

Glo2 Facial Aftercare Instructions

Thank you for choosing us for your GLo2 Facial. Proper aftercare is essential to ensure safe healing and the best possible results. Please follow these instructions carefully:

What to Expect:

- Immediate results — a refreshed, glowing complexion
- Skin may appear slightly flushed or rosy for up to 30 minutes post-treatment
- No downtime — you can return to your normal activities immediately
- Some mild tingling or warmth during the treatment, but this is normal and should subside after treatment

Immediately After Treatment:

- Skin will feel smooth, clean, and hydrated
- A slight pinkish glow is typical and should fade within an hour
- Makeup can be applied immediately after treatment if desired
- You may feel a gentle cooling or tingling sensation from the treatment

First 24 Hours:

- Avoid direct sun exposure and apply SPF 30+ or higher if you need to be outdoors
- Do not use any harsh skincare products, including exfoliants or active ingredients like retinoids, AHAs, or BHAs, for the first 24 hours
- Avoid hot showers, saunas, and steam rooms
- Keep your skin hydrated with a gentle moisturizer and continue to use SPF 30+ daily
- If you experience any sensitivity, a cool compress can help soothe the skin

Ongoing Care (Days 2-14):

- Continue using SPF 30+ daily to protect your skin from UV damage
- Hydrate your skin with a gentle, soothing moisturizer as needed
- Avoid harsh chemical exfoliants, acids, or active skincare products unless cleared by your provider
- You can resume your regular skincare routine after 24 hours, but keep it gentle and hydrating
- If you experience any mild dryness or peeling, continue moisturizing and avoid picking at the skin

ShimChing MD

Asia Pacific Plastic Surgery Inc.

When to Contact Us:

- Please reach out immediately if you experience:
- Excessive redness, irritation, or swelling that persists longer than a few hours
- Signs of infection (pus, crusting, or unusual discharge)
- Severe discomfort, burning, or stinging
- Any concerns about the healing process or results

Additional Tips:

- For best results, consider regular Glo2 Facial treatments (monthly or as advised by your provider)
- Maintain healthy skin by drinking plenty of water and following a balanced diet
- Avoid heavy makeup or products that may clog pores for 24 hours post-treatment
- Glo2 Facial works well in combination with other facial treatments — consult your provider for tailored recommendations

If you have any questions or experience any unusual symptoms, please contact us at 808.585.8855. Thank you for trusting us with your care!