

A black and white photograph of a muscular man's back, showing the spine and shoulder blades. The lighting creates strong shadows, emphasizing the musculature. The man is wearing dark-colored athletic shorts with a ribbed waistband.

Flowseat Pro

FLOWLIFE

Brochure

# Flowseat Pro



Premium Back Massager by Flowlife.

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# Manifest



In a world where limits are meant to be shattered, we fuel the fire of relentless pioneers. Our brand champions those who break the mold and embrace the extraordinary, symbolizing a life lived without compromise.

Committed to relentless innovation, we design for those who demand excellence and performance, understanding that the journey into the unknown often leads to unforgettable achievements.

We want to power dreams, aspirations, and triumphs of the audacious, sparking the passions of the unstoppable.

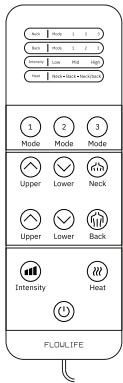
For those who redefine boundaries and explore new horizons, we are Flowlife. Made Possible.

## Why Flowseat Pro?

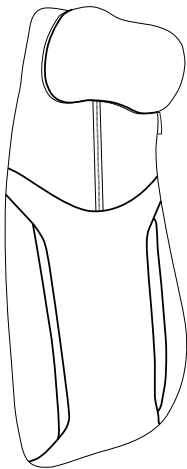
- **Advanced Sensor Technology** - Our sensor function detects your neck and locates the trapezius muscle, providing a massage that feels just like a human touch for instant fatigue relief.
- **Deep Muscle Relaxation** - Enjoy therapeutic heat penetrating deep into the neck and back muscles, enhancing your relaxation experience.
- **Personalized Massage Modes** - Select from three distinct modes and a spot treatment option, offering tailored care for your back and neck.
- **Ergonomic and Versatile Design** - Flowseat Pro fits seamlessly into your lifestyle, offering easy use, luxurious comfort, and a design that adapts perfectly to your body.

Discover quick, effective recovery with Flowseat Pro — because your best performance is Made Possible by Flowlife.

# Contains



Controller



Flowseat Pro Unit



# Flowseat Pro by Flowlife: A Com- prehensive Guide

Maximize the wellness benefits and performance of your Flowseat Pro Back Massager by Flowlife with this essential guide, designed to enhance your recovery and relaxation experience. This massager features advanced sensor technology, customizable modes, and therapeutic heat to provide comprehensive back care. Follow this guide to ensure optimal use and maintain your device for long-term benefit.

## Prepare Yourself

Before starting a session with the Flowseat Pro Back Massager, ensure that you are comfortably seated and that the area around you is free from obstructions. This provides a safe and relaxing massage experience.

## Starting Your Session

Easily activate the device by pressing the power button, setting the stage for a therapeutic back massage.

## Understanding the Sensor Technology

The Flowseat Pro Back Massager has advanced sensor technology that adapts to your body. The neck massager's sensor detects your neck position, locating the trapezius muscle, and adjusts to ensure a personalized massage experience. This automatic adjustment allows for precise targeting, relieving where you need it most.



# Selecting Your Massage Mode

Choose from tailored settings to address your back and neck's specific needs:

## **Mode 1 - Full Back Relaxation**

- Speed: Medium.
- Neck Movement: Sensor-guided.
- Neck Direction: Rotates clockwise for 2 minutes and counter clockwise for 2 minutes.
- Back Movement: Full coverage from top to bottom.
- Heat: On for both neck and back.

## **Mode 2 - Upper Back Focus**

- Speed: Low.
- Neck Movement: Sensor-guided.
- Neck Direction: Downwards.
- Back Movement: Focus on upper back.
- Heat: On for both neck and back.

## **Mode 3 - Lower Back Intensity**

- Speed: High.
- Neck Movement: Sensor-guided.
- Neck Direction: Upwards.
- Back Movement: Focus on lower back.
- Heat: On for both neck and back.

## Spot Treatment Mode

Adjust the position of both the neck and back massagers to focus on your preferred areas. Customize the heat and speed settings to achieve the perfect massage every time.

- Neck: Adjustable position with 2-minute clockwise and anticlockwise intervals.
- Back: Adjustable position with a 10 cm circular motion.

## Manual Mode

For a fully customizable experience, use the manual mode to control every aspect of your massage precisely:

- Speed: Adjustable to your preference.
- Neck Movement: Fixed.
- Back Movement: Precision targeting on specific areas.
- Heat: On or off, as you prefer.

## Customize Your Treatment

You can customize the treatment by simultaneously using different neck and back modes. For example, you can use a specific mode for the back while applying spot treatment for the neck. This flexibility allows you to tailor the massage to your needs, providing targeted relief and optimal comfort.

## Adjusting Massage Intensity

Customize your massage experience by adjusting the speed settings. Here's what each speed setting signifies:

- Low Speed: A gentle massage is perfect for relaxation and mild discomfort alleviation.
- Medium Speed: Provides a balanced massage, ideal for regular relaxation and moderate tension relief.
- High Speed: Delivers an intense massage to relieve tension in stiff or sore areas.

## Maximizing Benefits with Targeted Heat

Engage the heating function to add a layer of therapeutic heat to your neck and back. This added heat works with the massage to deepen muscle relaxation and improve circulation, enhancing overall recovery.

## Effortless Shut-down: Completing Your Session

After a fulfilling massage program, your Flowseat Pro Back Massager by Flowlife will automatically power down. If you wish to end the session earlier, press the power for an immediate shutdown.

By adhering to this guide, you'll enjoy the full spectrum of benefits the Flowseat Pro Back Massager by Flowlife offers, from therapeutic relief to enhanced back health, while maintaining the device for long-term use.







# For Muscle Soreness

For addressing muscle soreness with the Flowseat Pro Back Massager by Flowlife, integrating heat and utilizing specific modes can significantly enhance the effectiveness of the treatment. Here's how to optimize these features:



## Utilize Heat

Activate the warm setting to help loosen stiff muscles and increase blood circulation. The soothing heat relaxes the back and neck muscles, preparing them for a deeper massage and relieving the soreness.

## Select the Appropriate Mode

### **Mode 1**

This mode offers a balanced massage that covers the entire back from top to bottom, ensuring an even distribution of the therapeutic effects.

### **Mode 2**

This mode focuses on the upper back and uses downward massage movements, which are beneficial for improving circulation to the heart and supporting the lymphatic system.

### **Mode 3**

This mode targets the lower back with upward massage movements, which helps improve posture and alleviate tension.

## Spot Treatment Mode

Use the spot treatment mode to direct the massage exactly where you need it for highly localized soreness. Adjust the position and settings to concentrate on specific trouble spots, ensuring targeted and effective relief.

By thoughtfully combining heat with the most suitable massage mode, users can create a customized approach to tackling muscle soreness, ensuring immediate relief and long-term health benefits for the back and neck.

# For General Recovery

The Flowseat Pro Back Massager by Flowlife is essential for general recovery, offering a sanctuary for your back and neck after the stress of daily tasks or strenuous activities. Here's why it's a must-have for maintaining back and neck wellness:

## Enhanced Circulation

The Flowseat Pro Back Massager enhances circulation by combining gentle heat with massage action. It boosts blood flow and facilitates the delivery of oxygen and nutrients essential for muscle repair and health, helping to rejuvenate tired muscles.

## Muscle Relaxation

Its targeted massage programs effectively ease muscle tension across the back and neck, promoting relaxation and reducing the risk of muscle strain and overuse injuries. The alternating clockwise and counterclockwise motion in Mode 1 helps to distribute pressure evenly, providing comprehensive relief.

## Posture Improvement

Regular use of the Flowseat Pro Back Massager helps improve posture. The upward massage direction in Mode 3 encourages proper spine alignment, alleviating slouching and supporting better posture. This is crucial for preventing poor posture and chronic back and neck pain.

## Lymphatic System Support

The downward massage direction in Mode 2 benefits the lymphatic system, as it massages towards the heart. This action aids in detoxification and improves circulation, enhancing your body's natural recovery processes.

## Flexibility Improvement

The Flowseat Pro Back Massager enhances circulation by combining gentle heat with massage action. It boosts blood flow and facilitates the delivery of oxygen and nutrients essential for muscle repair and health, helping to rejuvenate tired muscles.



# After Your Workout

Post-workout recovery is as crucial as the workout to maintain back and neck health and ensure longevity in your fitness journey. The Flowseat Pro Back Massager by Flowlife plays a pivotal role in this phase, offering targeted relief and promoting faster recovery. Here's why it's beneficial.

## Alleviates Muscle Fatigue

After an intense workout, your back and neck muscles can feel tired and sore. The Flowseat Pro Back Massager helps to ease this discomfort, relaxing the muscles and reducing the sensations of stiffness and soreness.

## Promotes Circulation

The heat and massage action work synergistically to enhance blood flow to the back and neck. This increased circulation helps to speed up the recovery process by flushing out toxins and bringing essential nutrients to the muscles.

## Supports Flexibility

Regular post-workout massages help maintain and improve flexibility in your back and neck, which is crucial for everyday tasks and specific workout routines. This helps prevent stiffness and keeps your muscles supple.

Incorporating the Flowseat Pro Back Massager by Flowlife into your post-workout regimen ensures your back and neck recover properly, keeping them strong, flexible, and ready for the next challenge.







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A black and white photograph of a person's back and shoulder. A black strap, possibly a bra strap or a bag strap, is visible across the shoulder. The skin is smooth and the lighting creates soft shadows, emphasizing the contours of the body.

# FLOWLIFE

Active Lifestyle. Made Possible.