

Fact Sheet

Right child, right restraint, right time



Birth – 6 months

Legal requirement

Must be restrained in a rearward facing seat or capsule in the rear or middle row of seats.

Our advice

Use a dedicated infant seat that's specifically designed for small babies.



6 months – 4 years

Legal requirement

Must be restrained in a rearward facing seat or forward facing seat with an in-built harness in the rear or middle row of seats.

Our advice

Babies and infants are safer when rearward facing so try not to turn them around until they have good head and neck control.



4 years – 7 years

Legal requirement

Must be restrained in a forward facing seat with an in-built harness, or an approved booster seat with a correctly adjusted seatbelt.

Our advice

Look for a booster seat that has good head support and can grow with your child. Regardless of your child's age, a booster seat should be used until it has been outgrown. If you're unsure, please come and see our child safety experts for advice.



**For more information on child restraints please call 13 27 22,
visit ract.com.au or email child.restraints@ract.com.au**