

'I look like a monster!' Model Paulina Porizkova, 55, shows off painful red skin after undergoing intensive treatments that keep her looking youthful without surgery or Botox

- Paulina took to Instagram on Wednesday to share a photo collage of herself with esthetician Raechel Lowe at Dr. Yael Halaas' New York City office
- The pictures show Paulina posing with Raechel before and after her treatments, with one image revealing how red and blotchy her face got
- Paulina had Ultherapy on her face and a Plasma Pen treatment around her eyes
- Ultherapy, which can cost between \$4,000 to \$5,500 for large areas of the skin, uses ultrasound waves to target collagen production
- Meanwhile, the Plasma Pen 'transmits nitrogen plasma energy to deliver soft-surgery plasma fibroblasting deep into the skin' to tighten it and reduce wrinkles
- Pricing starts at \$400 and varies based on treatment area and location
- Paulina joked that she looked 'like a monster' when she was done, but she hoped the treatments had reduced the 'grief prints' on her face

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Paulina Porizkova has given her fans a behind-the-scenes look at the intensive skin treatments she undergoes to look youthful while avoiding Botox and plastic surgery.

The 55-year-old model took to [Instagram](#) on Wednesday to share a photo collage of herself with esthetician and laser specialist Raechel Lowe, who works at plastic surgeon Dr. Yael Halaas' [New York City](#) office.

'In celebration of reaching 200 thousand of you! I'm posting today's pick [sic],' she wrote to her followers, explaining it was her last treatment with her 'beloved' Raechel, who is moving back to [Florida](#).



All smiles: Paulina Porizkova, 55, shared photos of herself undergoing intensive skin treatments with her esthetician Raechel Lowe on Wednesday



Keeping it real: The model joked she looked liked a 'monster' with her blotchy, red face

'She really nailed it to me,' she noted of the seemingly painful session that left her with red blotches all around her eyes and face.

'Now I look like a monster — seriously —but hopefully in a few days my miracle worker erased a little of the grief prints from my face,' she wrote at the end of her post. 'Thank you all at Dr. Halaas office! We'll see — and I'll definitely let you know!'

Paulina's mention of 'grief prints' on her face was undoubtedly a reference to the death of her estranged husband, The Cars frontman Ric Ocasek, who passed away on September 15.

During the session, the mother of two underwent Ultherapy on her lower face and a Plasma Pen treatment around her eyes, both of which are non-invasive procedures.

Ultherapy tightens the skin with the help of high-intensity focused ultrasound waves.



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Getting rejuvenated: Paulina underwent Ultherapy on her lower face and a Plasma Pen treatment around her eyes. They are both non-invasive procedures that tighten the skin



She's a fan! The Sports Illustrated beauty called Ultherapy her 'go-to magic' laser treatment when she got it done last year

Treating large areas like the face and neck together can cost upwards of \$4,000 to \$5,500 in New York City, according to [Today](#). But the results are said to subtract years off the skin's appearance.

Meanwhile, the Plasma Pen is effective in reducing wrinkles while also lifting and tightening the skin.

The device 'transmits nitrogen plasma energy to deliver soft-surgery plasma fibroblasting deep into the skin,' according to Dr. Halaas' [website](#).

Pricing [starts](#) at \$400 and varies based on treatment area and location.

This isn't the first time Paulina has shared photos of her skin treatments. Last year, she shared pictures and videos of one of her Ultherapy sessions at the office.



Hanging out: Paulina was sunbathing topless just a few days before her latest cosmetic treatments



Beauty treatment: Last week, she visited Joshua Barbieri Hair salon to color her hair, which had become a mix of brown, gray, and blonde during the pandemic



Focused: Paulina, who is pictured showing off her new hair color, said she couldn't let herself go completely gray because she needs to find work as a model

The Sports Illustrated beauty described it as her 'go-to magic' laser treatment because of how the results have improved areas like her neck.

Besides sharing multiple videos of herself getting the procedure done, she also explained that the results will continue to improve along her neck for three months.

But with the incredible procedure comes extreme pain, Paulina said, as she described it as being worse than childbirth.

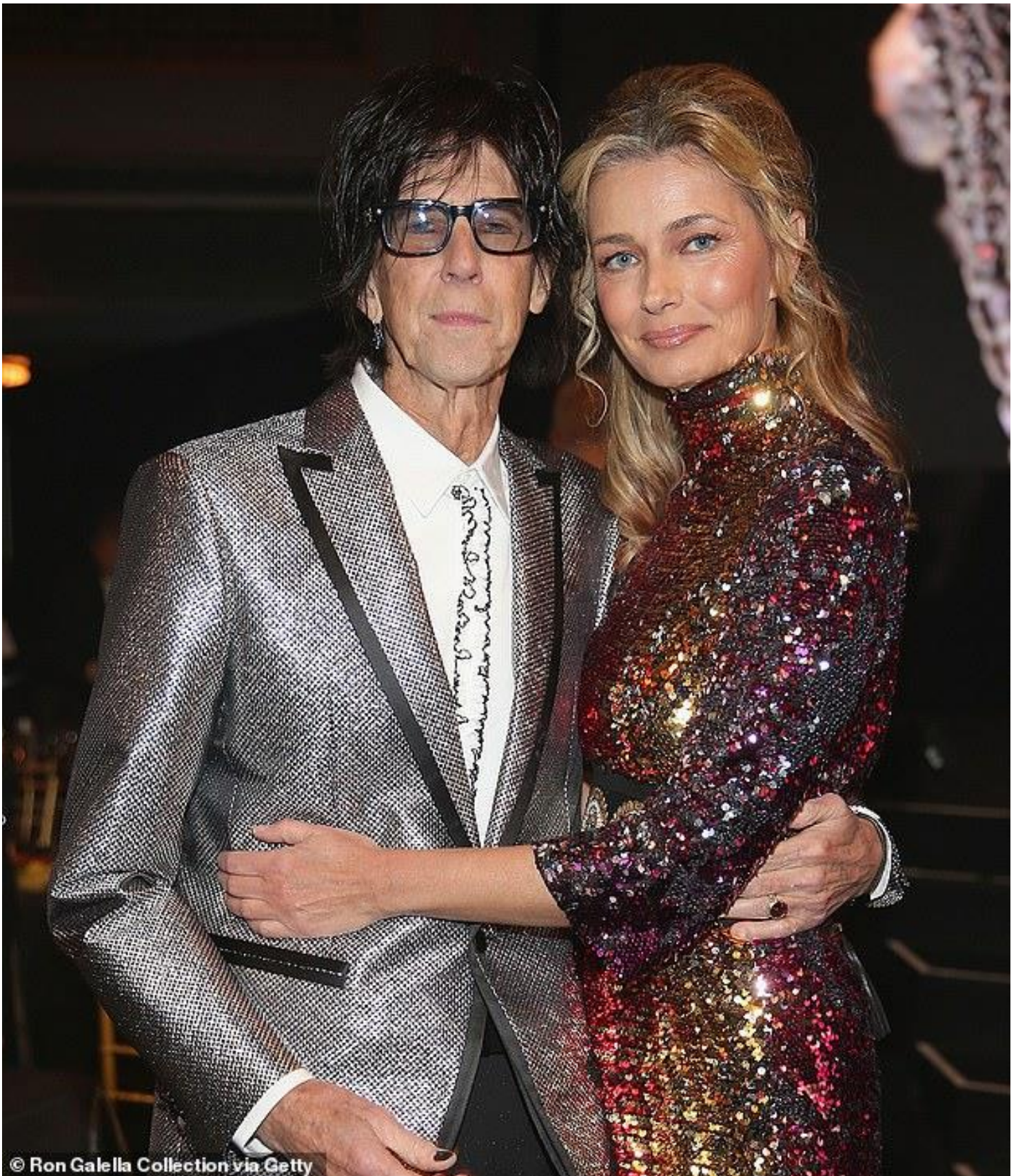
'Why wouldn't everyone in the world do it?' she wrote of the treatment. 'Well, first of all, it hurts. Like a lot. I have gone through natural childbirth twice with no drugs, but when I do Ultherapy, I wish there were some around.'

She described the procedure, which causes a burning and prickly sensation along the targeted area, as if someone were to take a lighter 'and slowly trail it across your skin.'

'Only, instead of burn scars, you'll have more collagen plumping up your skin and look perfectly fine directly after,' she noted.



Then and now: Paulina's hair was dyed a flattering shade of ashy dark blonde with highlights



Memory: The mother of two has been mourning the death of her estranged husband Ric Ocasek, who passed away on September 15 at the age of 75

Paulina, who was sunbathing topless just a few days before her latest cosmetic treatments, has been taking more and more trips to New York City after spending nearly five months in quarantine at her home upstate.

Last week, she visited Joshua Barbieri Hair salon to color her hair, which had become a mix of brown, gray, and blonde during the pandemic.

She posted split photos of herself in the salon, with both of them facial coverings.

"Yesterday well spent — finally getting my out-of-control-color controlled," she captioned the images. "Josh and I went over my options, not as many as you'd imagine — given my hair being sort of fried on the bottom and virgin on top."

"I'm very happy with the result, a very ashy dark blond — I'll post a photo later to show you guys what it looks like dried and a little trimmed."

Paulina kept her promise and later shared a photo of herself running her fingers through her freshly-dyed hair.

In the caption, she explained why she didn't let her hair grow gray like a number of her fans had suggested.

"Many of you expressed that you wished I had gone full on natural. Which would have been nice — if I had the time to grow my hair out some more (probably another year for a shortish bob) but guys, I need to work!" she stressed.

"And no modeling clients are gonna be happy with that tricolor thing I had going. @joshuabarbierihair did an amazing job blending all these colors together, and still allowing my little gray white streak in there."