

## SKI WRIGHT CAMP

FRIDAY | DAY ONE

**GROUP FORMING, GOAL SETTING.** 

8:45 AM Meet coaches and groups at the base of Bridger Gondola.

(Look for camps flag, slightly uphill of entrance to Gondola)

9.00AM Load Bridger Gondola

Ski off to set groups on snow.

12:00 PM Lunch provided.

1:00 PM Ski with group/Video analysis sessions.

4:00 PM End of Day

SATURDAY | DAY TWO

**TECHNICAL INTRODUCTIONS & TACTICS** 

9:00 AM Meet your coach and group at the base of the Bridger Gondola

Ski with group.

12:00 PMLunch provided.1:00 PMSki with group.4:00 PMEnd of day

SUNDAY | DAY THREE

**EXPLORING NEW TERRAIN; RAISING THE BAR** 

9:00 AM Meet your coach and group at the base of the Bridger Gondola

Ski with group.

12:00 PM Lunch provided. 1:00 PM Ski with group.

4:00 PM Camp wrap up après and raffle- location TBD