

Table of Cardiometabolic Health and Diet Rankings

SGB ID	ZOE MB Health-rank	ZOE MB Diet-rank
SGB15249	0.013	0.218
SGB6340	0.014	0.094
SGB4964	0.036	0.095
SGB14252	0.047	0.233
SGB15229	0.052	0.281
SGB6174_group	0.057	0.247
SGB15317	0.059	0.188
SGB14179	0.071	0.29
SGB15225	0.072	0.169
SGB4894	0.072	0.197
SGB4643	0.072	0.142
SGB4963	0.073	0.145
SGB79840	0.073	0.18
SGB4893	0.075	0.126
SGB6276	0.079	0.28
SGB3952	0.089	0.375
SGB4638	0.089	0.28
SGB15236	0.093	0.246
SGB4191	0.094	0.227
SGB15053_group	0.099	0.18
SGB15368	0.101	0.235
SGB4782	0.103	0.127
SGB14042	0.103	0.196
SGB4706	0.109	0.084
SGB4644	0.116	0.262
SGB49188	0.116	0.445
SGB4781	0.119	0.2
SGB4777	0.119	0.056
SGB14921	0.121	0.285
SGB15234	0.124	0.404
SGB8601	0.128	0.201
SGB5087	0.129	0.184
SGB14311	0.131	0.493
SGB4953	0.132	0.229

SGB7258	0.132	0.116
SGB4882	0.132	0.152
SGB6367	0.133	0.163
SGB15106	0.134	0.243
SGB4778	0.14	0.106
SGB15131	0.142	0.461
SGB4198_group	0.144	0.585
SGB15031	0.15	0.428
SGB13981	0.154	0.22
SGB15123	0.162	0.282
SGB54300	0.164	0.397
SGB4665	0.166	0.138
SGB13979	0.166	0.216
SGB15410	0.169	0.215
SGB2290	0.169	0.314
SGB14954	0.17	0.274
SGB14306	0.173	0.263
SGB4805	0.173	0.604
SGB14899	0.174	0.759
SGB4803	0.174	0.491
SGB13982	0.177	0.364
SGB15265_group	0.177	0.289
SGB14114	0.18	0.452
SGB47656	0.18	0.189
SGB6749	0.182	0.192
SGB14253	0.183	0.32
SGB15346	0.184	0.244
SGB4810	0.189	0.129
SGB4770	0.19	0.32
SGB14043	0.191	0.401
SGB4886	0.192	0.464
SGB25497	0.192	0.224
SGB4815_group	0.194	0.372
SGB25416	0.194	0.657
SGB4957	0.195	0.204
SGB4654	0.196	0.144
SGB15373	0.199	0.257

SGB15254	0.205	0.118
SGB6571	0.205	0.293
SGB15323	0.207	0.355
SGB71759	0.207	0.164
SGB4648	0.207	0.388
SGB15180	0.209	0.165
SGB15413	0.209	0.343
SGB49168	0.212	0.372
SGB14960	0.215	0.346
SGB4133	0.215	0.451
SGB15051	0.218	0.229
SGB4993	0.218	0.513
SGB15395	0.22	0.566
SGB15145	0.223	0.257
SGB5111	0.223	0.147
SGB6317	0.224	0.467
SGB4966	0.224	0.224
SGB4780	0.226	0.2
SGB14198	0.227	0.238
SGB63101	0.228	0.501
SGB4779	0.23	0.471
SGB15233	0.233	0.325
SGB4769	0.234	0.25
SGB2295	0.238	0.383
SGB72336	0.24	0.609
SGB4658	0.241	0.17
SGB14770	0.245	0.446
SGB6148	0.247	0.603
SGB25493	0.247	0.301
SGB4831_group	0.248	0.424
SGB14965	0.249	0.584
SGB15224	0.25	0.332
SGB4938	0.251	0.41
SGB15402	0.252	0.633
SGB15291	0.253	0.087
SGB9333	0.254	0.209
SGB4664	0.254	0.066

SGB4906	0.254	0.216
SGB4711	0.254	0.202
SGB15065	0.256	0.177
SGB714_group	0.256	0.466
SGB4772	0.257	0.285
SGB3958	0.257	0.202
SGB4629	0.258	0.212
SGB14048	0.261	0.365
SGB15052	0.263	0.369
SGB14861	0.265	0.722
SGB9205	0.265	0.446
SGB4280	0.265	0.424
SGB4829	0.265	0.244
SGB4816	0.266	0.062
SGB2317	0.266	0.612
SGB15411	0.266	0.239
SGB5117	0.267	0.315
SGB14250	0.268	0.23
SGB14924	0.269	0.338
SGB4767	0.27	0.171
SGB6376	0.271	0.226
SGB4714	0.271	0.128
SGB4691	0.274	0.292
SGB14341	0.275	0.433
SGB15244	0.275	0.156
SGB5082_group	0.276	0.115
SGB4910	0.277	0.431
SGB4914	0.277	0.232
SGB8599	0.279	0.275
SGB4936	0.282	0.138
SGB15374	0.284	0.29
SGB72916	0.284	0.298
SGB4909	0.286	0.18
SGB15390	0.287	0.457
SGB15164	0.287	0.642
SGB15093	0.289	0.359
SGB13983	0.291	0.452

SGB5042	0.292	0.425
SGB4771	0.293	0.194
SGB15356	0.295	0.114
SGB72479	0.296	0.247
SGB4557	0.296	0.218
SGB3988	0.297	0.525
SGB15041	0.298	0.265
SGB14128	0.298	0.427
SGB15385	0.299	0.296
SGB6750	0.3	0.287
SGB4184	0.302	0.331
SGB3573	0.303	0.562
SGB66170	0.304	0.68
SGB15201	0.305	0.653
SGB15203	0.306	0.239
SGB79798	0.307	0.574
SGB15382	0.309	0.533
SGB4652	0.31	0.3
SGB9346	0.311	0.343
SGB14969	0.311	0.191
SGB4262	0.313	0.44
SGB4394	0.313	0.248
SGB61601	0.314	0.529
SGB15216	0.317	0.468
SGB14027	0.318	0.486
SGB4674	0.319	0.708
SGB14937	0.32	0.504
SGB15090	0.321	0.262
SGB9391	0.323	0.219
SGB15383	0.324	0.231
SGB29347	0.324	0.693
SGB14991	0.324	0.311
SGB14940	0.324	0.36
SGB4809	0.326	0.44
SGB6141	0.327	0.384
SGB4687	0.332	0.37
SGB63163	0.333	0.607

SGB14177	0.334	0.407
SGB4832	0.334	0.244
SGB15160	0.335	0.234
SGB48024	0.335	0.237
SGB6179	0.336	0.46
SGB4768	0.342	0.308
SGB5090_group	0.343	0.177
SGB29302	0.345	0.701
SGB9712_group	0.345	0.353
SGB3813	0.346	0.423
SGB79833	0.346	0.273
SGB4659	0.35	0.256
SGB4328	0.35	0.283
SGB4776	0.35	0.722
SGB1790	0.351	0.783
SGB14313	0.351	0.315
SGB5043	0.351	0.364
SGB15127	0.352	0.626
SGB15049	0.352	0.229
SGB42321	0.353	0.453
SGB15403	0.353	0.592
SGB15115	0.363	0.191
SGB4905	0.363	0.186
SGB14838	0.363	0.878
SGB15012	0.365	0.189
SGB9202	0.368	0.35
SGB80143	0.369	0.144
SGB3992	0.37	0.757
SGB7259	0.372	0.625
SGB4546	0.373	0.341
SGB14974	0.373	0.188
SGB13976	0.374	0.613
SGB15342	0.376	0.529
SGB2296	0.377	0.484
SGB14941	0.377	0.493
SGB3996	0.379	0.508
SGB53497	0.38	0.739

SGB15470	0.381	0.727
SGB14020	0.381	0.427
SGB1858	0.382	0.342
SGB14851	0.386	0.919
SGB6305	0.388	0.439
SGB14932	0.388	0.636
SGB15089	0.389	0.577
SGB1862	0.39	0.417
SGB15401	0.392	0.68
SGB4027	0.392	0.246
SGB15140	0.392	0.455
SGB2325	0.393	0.433
SGB14317	0.393	0.347
SGB4628	0.394	0.626
SGB4669	0.395	0.216
SGB15299	0.395	0.442
SGB6478	0.395	0.393
SGB14262	0.397	0.521
SGB63342	0.399	0.536
SGB4960	0.4	0.178
SGB63333	0.4	0.365
SGB15316_group	0.401	0.213
SGB4651	0.404	0.284
SGB1965	0.404	0.452
SGB15081	0.406	0.238
SGB59819	0.408	0.608
SGB2326	0.41	0.391
SGB14912	0.413	0.444
SGB14322_group	0.416	0.244
SGB3940	0.416	0.319
SGB4029	0.417	0.686
SGB2301	0.419	0.684
SGB63167	0.421	0.556
SGB14797_group	0.422	0.353
SGB5200	0.428	0.577
SGB17347	0.431	0.377
SGB4868	0.432	0.667

SGB15067	0.433	0.452
SGB53515	0.434	0.469
SGB15075	0.435	0.359
SGB4421	0.436	0.38
SGB5121	0.437	0.131
SGB9226	0.438	0.372
SGB2318	0.439	0.773
SGB14894	0.441	0.815
SGB4817	0.443	0.257
SGB14966	0.443	0.278
SGB3989	0.444	0.31
SGB15370	0.444	0.201
SGB14975	0.444	0.559
SGB4436	0.446	0.416
SGB14839	0.446	0.561
SGB14993_group	0.451	0.127
SGB15322	0.452	0.403
SGB9387	0.454	0.454
SGB3959	0.454	0.426
SGB6362	0.455	0.459
SGB4063	0.455	0.626
SGB14773_group	0.455	0.273
SGB29334	0.456	0.398
SGB14151	0.457	0.586
SGB15087	0.457	0.419
SGB14022	0.458	0.526
SGB14972	0.459	0.166
SGB15045	0.459	0.4
SGB4712	0.46	0.209
SGB15389	0.463	0.518
SGB82503	0.468	0.741
SGB15318_group	0.469	0.479
SGB1857	0.47	0.412
SGB4828_group	0.47	0.333
SGB4788_group	0.47	0.17
SGB79822	0.471	0.344
SGB4269	0.473	0.21

SGB14923	0.473	0.622
SGB2328	0.474	0.625
SGB1784	0.474	0.35
SGB14137	0.475	0.686
SGB15204	0.478	0.489
SGB7256	0.485	0.698
SGB15295_group	0.485	0.191
SGB14182	0.486	0.341
SGB29342	0.488	0.763
SGB4438	0.488	0.614
SGB14824_group	0.489	0.26
SGB2303	0.489	0.62
SGB9262	0.489	0.309
SGB14952	0.49	0.7
SGB14951	0.491	0.542
SGB15459	0.493	0.591
SGB6358	0.494	0.271
SGB14929	0.494	0.267
SGB15286	0.495	0.604
SGB5060	0.495	0.345
SGB15332_group	0.497	0.356
SGB15126	0.497	0.554
SGB72433_group	0.498	0.297
SGB4045	0.498	0.498
SGB1626	0.499	0.579
SGB5180	0.499	0.422
SGB4867	0.499	0.426
SGB4825	0.506	0.108
SGB4925	0.506	0.397
SGB53517	0.507	0.679
SGB1844	0.508	0.335
SGB14844	0.515	0.747
SGB4871_group	0.516	0.289
SGB14050	0.518	0.46
SGB25547	0.519	0.683
SGB1815	0.519	0.292
SGB3957	0.519	0.631

SGB54347	0.519	0.729
SGB6140	0.52	0.638
SGB14127	0.521	0.893
SGB29339	0.524	0.752
SGB1832	0.524	0.315
SGB9342_group	0.524	0.619
SGB15278	0.528	0.413
SGB9203	0.528	0.395
SGB1962	0.529	0.391
SGB5076	0.531	0.315
SGB4808	0.532	0.227
SGB15119	0.532	0.157
SGB3962	0.535	0.795
SGB14892	0.536	0.778
SGB4775	0.536	0.837
SGB4166	0.537	0.534
SGB7144	0.537	0.532
SGB4959	0.538	0.562
SGB63353	0.539	0.64
SGB14953	0.542	0.668
SGB6139	0.545	0.447
SGB16971	0.545	0.295
SGB15300	0.545	0.463
SGB3574	0.545	0.847
SGB47850	0.545	0.143
SGB63327	0.545	0.896
SGB4181	0.547	0.652
SGB15506	0.547	0.537
SGB5190	0.548	0.272
SGB14181	0.548	0.605
SGB1846	0.548	0.435
SGB15068	0.549	0.432
SGB4537	0.55	0.367
SGB14906	0.551	0.466
SGB9347	0.551	0.315
SGB1786	0.551	0.433
SGB7265	0.553	0.776

SGB4571	0.556	0.375
SGB29321	0.557	0.599
SGB4531	0.557	0.824
SGB15073	0.56	0.372
SGB14933	0.562	0.424
SGB15154	0.564	0.549
SGB6747	0.565	0.794
SGB15273	0.568	0.723
SGB4367	0.569	0.53
SGB15091	0.572	0.431
SGB3965	0.573	0.251
SGB63369	0.574	0.666
SGB9224	0.575	0.648
SGB3964	0.575	0.618
SGB6952	0.58	0.503
SGB4765	0.581	0.27
SGB29305	0.581	0.64
SGB4285_group	0.581	0.627
SGB5089	0.584	0.4
SGB4581	0.584	0.649
SGB59869	0.586	0.628
SGB4727	0.587	0.7
SGB25431	0.591	0.664
SGB2299	0.592	0.32
SGB1829	0.593	0.495
SGB4990	0.597	0.6
SGB1891_group	0.597	0.475
SGB2286	0.6	0.333
SGB17278	0.601	0.141
SGB1949	0.602	0.867
SGB63343	0.602	0.697
SGB5045	0.603	0.536
SGB5075_group	0.603	0.571
SGB8007_group	0.604	0.641
SGB29375	0.605	0.315
SGB6847	0.606	0.667
SGB1798	0.607	0.401

SGB4670	0.609	0.218
SGB4582_group	0.61	0.299
SGB4290	0.612	0.527
SGB14891	0.612	0.596
SGB1785	0.612	0.329
SGB15209	0.614	0.693
SGB14150	0.62	0.718
SGB33551	0.62	0.227
SGB14958	0.621	0.653
SGB14807	0.622	0.568
SGB4820	0.624	0.556
SGB1812	0.624	0.46
SGB4716	0.627	0.281
SGB4425_group	0.627	0.461
SGB9340	0.628	0.377
SGB14779	0.629	0.716
SGB14125	0.63	0.634
SGB14259	0.631	0.567
SGB4784	0.631	0.862
SGB15260	0.633	0.369
SGB14741	0.634	0.821
SGB4577_group	0.635	0.64
SGB71281	0.637	0.484
SGB14307	0.638	0.64
SGB5803	0.638	0.46
SGB58519	0.641	0.607
SGB5077	0.643	0.523
SGB15125	0.645	0.851
SGB15143	0.647	0.683
SGB4116	0.649	0.912
SGB4677	0.652	0.804
SGB15467_group	0.654	0.523
SGB7202	0.655	0.351
SGB6178	0.656	0.686
SGB6796_group	0.656	0.586
SGB6783_group	0.658	0.6
SGB1860	0.658	0.617

SGB4059	0.659	0.529
SGB63326	0.659	0.875
SGB9272_group	0.659	0.638
SGB15350	0.659	0.517
SGB14334	0.66	0.599
SGB1941	0.665	0.461
SGB16986	0.667	0.667
SGB14909	0.668	0.768
SGB1963	0.669	0.507
SGB4774	0.671	0.617
SGB14143	0.671	0.81
SGB15272	0.671	0.729
SGB29380	0.672	0.898
SGB4811_group	0.675	0.695
SGB4595	0.676	0.524
SGB4834	0.676	0.184
SGB4030	0.679	0.677
SGB8071	0.679	0.772
SGB2311	0.68	0.47
SGB3991	0.68	0.663
SGB4722	0.681	0.685
SGB17244	0.682	0.536
SGB3993	0.682	0.648
SGB4553	0.683	0.137
SGB6956	0.683	0.544
SGB1699	0.689	0.497
SGB6962_group	0.691	0.796
SGB4705	0.691	0.569
SGB1957	0.693	0.295
SGB4532	0.694	0.41
SGB4327_group	0.695	0.45
SGB59559	0.698	0.803
SGB4594	0.699	0.683
SGB5765_group	0.7	0.518
SGB17169	0.702	0.672
SGB15120	0.705	0.71
SGB1948	0.705	0.421

SGB14853	0.706	0.928
SGB14898	0.706	0.756
SGB48424	0.707	0.72
SGB5792	0.707	0.619
SGB6754	0.707	0.241
SGB1934	0.708	0.73
SGB14854	0.709	0.743
SGB6768	0.709	0.858
SGB15156_group	0.71	0.71
SGB4750	0.711	0.599
SGB14142	0.711	0.877
SGB17153_group	0.712	0.787
SGB4552_group	0.712	0.329
SGB4951	0.716	0.541
SGB4303	0.716	0.355
SGB9286	0.72	0.504
SGB5051	0.725	0.491
SGB17237	0.726	0.571
SGB4940	0.726	0.624
SGB4597	0.727	0.668
SGB4563_group	0.731	0.793
SGB1867	0.732	0.602
SGB47515	0.733	0.863
SGB59562	0.733	0.7
SGB8059_group	0.739	0.631
SGB4991	0.74	0.78
SGB4540_group	0.741	0.428
SGB14862	0.743	0.683
SGB4422	0.744	0.56
SGB15124	0.745	0.831
SGB14987	0.747	0.519
SGB7263	0.749	0.839
SGB9283	0.751	0.6
SGB4348	0.757	0.52
SGB14895	0.758	0.91
SGB17154	0.759	0.768
SGB17167	0.759	0.664

SGB4626	0.759	0.641
SGB5843	0.762	0.529
SGB4575	0.763	0.499
SGB4613	0.765	0.793
SGB15076	0.771	0.734
SGB17130	0.772	0.62
SGB15904	0.774	0.585
SGB4080	0.775	0.814
SGB6846	0.777	0.499
SGB5825_group	0.778	0.675
SGB14808	0.779	0.618
SGB4874	0.779	0.502
SGB9228	0.782	0.625
SGB6320	0.783	0.711
SGB9260	0.784	0.656
SGB8002	0.785	0.546
SGB6936	0.787	0.522
SGB14962	0.787	0.905
SGB8053	0.788	0.897
SGB4701	0.788	0.785
SGB5197	0.789	0.484
SGB4036	0.79	0.86
SGB4744	0.793	0.805
SGB1877	0.794	0.751
SGB29313	0.799	0.698
SGB14845	0.799	0.701
SGB14963	0.799	0.856
SGB8056	0.801	0.745
SGB6939	0.803	0.644
SGB17256	0.804	0.71
SGB4749	0.804	0.428
SGB3961	0.805	0.683
SGB7142	0.805	0.541
SGB14999	0.805	0.549
SGB4747	0.806	0.813
SGB15149	0.807	0.641
SGB4987	0.807	0.724

SGB6767	0.81	0.776
SGB17248	0.81	0.657
SGB4725	0.81	0.686
SGB59576	0.81	0.643
SGB1903_group	0.811	0.301
SGB5183	0.811	0.635
SGB49059	0.815	0.742
SGB4121	0.819	0.836
SGB25538	0.819	0.707
SGB3970	0.82	0.897
SGB3969	0.822	0.692
SGB14890	0.822	0.767
SGB1830_group	0.824	0.578
SGB7967	0.824	0.341
SGB17168	0.825	0.65
SGB8047	0.828	0.839
SGB4046	0.829	0.72
SGB1855_group	0.83	0.711
SGB3922	0.83	0.937
SGB14995	0.833	0.849
SGB7253	0.838	0.841
SGB48013	0.838	0.795
SGB4741	0.841	0.696
SGB4671	0.842	0.73
SGB15878	0.844	0.901
SGB6769	0.844	0.937
SGB14180	0.844	0.77
SGB29433	0.846	0.728
SGB1871	0.846	0.624
SGB5182	0.852	0.594
SGB5736	0.853	0.875
SGB6771	0.854	0.681
SGB4721	0.857	0.841
SGB14837	0.858	0.865
SGB4044	0.861	0.685
SGB8095	0.862	0.769
SGB17152	0.863	0.592

SGB1861	0.864	0.486
SGB66069	0.865	0.898
SGB4031	0.869	0.642
SGB6153	0.871	0.71
SGB7264	0.88	0.464
SGB15121	0.883	0.747
SGB25437	0.884	0.871
SGB14546_group	0.885	0.843
SGB4933_group	0.888	0.635
SGB4763	0.888	0.906
SGB5193	0.889	0.961
SGB7985	0.891	0.674
SGB4699	0.892	0.843
SGB19850_group	0.893	0.569
SGB17137	0.895	0.811
SGB4785	0.897	0.835
SGB15078	0.898	0.904
SGB53821	0.898	0.828
SGB15452	0.899	0.839
SGB15271	0.9	0.893
SGB4724	0.902	0.818
SGB8255_group	0.906	0.857
SGB79823	0.906	0.647
SGB8028_group	0.908	0.804
SGB4573_group	0.912	0.768
SGB14874	0.913	0.964
SGB4988	0.914	0.679
SGB5184	0.914	0.894
SGB4786	0.915	0.713
SGB4826_group	0.915	0.84
SGB4041	0.916	0.918
SGB7984	0.917	0.584
SGB4761	0.919	0.777
SGB4447	0.922	0.524
SGB6744	0.923	0.757
SGB1836_group	0.926	0.546
SGB1814	0.926	0.778

SGB4630_group	0.927	0.885
SGB8163	0.93	0.778
SGB4617	0.933	0.866
SGB4588_group	0.933	0.784
SGB4742	0.937	0.66
SGB4572	0.938	0.9
SGB10115	0.938	0.731
SGB15158	0.942	0.878
SGB29328	0.943	0.84
SGB4791	0.945	0.942
SGB4688	0.946	0.901
SGB10068	0.949	0.825
SGB71883	0.957	0.788
SGB4760	0.959	0.818
SGB4037_group	0.961	0.909
SGB4529	0.964	0.922
SGB4837_group	0.968	0.781
SGB79883	0.968	0.969
SGB4762	0.968	0.796
SGB4797	0.974	0.913
SGB14809	0.977	0.872
SGB4758_group	0.978	0.891
SGB4703	0.978	0.959
SGB4606	0.981	0.874
SGB4584	0.981	0.932
SGB15132	0.981	0.901
SGB4746	0.985	0.809
SGB4862	0.986	0.893
SGB4798	0.986	0.755
SGB4861	0.989	0.943
SGB4608	0.991	0.904
SGB4035	0.994	0.968
SGB4794_group	0.996	0.956
SGB4753	0.997	0.928
SGB4583	1	0.965