

Lady Shred Ski & Snowboard Camp

Monday

4pm-5pm Camp check in/registration- Location TBD

Tuesday

Day 1 Technical Focus/Goal Setting

8:15am Meet at the Bridger Gondola ready to Ski/Ride

8:30 am Load the Gondola

9:00 am Groups are formed on the slopes

12:00 pm Lunch provided 1:00 pm Ski/Ride with Group

4:00 pm Après event

Wednesday

Day 2 Refining Technique

8:15 am Meet at Bridger Gondola/Tram ready to Ski/Ride

8:30am Load the Gondola/Tram

9:00 am Ski/Ride with Group/video analysis sessions

12:00 pm Lunch provided

1:00 pm Ski/Ride with Group/video analysis sessions

4:00 pm End of Day

Thursday

Day 3 Expanding Terrain

8:15 am Meet at Bridger Gondola/Tram ready to Ski/Ride

8:30 am Load the Gondola/Tram

9:00 am Ski/Ride with Group/backcountry experience (conditions/abilities dependent)

12:00 pm Lunch provided1:00 pm Ski/Ride with Group

4.00pm End of Day

Friday

Day 4 Reaching Goals/Wrap it up

8:15 am Meet at Bridger Gondola/Tram ready to Ski/Ride

8:30 am Load the Gondola/Tram
9:00 am Ski/Ride with Group
12:00 pm Lunch provided
1:00 pm Ski/Ride with Group

6.00pm Camp banquet dinner. Location TBD

Camp Schedule Subject to Change.

<u>Campers will receive an updated schedule in the weeks leading up to their event.</u>

For more information on the Jackson/Teton Village area and travel in between please go to Jacksonhole.com/by-car.html