



AMIKAZE

Aerial Dance Studio

	Monday	Tuesday	Wednesday	Thursday	Friday
16:30 - 17:30	Pole Intermediate 2 Ana	Pole Intermediate 1 Maria	Campus Sport/Pole Start Maria	Pole Beginner 2 Gizem	Pole Courses / Pole Start Maria
17:30 - 18:30	Pole Stretch Ana	Pole Power Ana	Pole Beginner 1 Ana	Pole Juniors Intermediate Maria	Pole Courses / Pole Beginner 1 Maria
18:30 - 19:45	Pole Kamikaze / Open level Tanja	Pole Dance Tanja	Alphas – goal oriented group Maria	Pole Intermediate 2 Gizem	Alphas – goal oriented group Maria
19:45 - 20:45	Pole Heels Technique / Open level Maria	Pole Beginner 2 Tanja	Alphas – goal oriented group Maria	Pole Heels Choreography Maria	Alphas – goal oriented group Maria