

Opus Plasma Aftercare Instructions

Thank you for choosing us for your Opus Plasma treatment. Proper aftercare is essential to ensure safe healing and the best possible results. Please follow these instructions carefully:

What to Expect:

- Redness and mild to moderate swelling for 1–3 days
- A warm, sunburn-like sensation in the treated area
- Slight tenderness, tightness, or dryness
- Tiny scabs or a sandpaper texture may develop and flake off naturally
- Gradual improvement in skin texture, tone, and firmness over the following weeks

Immediately After Treatment:

- Skin may appear red or flushed with mild swelling
- Warmth or tingling sensation is common for several hours post-treatment
Avoid touching, rubbing, or applying makeup
- Do not apply any products unless recommended by your provider
- Keep the area clean and avoid excessive heat or sweat

First 24 Hours:

- Cleanse with a gentle, non-active cleanser (no scrubs, acids, or exfoliants)
- Apply a post-procedure barrier cream or healing ointment as advised
- Avoid sun exposure, heat (hot showers, saunas), workouts, and heavy sweating
- Do not wear makeup
- Sleep with a clean pillowcase and avoid direct contact with treated areas

Ongoing Care (Days 2-14):

- Continue gentle cleansing and moisturizing twice daily
- Apply SPF 30+ daily, starting as soon as your skin can tolerate it (usually Day 2)
- Avoid active skincare (retinol, AHA/BHA, scrubs, or strong acids) until skin is fully healed (typically 7–10 days)
- Let flaking or peeling occur naturally — do not pick or peel
- Avoid tanning, sunbathing, or prolonged outdoor exposure

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When to Contact Us:

Please reach out immediately if you experience:

- Prolonged redness, swelling, or discomfort beyond 4 days
- Blistering, bleeding, or signs of infection (pus, yellow crusting)
- Unusual pain or changes in pigmentation
- Any concerns about your healing process

Additional Tips:

- Use mineral-based sunscreen once skin is intact
- Avoid any products not recommended by your provider
- Stay hydrated and eat a skin-supportive, nutrient-rich diet
- Schedule and follow through with your treatment plan for optimal results
- Be patient — results improve with time and collagen remodeling

If you have any questions or experience any unusual symptoms, please contact us at 808.585.8855. Thank you for trusting us with your care!