



## 2023 Elevate Women's Ski camp

**Sunday 15<sup>th</sup> January**

**4.00pm-5.00pm**

**Camp check in/welcome event at RPK 3 Restaurant, Teton Village**

**Monday 16<sup>th</sup> January**

**Day 1**

**Technical Focus/Goal Setting**

**8:15 am**

**Meet outside white Base Tent- adjacent to Café 6311 and the Bridger center.**

8.30am

Load early Gondola access.

9:00am

Ski with group

12.00pm

**Group lunch provided, Murie Ballroom Hotel Terra**

1:00 pm

Ski with group

**4:00 pm**

**Après event at The Spur, Teton Mountain Lodge**

**Tuesday 17<sup>th</sup> January**

**Day 2**

**JH Tactics/Go For it**

8:15am

Meet your coach for early gondola/tram access.

9:00 am

Video Analysis groups/ BC experience/Ski with group

12.00 pm

**Group lunch provided, Solitude North**

1.00 pm

Video Analysis groups/ Ski with group

**4:00 pm**

**Après presentation by Barclay Rappoport, 'What's New and What's it Going to Do for ME'  
Olympic Room, Teton Village**

**Wednesday 18<sup>th</sup> January**

**Day 3**

**Camper's Day Off**

**Thursday 19<sup>th</sup> January**

**Day 4**

**Exploring the Mountain**

8:15am

Meet your coach for early gondola/tram access.

9:00 am

Video Analysis groups/ BC experience/Ski with group

12.00 pm

**Group lunch provided**

1.00 pm

Video Analysis groups/ Ski with group

4:00 pm

**Après presentation and movie trailer by Jessica Baker. Going Greenland.  
Olympic Room, Teton Village**

**Friday 20<sup>th</sup> January**

**Day 5**

**Wrap It Up**

8:15 am

Meet your coach for early gondola/tram access

9:00 am

BC experience/Ski with group

12:00 pm

**Group lunch provided, Solitude North**

1.00 pm

Ski with group

4:00 pm

End of Day

**6.00pm**

**Camp banquet dinner at Murie ballroom, Hotel Terra Teton Village**

**\*Camp Schedule Subject to Change**

