Make art

with the Art Gallery of New South Wales
Foil figures
Do you love to make things?

Artists love to create. They make drawings, prints, paintings, sculptures and other things for us to look at. Some artists are fascinated by the shape of the human figure, and the different poses it can make.

Look at these figure sculptures from the Art Gallery of New South Wales, become an artist and create your own fabulous foil figure.


We acknowledge the Gadigal of the Eora Nation, the traditional custodians of the Country on which the Art Gallery of New South Wales stands.
Foil figures

Some artists like to create sculptures of figures in different postures – balancing, leaning, sitting or standing on one leg. They use different materials such as clay and bronze and often use people to model for them. How long could you stand in one of these poses?

Make your own foil figures influenced by these figure sculptures.

Remember, you are the artist so you can decide on the pose, the shapes, what your figure will be doing and what they look like.

You will need:
Scissors
Chenille stems (pipe cleaners)
Aluminium foil (the type you use for cooking)
Sticky tape
Paper plate
Your imagination!
1. Take two chenille stems and lay them beside each other. Twist the ends together, overlapping them by about 3cm. Then coil and twist the overlapping part to make a loop for the head shape.

2. Twist two more chenille stems together. Then bend them over the back of the neck, bringing them down at the front.

3. Twist them together to form a body and legs. Bend the arm stems back towards the body and twist. Leave a round loop at the end to make a hand, like the arm on the right in this photo.

4. Twist another chenille stem up one leg and down the other to strengthen them and bend the ends to make feet. Use small strips of foil to gradually start covering your figure.

5. Cover the whole body with foil and wrap as tightly as you can (tip: small strips work best). You can hold the strips in place with sticky tape if necessary.

6. Cover the paper plate in foil to make a base. Pose your figure and add extra foil to make clothes, hair or props. Sticky tape it to the base. You could make a group of figures, or make animal sculptures.