

## **Keravive Aftercare Instructions**

Thank you for choosing us for your Keravive. Proper aftercare is essential to ensure safe healing and the best possible results. Please follow these instructions carefully:

### **What to Expect:**

- Scalp may feel refreshed, tingly, or slightly tight
- Hair may appear fuller and shinier due to improved scalp hydration
- Mild redness or sensitivity of the scalp may occur, especially if you have a dry or irritated scalp
- Some clients may notice light flaking as the scalp detoxifies

### **Immediately After Treatment:**

- Do not wash your hair or scalp for at least 6–12 hours
- Avoid touching, scratching, or applying any products to the scalp
- You may notice some temporary scalp tightness or a "cooling" sensation from the serum infusion

### **First 24 Hours:**

- Avoid hair styling products such as gels, sprays, or dry shampoo
- Do not use heat styling tools like blow dryers, straighteners, or curling irons
- Refrain from intense exercise, saunas, or anything that causes excessive sweating
- Sleep on a clean pillowcase to protect the treated area
- Apply the Keravive peptide spray provided by your provider at bedtime, as instructed

### **Ongoing Care (Days 2-14):**

- Continue applying the Keravive peptide spray daily as directed (typically for 30 days)
- Wash hair with a gentle, sulfate-free shampoo
- Avoid using harsh or stripping hair products that may interfere with the treatment's benefits
- Maintain good scalp hygiene to support the treatment's results
- Consider regular treatments every 4 weeks for a complete series (usually 3 sessions total)

**When to Contact Us:**

Please reach out immediately if you experience:

- Persistent redness, irritation, or itching beyond 48 hours
- Excessive flaking, scaling, or signs of an allergic reaction
- Any pain, heat, or swelling on the scalp
- Unusual or concerning symptoms after treatment

**Additional Tips:**

- Pair with professional-grade hair growth products or supplements (consult your provider)
- Maintain a healthy diet, manage stress, and stay hydrated for overall scalp and hair health
- Avoid chemical hair treatments (coloring, perming) for at least 72 hours post-treatment
- Continue regular scalp treatments for long-term improvement in hair density and scalp health

If you have any questions or experience any unusual symptoms, please contact us at 808.585.8855. Thank you for trusting us with your care!