



EARLY SEASON PERFORMANCE CAMP

DAY ONE

9.00 AM

12:00 PM

1:00 PM

4.00 PM

WELCOME! TECHNICAL FOCUS/GOAL SETTING

Meet coaches and groups at the base of Teewinot (at MSS Camps flag)

Warm up, group and goal setting. Ski/Ride with group.

Lunch provided.

Ski/Ride with group. Video analysis sessions.

End of day

DAY TWO

9.00 AM

12:00 PM

1:00 PM

4.00 PM

RAISE THE BAR WITH NEW TACTICS

Meet coaches at the base, warm up run.

Ski/Ride with group.

Lunch Provided

Ski/Ride with group.

Camp wrap up après event- location TBD

*This camp is offered to skiers and snowboarders. Disciplines will be coached separately.

*Camp Schedule Subject to Change

Participants will receive an updated schedule leading up to the camp.

For more information on the Jackson/Teton Village area and travel in between please go to Jacksonhole.com/by-car.html