

## **Brow Lamination Aftercare Instructions**

Thank you for choosing us for your Brow Lamination treatment. Proper aftercare is essential to ensure safe healing and the best possible results. Please follow these instructions carefully:

### **What to Expect:**

- Fuller, more defined brows with a natural shape
- Possible mild redness or sensitivity around the brow area
- Brows may feel a bit stiff or "set" in place initially
- The lamination will soften and settle into place as the days go on

### **Immediately After Treatment:**

- Avoid touching or rubbing the treated brow area
- Do not wet or apply any product to your brows for at least 24 hours
- Avoid getting the brow area wet, including steam or heavy sweating
- Refrain from applying makeup, including brow products, for at least 24 hours

### **First 24 Hours:**

- Keep brows dry — no water, sweat, or steam on the treated area
- Do not use skincare products, cleansers, or makeup near the brows for the first 24 hours
- Avoid activities that may cause sweating, such as intense exercise or saunas
- Avoid sleeping with your face in contact with a pillow, as it may cause the brows to lose their shape

### **Ongoing Care (Days 2-14):**

- Avoid rubbing or scratching the brow area
- Use a gentle cleanser to clean the face, keeping the brow area free of harsh products
- Avoid using oils or heavy creams around the brows to prevent breakdown of the lamination
- You may use a brow gel or clear mascara to maintain shape, but avoid any wax-based products
- Keep your brows hydrated with a nourishing oil (like castor oil) or brow serum to maintain the health of the hair

# ShimChing MD

Asia Pacific Plastic Surgery Inc.

## **When to Contact Us:**

Please reach out immediately if you experience:

- If you experience irritation, extreme redness, or swelling that does not subside
- If you notice any uneven results or if the brows start to look patchy or sparse
- If you have any concerns about your brows losing shape or developing abnormal texture

## **Additional Tips:**

- Be gentle with your brows, especially during the first few days after treatment
- Avoid excessive sun exposure or tanning beds for at least 2 weeks
- Keep your brows hydrated to ensure healthy hair growth and maintain the lamination
- Schedule touch-up appointments as recommended by your technician to keep brows looking fresh

If you have any questions or experience any unusual symptoms, please contact us at 808.585.8855. Thank you for trusting us with your care!