

# Fact Sheet

## Shoulder height markers



### How do shoulder height markers work?

Shoulder height markers are on all child restraints. They make it easier for parents and carers to determine if a child seat is suitable for their child and when the child needs to move to the next type of restraint.

On some restraints they'll determine when the seat needs to be changed to the next mode. This system is to be used along with approximate recommended ages to determine the right restraint and mode of use.

### What do these markers mean?

The upper height marker indicates the maximum shoulder height for a child in the car seat. When their shoulder hits the top marker, they're ready to move to the next type of car seat.

The lower height marker indicates the minimum shoulder height for a child in the restraint. If the child's shoulder is below the marker, they're too small for this car seat.



**For more information on child restraints please call 13 27 22, visit [ract.com.au](http://ract.com.au) or email [child.restraints@ract.com.au](mailto:child.restraints@ract.com.au)**