your face. These photos can then be altered, step by step, with a specialized pen and pad. You will be deeply involved in making the decision about the look you want, and to see how it will look on your face. This system is an important aspect of our practice, as we are committed to achieving outstanding results – and

The patient coordinators will introduce you to the practice, guide you through your consultation, and ensure you are educated and well prepared for your procedure.

Our goal is for you to obtain the most out of your visit. We encourage you to be open and honest about your desired appearance and why you are interested in cosmetic surgery. Together we will define a plan that provides the safest and most natural results.

this high-tech system aids us to fully understand the changes you envision.

While no computer image is 100 percent accurate in perfectly matching the final real-world results, this system is extremely helpful in planning a customized surgical procedure to meet your expectations, and gives Dr. Mentz a comprehensive understanding of your desires.



# MEET OUR CONCIERGE TEAM

1



**Stephanie**

*Patient Care Coordinator*

Stephanie@drmentz.com  
Direct: 713.354.5163  
Text: 832.982.7591



**Jasmine**

*Patient Care Coordinator*

Jasmine@drmentz.com  
Direct: 713.354.5198  
Text: 832.982.7530

2



**Marjorie**

*Medical Clearance Coordinator*

Marjorie.Vela@ACPS.com  
Direct: 713.354.5173  
Fax: 713.799.1925



**Nadia**

*Post Surgical Medical Emergencies*

Nadia@drmentz.com



We promise to provide you with respect, compassion, and kindness. We will be professional and caring with your health and well being throughout your surgical journey.

To educate and inform you of your procedure, so you have a full understanding of pre-operative needs and post operative goals.

To care for you using the most advanced techniques and technology that will provide the best, most natural results in our state of the art facility. We lead and attend training seminars annually in all areas of Plastic Surgery.

To maintain the most stringent, uncompromised, safety protocols for your surgery exemplified by our aaaasf certified facility and board-certified MD Anesthesiologist.





# WHICH TYPE OF FACELIFT

## IS RIGHT FOR YOU?

With the wide array of facelift techniques available, it can be overwhelming to figure out which one is ideal for your aesthetic goals. The best thing to do is to discuss your options with Dr. Mentz.

As America’s First Triple Board-Certified Plastic Surgeon— Dr. Mentz brings innovation and progression to his facelift techniques. He uses several different methods to decide which specific procedure will get the best results for your unique facial structure. He takes many factors into consideration, from your face shape and structure, to skin laxity, and your personal goals. He will provide you with multiple options for the best outcome.

Although a facelift can dramatically improve and rejuvenate your appearance, it doesn’t stop the aging process. Keep in mind that your face will continue to age with time.

WHAT A FACELIFT CAN DO	WHAT A FACELIFT CAN'T DO
<p>Improve specific signs of aging which include:</p> <ul style="list-style-type: none"><li>• Lines, wrinkles, deep creases</li><li>• Loss of contour at jawline and chin (jowls)</li><li>• Loose skin at neck</li><li>• Loss of volume and muscle tone</li></ul> <p>Results should be NATURAL and provide a refreshed appearance</p> <p>Facial lines and wrinkles can be improved by about 60% depending on</p> <ul style="list-style-type: none"><li>• Age</li><li>• Lifestyle</li><li>• Genetics</li><li>• Extent of sun damage</li></ul>	<p>Although facelifts can create a more youthful appearance, patients should not expect</p> <ul style="list-style-type: none"><li>• To look 20 years younger</li><li>• For all signs of aging across the entire face and neck to be fully corrected</li></ul> <p>Patients may need maintenance after surgery to improve and or reduce</p> <ul style="list-style-type: none"><li>• Lines and wrinkles</li><li>• Skin texture/tone</li><li>• Loose skin</li><li>• Drooping eyebrows</li><li>• Heavy eyelids</li></ul>



### THE PRE-FACELIFT TIMELINE PREP

#### 1 TO 3 MONTHS BEFORE

Get your skin in good shape with regular use of a retinoid and treatments like chemical peels and microdermabrasion – our medspa aestheticians can provide excellent guidance. Avoid the sun at all costs. If you are a smoker, stop smoking at least three weeks before and after surgery.

#### 2 TO 4 WEEKS BEFORE

Get medical clearance from your primary physician. Dr. Mentz will order blood work to assess your health and detect anything that may compromise your recovery.

#### 1 TO 2 WEEKS BEFORE

Avoid taking anti-inflammatories, certain herbs, and vitamins, which can increase risk of bleeding. We will provide you with pre and post surgical vitamins for surgery. Preoperative photographs will be taken. You'll be asked to review and sign informed consent documents that spell out the procedure you're having, what to expect, instructions to follow and any possible risks.

#### THE DAY BEFORE

Eat well and stay hydrated. Patients should not eat a heavy dinner and begin fasting at midnight. Pick up all prescriptions and have them ready to take to the surgery center. Have a surgery day outfit picked out, loose-fitting clothing that you don't need to pull over your head is best.





“THE MINI-FACELIFT METHOD IS  
IDEAL FOR PATIENTS WITH MILD TO  
MODERATE SIGNS OF FACIAL AGING.”  
- DR. MENTZ

## FOR MINIMAL SAGGING MINI-FACELIFT

A mini facelift is a popular option for younger patients who want to reduce the early signs of aging. It is a less invasive procedure than a traditional facelift and is used to address minimal wrinkles, sagging skin, and other signs of aging in the lower face. This procedure typically takes less time and requires less recovery time than a traditional facelift.

A mini facelift is a rejuvenation procedure for patient's in their late 40's and early 50's that can treat common facial concerns that may appear as a result of aging, such as:

- Loose or excess skin
- Mild to moderate facial sagging
- Lax jowls
- Wrinkles
- Marionette lines

The results of a mini facelift are to improve the jawline, define the neckline, and refresh the overall appearance of the face.

BEFORE



AFTER



This 45-year-old patient was experiencing mild to moderate signs of aging in the midface and lower area. Dr. Mentz performed a mini facelift, necklift, fat-grafting, and Morpheus8 to give her a more refreshed and youthful appearance.





# TARGETING THE LOWER FACE

## LOWER FACELIFT

This facelift addresses signs of aging in the lower portion of the face and neck. It focuses on tightening the skin, muscles, and underlying tissues of the jawline, jowls, and neck area. Lower facelifts are often performed on individuals who have mild to moderate signs of aging in the lower face and neck, such as sagging jowls. A lower facelift can provide a more defined jawline, smoother neck contours, and an overall refreshed appearance. Recovery time is generally shorter compared to a full facelift, and scarring is usually minimal and well-concealed.

### NECK LIFT

In many cases, a neck lift is performed in conjunction with a facelift to achieve maximum rejuvenation and a natural-looking, balanced result. Like the face, the neck is one of the first areas to show visible signs of aging. Over time, due to a loss of skin elasticity and weakening of the neck muscles, the neck develops creases and begins to sag — and excess fat often accumulates in this area as well.

Occasionally the Submandibular Gland is prominent and requires partial reduction to enhance the results of a neck lift

### KEY BENEFITS OF A NECK LIFT

- Restores a smooth, youthful, defined contour to the neck
- Reduces the appearance of a double chin
- Eliminates loose “turkey neck” skin under the chin
- Diminishes sagging and neck creases
- Reduces fatty deposits to achieve a leaner, more defined angle between the neck and jawline

Wanting a younger, more refined appearance, this 63-year-old patient sought Dr. Mentz for a lower facelift and necklift, which resulted in a sleeker jawline and a more defined profile.



BEFORE



AFTER





# FOR MAXIMUM REJUVENATION

## DEEP PLANE FACELIFT

### VS SMAS FACELIFT

The Deep Plane Facelift and the SMAS (Superficial Musculoaponeurotic System) Facelift are both surgical techniques that address signs of aging in the face, particularly sagging cheek and jowls. While they have similarities, there are some differences in their approach.

Dr. Mentz has performed the deep plane and SMAS facelift since 1990, providing him with extensive experience with every facelift technique.

#### DEPTH OF DISSECTION

In a SMAS facelift, Dr. Mentz primarily focuses on lifting and tightening the SMAS layer, which is a thin layer of muscle and connective tissue located just beneath the skin. The dissection is typically limited to this superficial layer and is accomplished by plicating or placing a pleat to lift. On the other hand, the deep plane facelift involves a deeper dissection, extending beneath the SMAS layer to address the deeper structures, including the muscles and ligaments. The deep plane lift releases the SMAS and repositions the cheek and jowl into a more youthful position.

#### EXTENT OF LIFT

The deep plane facelift provides a more comprehensive lift of the facial tissues compared to the SMAS facelift. By vertically lifting and repositioning the deeper structures, including the muscles, the deep plane technique can achieve more significant rejuvenation of the midface, jowls, and neck. The SMAS facelift primarily focuses on lifting the superficial layer and may provide more limited improvement in these areas.

#### LONGEVITY OF RESULTS

Due to the deeper repositioning of tissues, the vertical deep plane facelift is believed to provide longer-lasting results compared to the SMAS facelift. The deep plane technique targets the underlying cause of facial aging and can result in a more sustained improvement over time.

#### SURGICAL COMPLEXITY

The deep plane facelift is generally considered a more complex surgical procedure compared to the SMAS facelift. However it has proven to provide the most complete lift to midface jowling. As a note, some patients who have not addressed facial aging until age 65 or older may have residual or leftover jowling after surgery. Patients should expect 7-10 years of improvement with facial rejuvenation.

BEFORE



AFTER



This 66-year-old patient wanted to refresh her aging face and reduce her “turkey neck”. Dr. Mentz performed a deep plane facelift, necklift, upper and lower blepharoplasty, and brow lift to restore youthfulness to her overall appearance.





# REVISION FACELIFT

A revision facelift, also known as a secondary facelift, is a surgical procedure performed to correct or improve the results of a previous facelift surgery. While most facelift procedures are successful and yield satisfactory outcomes, there are instances where patients may not be completely satisfied with the initial results or may experience changes over time that warrant further enhancement.

## REASONS FOR CONSIDERING A REVISION FACELIFT MAY INCLUDE:

- **Unsatisfactory Results:** Sometimes, the results of the initial facelift may not meet the patient’s expectations. This could be due to factors such as inadequate correction of sagging, uneven or asymmetrical results, or other aesthetic concerns.
- **Natural Aging:** Over time, the effects of aging continue to affect the face, and some patients may choose to undergo a revision facelift to maintain or enhance their rejuvenated appearance.
- **Changes in Tissue Elasticity:** Skin and tissue elasticity can change over time, potentially leading to recurrent sagging or jowls that require additional correction.
- **Scar Revisions:** In some cases, patients may be dissatisfied with the appearance of scars from the initial surgery, and a revision facelift can address scar placement and visibility.
- **New Concerns:** Patients may develop new areas of concern that were not addressed during the initial facelift and wish to have those areas corrected.
- **Previous Surgical Complications:** Rarely, complications from the initial facelift may necessitate a revision procedure to correct these issues.

It’s important to note that a revision facelift is a more complex procedure compared to an initial facelift, as Dr. Mentz must work with scar tissue and altered anatomy from the previous surgery.



# FACELIFT RECOVERY

## TIMELINE

The recovery period after a facelift can vary from person to person and depends on the extent of the procedure, the individual’s overall health, and their body’s healing response.

Throughout the healing process we utilize minor in office treatments such as steroid injections to help decrease swelling and to speed up or enhance recovery. Dr. Mentz and Nadia, his Physician Assistant, will assess your recovery on an ongoing basis during follow-up appointments. These appointments are essential to monitor your healing progress and ensure you are taking all appropriate steps toward a healthy recovery and a beautiful result.

The first 2 weeks post surgery, patients will need to clean stitches with supplies provided and AVOID straining, lifting, or elevating heart rate to prevent hematoma.\*

- + **WEEK 1**
  - Neck bolsters for added neck suspension need to be removed by a medical assistant **2-4 days after surgery**
  - Significant bruising and swelling may occur
  - Aquecool mask to be worn as much as possible in a 24 hours period for the week
  - Drains and 1st week stitches will be removed 5-7 days after surgery.
  - Patients will receive second stage garment

- + **WEEK 2**
  - Final stitches will be removed.
  - If patient received a brow lift, screws will be removed
  - Wear garments for 30 minutes in the morning and in the evening.

- + **WEEK 3**
  - Bruising and swelling start to improve
  - No longer at risk for hematoma

- + **3-4 MONTHS**

Tightness, numbness, and swelling continue which indicate positive healing.

- + **5-6 MONTHS**

Patients begin to see what the final results will look like and continue up to 1 year.





# DR. MENTZ SURGICAL TECHNIQUE

Dr. Mentz performs surgery at our AAAASF-certified SurgiCentre facility in Houston under the supervision of a board-certified anesthesiologist. The procedure takes several hours to complete. Dr. Mentz will make incisions that allow him to separate the skin from the underlying fat, muscles, and soft tissues. Usually these incisions begin in the hairline at the temples and continue around the ear, ending in the lower scalp.

Through these incisions, he will use a three-layer technique to remove excess facial skin and tighten the deeper muscles and soft tissues to achieve long-lasting, natural-looking results. In some cases, liposuction of the neck and jowls may also be performed to reduce fatty deposits. The skin is then re-draped and smoothed over the new contours, and sutures are also used to close the incisions. Once healed, any scarring is typically well-hidden within the hairline and in the natural contours of the face and ears.

With over 30 years in practice, Dr. Mentz is not only an internationally respected plastic surgeon; he's also one of the leading experts in aesthetic plastic surgery. With a triple board certification in Plastic Surgery, Facial Plastic Surgery, and Head and Neck Surgery, you can be assured that you're in excellent hands.

With a specialized knowledge in nutrition and holistic medicine, skin biochemistry, pharmacology, and modern plastic surgical techniques, Dr. Mentz's works with the mission of performing the best facelift surgery that minimizes risk, maximizes results, and provides the most optimal possible outcome and experience for you.







# ENHANCE

## YOUR RESULTS

**+ Suture Suspension Neck Lift**

Patients with heavier necks may require a suture suspension, also called a Giampapa stitch. This technique can be used to contour the jawline and lift neck skin without the typical excision behind the ear. We often use this in younger patients to avoid a scar and provide an improved jawline.”

**+ BEST” Neck lift + Durasorb Mesh**

Skin laxity of the neck is a primary concern of patients seeking facial rejuvenation. Traditional methods for redraping neck skin have well-described shortcomings. In order to optimize skin redraping after necklift surgery while reducing risk, the BEST (Bolster Equalization Suture Technique) technique was developed and published by Dr. Mentz in 2020. The BEST neck lift was shown to improve neck results by three years with the addition of Durasorb, an absorbable mesh. This method is achieved with less risk than traditional deep neck contouring which may require removal of muscles and glands. Durasorb helps to lift the neck, the mesh then absorbs in a few months and leaves a thin layer of collagen for longer-lasting support and thus more durable neck lift results.

**+ The Texas Jawline**

The “Texas Jawline” refers to a cosmetic procedure aimed at enhancing the appearance of the jawline, inspired by the beauty standards associated with the state of Texas in the United States. This idea originated from Europe and the Middle East, where the term “Texas Jawline” is being used to describe a defined and sharp jawline that is desired by some individuals. The Texas Jawline can be achieved through various methods, including non-surgical and surgical options. Non-surgical procedures involve the use of dermal fillers to add volume, define the jawline, and/or reduce the appearance of jowls. For a more permanent Texas Jawline, a Facelift can be performed. During the Facelift, excess skin and tissue are removed, giving more strength to the cervical mandibular groove. The SMAS (superficial musculoaponeurotic system), the layer of tissue located beneath the skin and superficial fat layer, is folded over to create a more defined jawline. In combination with the Facelift, Dr. Mentz will often use fat-grafting along the jawline and chin resulting in the perfect Texas Jawline.

BEFORE



AFTER



To give this 59-year-old patient a smoother, tighter, and more youthful look, Dr. Mentz performed a facelift with fat-transfer, necklift, browlift, upper blepharoplasty, and Fraxel laser to help with skin damage.





# ENHANCE YOUR RESULTS

## + Endoscopic Brow Lift

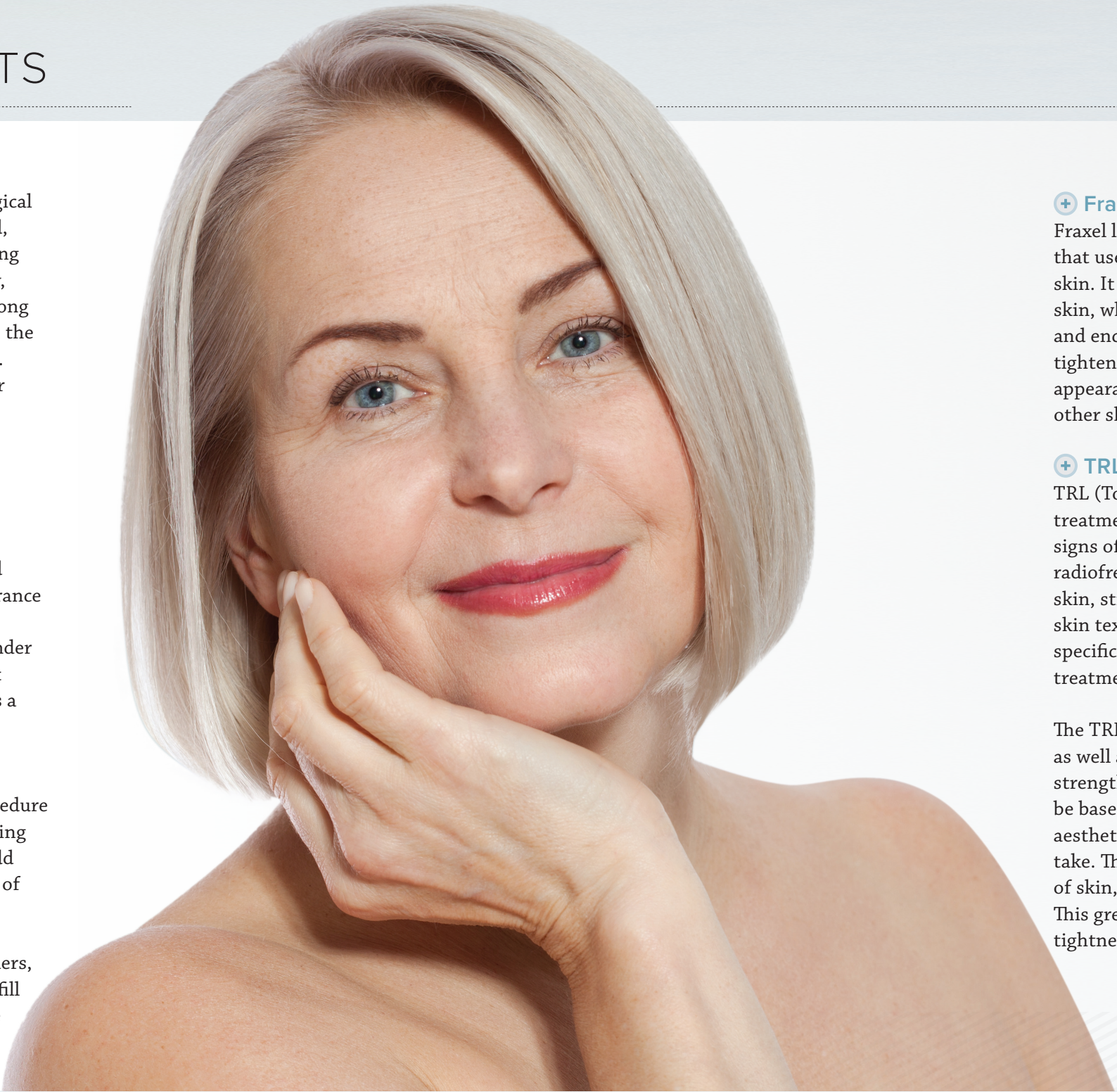
A brow lift, also known as a forehead lift or browplasty, is a surgical procedure aimed at rejuvenating the appearance of the forehead, eyebrows, and upper eyelids. Previously, brow lifts required a long incision from ear to ear inside the hair. With today's technology, endoscopes allow for a more modest and natural lift without a long scar. During a brow lift, Dr. Mentz makes three incisions within the hairline that are used to elevate the brow with a small telescope. The underlying tissue and muscles are then released, adjusted or tightened to lift the eyebrows and reduce wrinkles.

## + Upper + Lower Blepharoplasty

Blepharoplasty, also called eyelid surgery, is designed to lift and rejuvenate the eyelids to create a more refreshed appearance. Blepharoplasty can be performed on the upper eyelids or lower eyelids, or both during the same procedure. During upper eyelid surgery, loose skin is lifted and tightened to improve the appearance of hooded, sagging eyelids and in some cases, widen the field of vision. During lower eyelid surgery, puffy bags or dark circles under the eyes are reduced or eliminated and the under-eye area is left smoother and fuller. Blepharoplasty surgery ultimately achieves a more rested, youthful appearance.

## + Fat-grafting

Facial fat grafting, also known as fat transfer, is a cosmetic procedure that involves taking fat from one area of the body and transferring it to another area of the body. This procedure is often used to add volume to the face, fill in wrinkles, and improve the appearance of scars. It can also be used to enhance the contours of the face, such as the cheeks, chin, and lips. Methods of fat-grafting have improved through the years making it more permanent than fillers, but still has remained unpredictable. Dr. Mentz will double the fill but typically about half of the fat survives. Patients may require additional fat-grafting or fillers.



## + Fraxel

Fraxel laser is a type of laser skin resurfacing treatment that uses fractional laser technology to target damaged skin. It works by creating tiny columns of heat in the skin, which stimulates the body's natural healing process and encourages the production of new collagen and tightening. Fraxel laser treatments can help reduce the appearance of wrinkles, acne scars, sun damage, and other skin imperfections.

## + TRL- Total Resurfacing Laser

TRL (Total Resurfacing Laser) is a type of laser treatment used to reduce wrinkles, fine lines, and other signs of aging. It works by using a laser energy and radiofrequency energy to heat the deeper layers of the skin, stimulating collagen production and improving skin texture and tone. The laser can be adjusted to target specific areas of the face, allowing for a more customized treatment.

The TRL laser offers highly customizable treatments, as well as precision and control. Resurfacing depth and strength will be adjusted to your specific needs, and will be based on the condition of your skin, your personal aesthetic goals, and how much recovery time you can take. The TRL laser safely removes the outermost layer of skin, triggering the production of brand-new collagen. This greatly improves the quality, texture, clarity, and tightness of the skin.



This 73-year-old patient had a lower blepharoplasty to remove excess skin and eliminate under-eye bags, giving her a restored look.

BEFORE



AFTER



Laser treatments can resurface the skin to revitalize its appearance. These treatments are able to reach a deeper level of the skin through short pulses of light to stimulate the growth of new collagen fibers. Lasers help fade brown spots, soften fine lines and wrinkles and reduce the appearance of surgical scars.





# ENHANCE YOUR RESULTS

## + Microcoring - Ellacor

Ellacor® features proprietary Micro-Coring™ Technology and is the first and only device of its kind that removes skin on the microscale to improve the appearance of wrinkles. Hollow needles remove micro-cores of skin, and the fractional tissue extraction process treats advanced signs of facial aging, such as deep wrinkles and sagging skin.

Many other skin revitalization devices use laser-generated heat, radio frequency, and ultrasound energy to induce intentional thermal injury to the skin. By using tiny and precise needles to reach the entire thickness of the skin, Ellacor® rejuvenates your face without incisions, surgery, or scarring. You get smoother, tighter, and younger-looking skin in three procedures spaced thirty days apart.

## + Morpheus8

Morpheus8 is a minimally invasive skin rejuvenation treatment that combines microneedling and radiofrequency (RF) energy. It is designed to improve the appearance of the skin by targeting a variety of concerns, including wrinkles, fine lines, acne scars, uneven skin texture, and sagging skin. The treatment utilizes a handheld device that features small, ultrafine needles that penetrate the skin. These needles deliver RF energy deep into the underlying layers of the skin, promoting collagen production and remodeling. The combination of microneedling and RF energy allows for controlled delivery of heat, stimulating the skin's natural regenerative processes. The depth of the microneedles can be adjusted based on the specific treatment goals and the areas being targeted. By stimulating collagen production and promoting tissue remodeling, Morpheus8 helps to improve skin tightness, texture, and overall tone.

BEFORE



AFTER



For a renewed look, this 71-year-old patient had a full facial rejuvenation with Dr. Mentz. To further improve the fine lines and wrinkles around the mouth, she had 3 Ellacor treatments.

BEFORE



AFTER



This 59-year-old patient was not ready for surgery, but was still concerned with the signs of aging. Dr. Mentz gave her a combination refresh with Morpheus8 and FaceTite to the face and neck.







# MEDISPA

After undergoing a facelift, Dr. Mentz encourages patients to complement their results or further enhance their appearance through various non-surgical or minimally invasive procedures offered at our state of the art medspa. These procedures can help maintain the rejuvenated look achieved with the facelift and address additional concerns.

## + HALO

A halo laser is a type of laser treatment used to reduce the appearance of wrinkles, fine lines, and other signs of aging. It works by using a combination of two different laser wavelengths to target the deeper layers of the skin, stimulating collagen production and improving skin tone and texture. The halo laser is a safe and effective treatment that can be used on all skin types. It is typically done in a series of treatments, and results can be seen after just one session.

## + MOXI

MOXI™ the “perfect lunchtime facial” is a gentle yet effective laser resurfacing approach to radiant skin. Customized and comfortable treatments help you lighten, brighten, and refresh your skin with little to no downtime.

## + BBL HERO

BBL HERO™ improves pigment, redness, and overall skin quality anywhere on the body, including visible signs of aging, sun damage, acne and more. This impressive treatment utilizes pulses of light energy to gently heat the skin’s surface. This process induces the body’s natural healing process for improved elastin and collagen production—leaving you luminously glowing with continued improvement over time.

## + Neurotoxins

Neurotoxin injectables is a cosmetic injectable medication that is widely used to temporarily reduce the appearance of facial wrinkles and fine lines. It works by blocking nerve signals in the muscles where it is injected, preventing those muscles from contracting. This leads to a temporary smoothing of the overlying skin and a reduction in the appearance of wrinkles caused by muscle movement.

## + Dermal Fillers

Dermal fillers are injectable medical products that are used to add volume, smooth wrinkles, and enhance facial contours. They are commonly used in cosmetic procedures to restore a more youthful appearance by addressing signs of aging, such as wrinkles, lines, and lost facial volume. Dermal fillers are a non-surgical option for facial rejuvenation and are considered minimally invasive.

## + Skincare

At our medspa, not only are your skincare products chosen especially for you by a trained professional; you will also be informed on exactly how to use them. Medical-grade skincare products are especially helpful for those with problematic skin, specific skin conditions, those who want to combat the signs of aging with the very best products available, or for those who need highly effective products before or after a cosmetic procedure.



As one of the world’s foremost leaders in facial rejuvenation surgery, Dr. Mentz has been the driving force behind numerous advancements to perfect the techniques and results of facelift surgery. An elite international panel of judges reviewed entries from around the globe, and deemed Dr. Mentz’s facelifts were the most exceptional — winning him first place for the Best Surgical Facial Rejuvenation case at the 2013 and 2016 Anti-Aging & Beauty Awards in Paris, France.



BEFORE



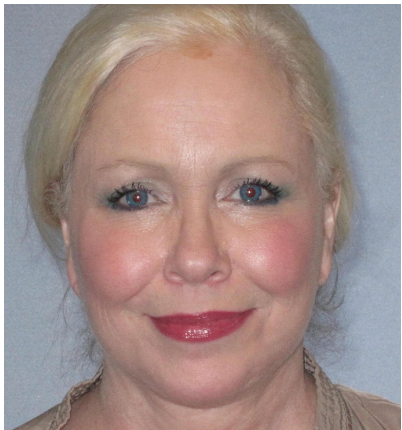
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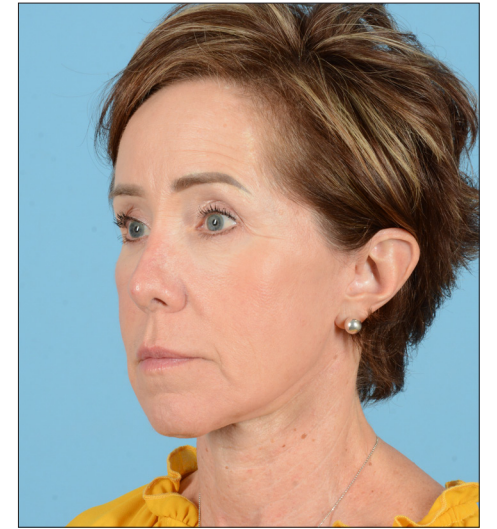
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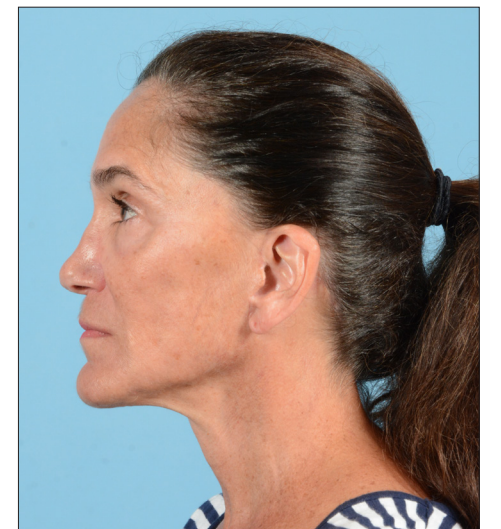
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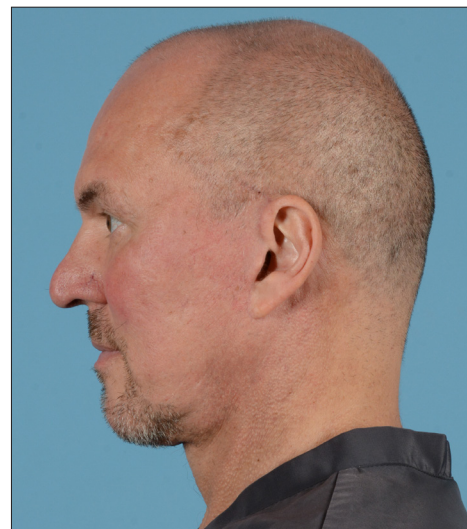
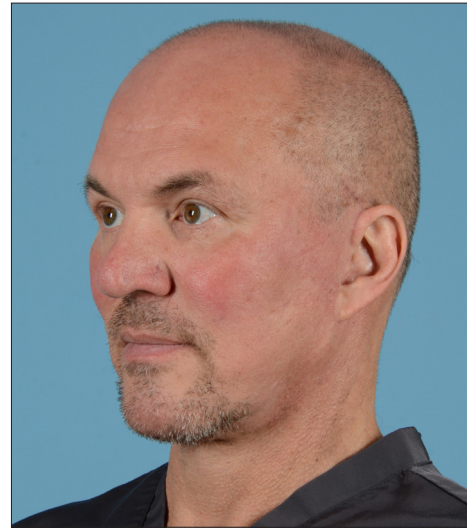
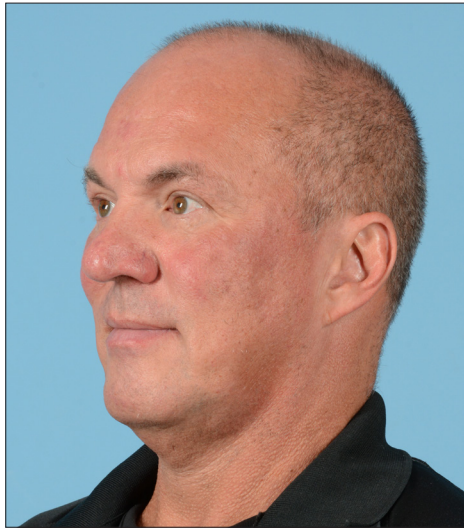




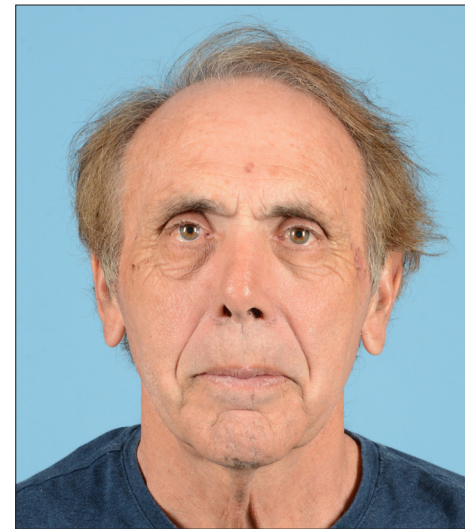
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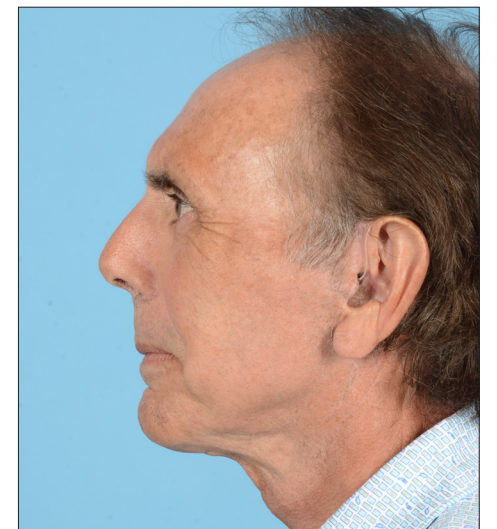
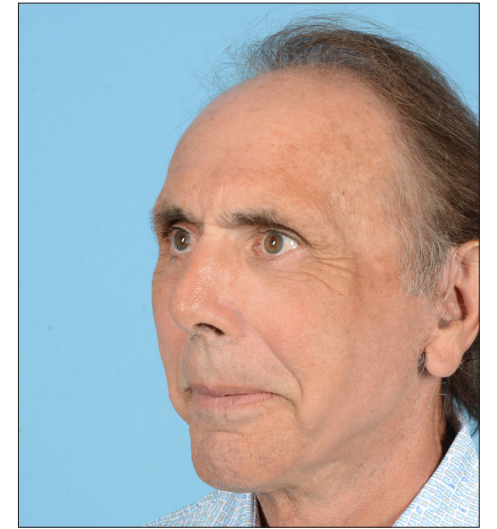
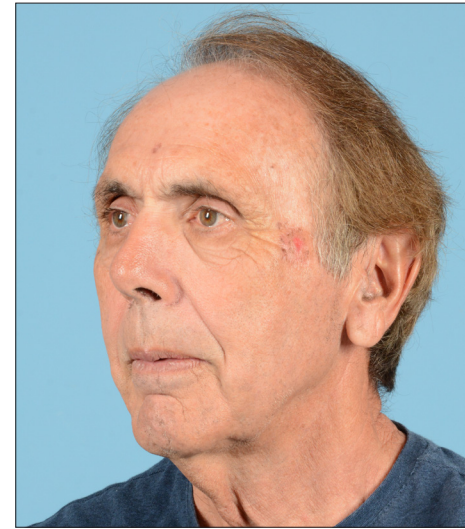
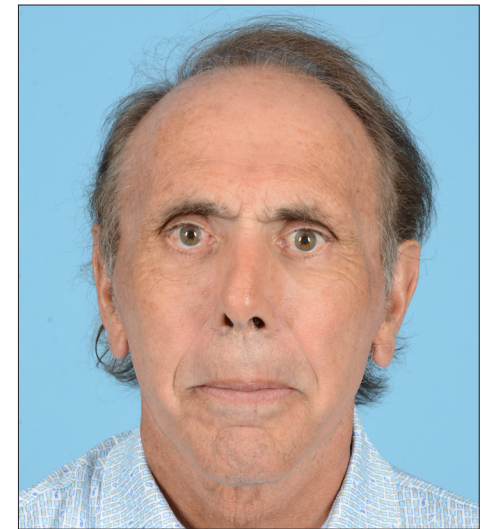
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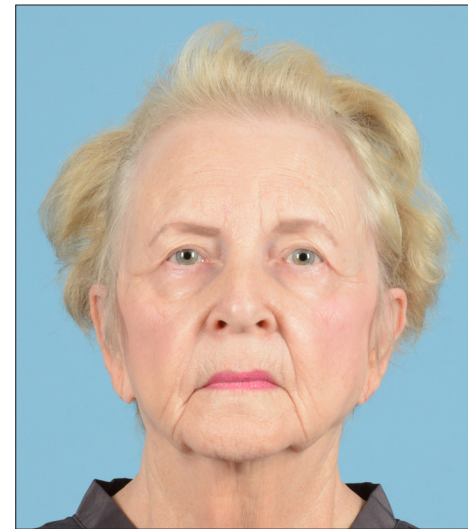
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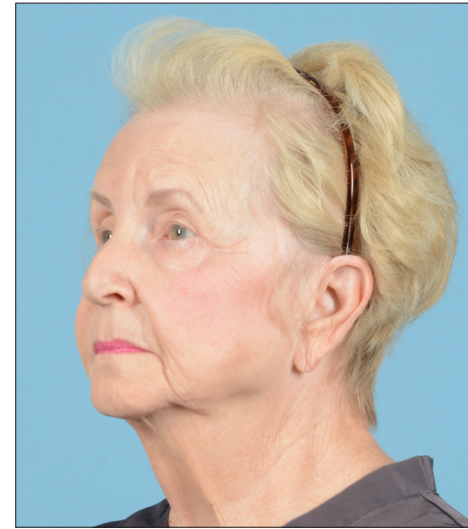
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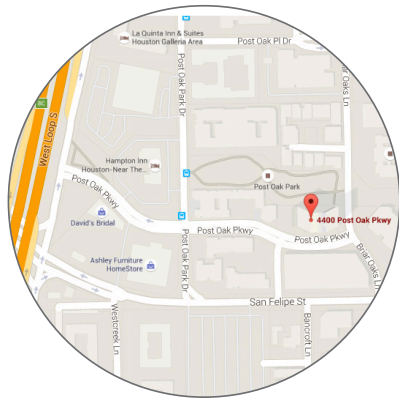


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# MY LOCATIONS

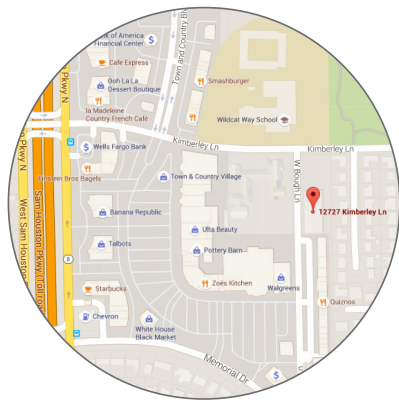


## CLINIC OFFICE

**4400 POST OAK PARKWAY, SUITE 300 • HOUSTON, TX 77027**

Dr. Mentz’s Post Oak Parkway office is conveniently located between the Galleria and River Oaks. This is where you will meet Dr. Mentz for your initial consultation appointment and where you will come for all appointments other than surgery.

You may park in the parking garage on San Felipe across the street from St. Regis Hotel. On the third level of the garage you will find a skybridge to the main building lobby. The elevators to the right will take you to our offices on the 3rd floor.



## ACPS SURGICENTRE

**12727 KIMBERLEY LANE, SUITE 100 • HOUSTON, TX 77024**

Dr. Mentz’s private surgery center is located in Memorial City, near the intersection of I-10 and the Sam Houston Tollway. You will only visit this location for your surgery. All other appointments will take place at the Post Oak Parkway location.

Our Surgery Center is licensed by the Texas Department of Health and has received the highest certification possible from The American Association for Accreditation of Ambulatory Surgery Facilities (AAAASF).



**ALEXIS ROSALES**  
*Marketing Director & Patient Liaison of  
Henry A. Mentz III, MD, FACS*

Alexis is our marketing director and patient liaison– she serves as a key point of contact between patients and the team. Her main focus is ensuring patients have a great experience and making sure patients are up to date and educated throughout all our media platforms. During your follow up appointments, she may come introduce herself and ask if you’d like to share your experience.

# GET SOCIAL WITH DR. MENTZ

SCAN BELOW TO STAY CONNECTED



[www.drmentz.com](http://www.drmentz.com)



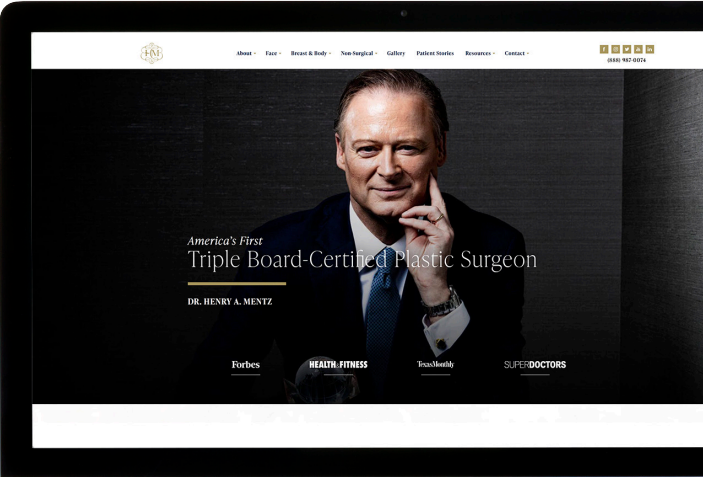
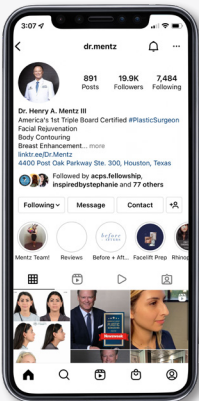
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2021-2023 "AMERICA'S BEST PLASTIC SURGEONS" FOR FACELIFT

BY NEWSWEEK



**HENRY A. MENTZ III, MD, FACS**

TRIPLE BOARD CERTIFIED PLASTIC SURGEON

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