Courtney Sanders, MSN, APRN, FNP-C

Professional Summary

Board-certified Family Nurse Practitioner with extensive experience as a Registered Nurse in surgical and emergency care settings. Born and raised in Centralia, Illinois, I am passionate about providing evidence-based, patient-centered care to the community that shaped me and to rural and underserved populations throughout Southern Illinois. I have a strong background in chronic disease management, preventive care, and health promotion across the lifespan. Recognized for clinical excellence, leadership, teamwork, and patient education, I am committed to building trusting relationships with patients and improving health outcomes through compassionate, high-quality care.

Education

Walden University
Master of Science in Nursing (RN-MSN) – Family Nurse Practitioner

Frontier Community College
Associate Degree in Nursing

Kaskaskia College
General Studies

Centralia High School

Licensure & Certification

- Family Nurse Practitioner – Board Certified (AANP)
- Illinois APRN License
- Illinois Registered Nurse License
- ACLS
- PALS

Registered Nurse

Advanced Surgical Technology

Centralia, Illinois

May 2023–Present

- Preoperative patient assessment
- IV insertion
- Medication administration
- Administering and monitoring patients receiving conscious sedation.
- Surgical preparation
- Patient education
- Post-anesthesia recovery
- Collaboration with surgeons and anesthesia providers
- Documentation and quality assurance
- Recognition and management of postoperative complications

Registered Nurse

Franciscan Health

Crawfordsville, Indiana

June 2018–March 2023

- Emergency Medicine Nursing.
- Patient assessments
- Medication administration
- Care coordination
- Patient advocacy
- Interdisciplinary collaboration
- Emergency response

Certified Nursing Assistant

St. Mary's Hospital

Centralia, Illinois

December 2014–2018

Certified Nursing Assistant

Fireside Nursing Home

Centralia, Illinois

May 2014–December 2014

Clinical Skills

Primary Care

- Adult assessments
- Preventive medicine
- Chronic disease management
- Acute illness management
- Medication management
- Evidence-based practice

Office Procedures

- Rapid strep testing
- Rapid influenza testing
- Urinalysis
- Pregnancy testing
- Ear irrigation
- Wound care

Certifications

- AANP Certified Family Nurse Practitioner
- ACLS
- PALS

Leadership

President

Alpha Delta Nu Nursing Honor Society at Frontier Community College

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Professional Interests

- Primary Care
- Family Medicine
- Preventive Care
- Rural Health
- Chronic Disease Management
- Health Promotion

Hobbies & Interests

Outside of my professional career, I have been an active outboard hydroplane boat racer with the National Boat Racing Association (NBRA) since approximately age 11. This lifelong passion has allowed me to travel extensively across the United States while developing skills in discipline, teamwork, strategic decision-making, and performing under pressure.

In my free time, I enjoy throwing darts, spending time outdoors, and making the most of opportunities to be active in nature. I also value quality time with my family and friends and enjoy life with my two golden retrievers.

References

Available upon request.