

# SYNCHRONIZED RF & HIFEM: MULTI-CENTER OUTER THIGH MRI STUDY

MRI MULTICENTRE STUDY ON HIGH-INTENSITY FOCUSED ELECTROMAGNETIC  
PROCEDURE SIMULTANEOUSLY COMBINED WITH SYNCHRONIZED RADIOFREQUENCY  
FOR TREATMENT OF LATERAL THIGHS: PRELIMINARY 3-MONTH FOLLOW-UP DATA

Melanie Palm M.D., MBA<sup>1</sup>; Brian Kinney M.D., FACS, MSME<sup>2</sup>;  
Yael Halaas M.D., FACS<sup>3</sup>; Richard Goldfarb, M.D.<sup>4</sup>

1. Art of SKIN M.D., Solana Beach, CA, USA

2. Brian M. Kinney M.D., Beverly Hills, CA, USA

3. Yael Halaas M.D., New York, NY, USA

4. Center For SmartLipo & Plastic Surgery, Langhorne, PA, USA

PLASMET 2024; 1(1): 1-10 | DOI: 10.21960/PLASMET.2024.1.1.1-10

## HIGHLIGHTS

- **93 subjects** (21-70 y/o, 19.0-34.5 kg/m<sup>2</sup>) were recruited in the study.
- MRI assessment revealed an **average reduction of fat thickness** by **-30.9±4.2%** (-18.6±4.6 mm) in saddlebag region at **3-month** follow-up visit.
- Therapies were perceived as **comfortable** (VAS score of 2.0 points).
- Noticeable **reduction of saddlebags** was seen on digital photographs

BASELINE

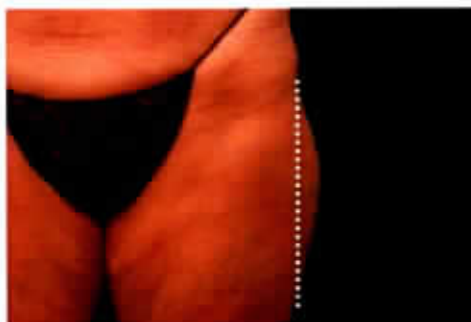


AFTER THE LAST TREATMENT



COURTESY OF: MELANIE PALM, M.D.

BASELINE



1-MONTH FOLLOW-UP



COURTESY OF: BRIAN KINNEY, M.D.