

## **STEEP & DEEP CAMP 3**

Monday | February 2 Welcome to Jackson Hole!

4-5 pm Camp welcome & check in – Tram Dock Restaurant and Bar, Teton Village

Tuesday | February 3 Group formatting, goal setting, & technical focus

8:00 am Meet coaches and campers at the back of the Tram Dock

8:15 am Load The Tram

9:00 am Head to ski off location with coach.

12:00 pm Group Lunch 1:00 pm Ski with group.

4:00 pm Après event – The Spur, Teton Mountain Lodge, Teton Village

Wednesday | February 4 Technical progression & tactics

8:15 am Meet your coach for early tram access.

9:00 am Ski with group/Video analysis sessions/BC experience (ability/conditions

dependent)

12:00 pm Group lunch 1:00 pm Ski with group.

4:00 pm Après event – The Alpenhof, Teton Village

Thursday | February 5 Exploring the steeps: tactic and terrain amplification

8:15 am Meet your coach for early tram access.

9:00 am Ski with group/Video analysis sessions/BC experience (ability/conditions

dependent)

12:00 pmGroup lunch1:00 pmSki with group.4:00 pmEnd of Day

Friday | February 6 Completing objectives

8:15 AM Meet your coach for early tram access.

9:00 AM Ski with group/ BC experience (ability/conditions dependent)

12:00 PM Group lunch
1:00 PM Ski with group
4:00 PM End of Day

6:30 PM Camp Banquet Dinner, camp video presentation and raffle- Tram Dock bar and

restaurant