



LADY SHRED

SKI & SNOWBOARD CAMP

MONDAY | CHECK-IN

4-5 PM

WELCOME TO JACKSON HOLE!

Camp welcome & check in – Location TBD

TUESDAY | DAY ONE

8:15 AM

8:30 AM

9:00 AM

12:00 PM

1:00 PM

4:00 PM

TECHNICAL FOCUS/GOAL SETTING

Meet at Private lesson meeting area-adjacent to café 6311 and Bridger Center

Load early Gondola access with coach and group.

Ski/Ride off to finalize groups.

Group Lunch provided.

Ski/Ride with Coach

Après event - location TBD

WEDNESDAY | DAY TWO

8:30 AM

9:00 AM

12:00 PM

1:00 PM

4:00 PM

TECHNICAL INTRODUCTIONS & APPLYING NEW TACTICS

Meet your coach for early gondola/tram access.

Ski/Ride with coach/ Video Analysis sessions.

Group lunch provided.

Ski/Ride with coach/ Video Analysis sessions.

Après event - location TBD

THURSDAY | DAY THREE

8:30 AM

9:00 AM

12:00 PM

1:00 PM

4:00 PM

EXPLORING TERRAIN: RAISE THE BAR WITH NEW TACTICS

Meet your coach for early gondola/tram access.

Ski/Ride with coach/ Video Analysis sessions/BC experience (ability/conditions dependent)

Group lunch provided.

Ski/Ride with coach/ Video Analysis sessions.

End of Day. No Après event.

FRIDAY | FINAL DAY

8:30 AM

9:00 AM

12:00 PM

1:00 PM

4:00 PM

6:30 PM

COMPLETING OBJECTIVES

Meet your coach for early gondola/tram access.

Ski with coach /BC experience (ability/conditions dependent)

Group lunch provided.

Ski/Ride with group

End of Day

Camp Banquet Dinner – Location TBD

*Camp Schedule Subject to Change

Participants will receive an updated schedule leading up to their camp.

For more information on the Jackson/Teton Village area and travel in between please go to Jacksonhole.com/by-car.html