



**foot & ankle**  
SPECIALTY GROUP

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address: \_\_\_\_\_ Home Tel: (\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Wk Tel: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_ Cell Tel: (\_\_\_\_) \_\_\_\_\_

SS# \_\_\_\_\_

\*Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about THE FOOT AND ANKLE SPECIALTY GROUP?

\_\_\_\_\_

Have you been to our website ([WWW.YOURFOOTDOC.COM](http://WWW.YOURFOOTDOC.COM))? \_\_\_\_ was our website helpful?  No  Yes

If No, pls. list reason: \_\_\_\_\_

Employer \_\_\_\_\_ Address \_\_\_\_\_

Occupation: \_\_\_\_\_ Marital Status: \_\_\_\_\_

**Primary Insurance Co.** \_\_\_\_\_ Policy # \_\_\_\_\_

Group # \_\_\_\_\_ Name of person insured \_\_\_\_\_ SS# \_\_\_\_\_

Eligibility Phone # \_\_\_\_\_ Copay \_\_\_\_\_

**Secondary Insurance Co.** \_\_\_\_\_ Policy # \_\_\_\_\_

Group # \_\_\_\_\_ Name of person insured \_\_\_\_\_ SS# \_\_\_\_\_

Eligibility Phone # \_\_\_\_\_ Copay \_\_\_\_\_

**ASSIGNMENT AND RELEASE**

I, the undersigned, have insurance coverage with \_\_\_\_\_ and assign directly to Foot and Ankle specialty group, Professional Corporation, all Medical benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges, whether or not paid by insurance. If the nature of the disability be such that it is not covered by insurance, I will be responsible to the doctor for payment of the entire bill. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all my insurance submissions.

Signature of Insured/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

---

---

## HEALTH INFORMATION

Have you been diagnosed with any chronic problems?  
If so, please list them.

\_\_\_\_\_

\_\_\_\_\_

---

---

Personal Past Medical History:

Do you have any chronic medical problems? (Circle all that apply)

- |                     |                       |                  |
|---------------------|-----------------------|------------------|
| High Blood Pressure | Diabetes              | Cancer           |
| Heart Disease       | Kidney Disease        | HIV or AIDS      |
| Heart Failure       | Psychiatric Diagnosis | Stroke           |
| Seizures            | Bleeding Problems     | Hepatitis        |
| Heart Attack        | Liver Disease         | Emphysema        |
| Chest Pain          | Gastric Reflux        | Stomach Problems |
|                     | Asthma                | Other _____      |

Is there a personal or family history of anesthetic complications?  No  Yes  
If yes, please explain \_\_\_\_\_

Family History:

Do you have a family history of any medical problems? (Circle all that apply) Please indicate family member.

- |                     |                       |                  |             |
|---------------------|-----------------------|------------------|-------------|
| High Blood Pressure | Diabetes              | Cancer           | Asthma      |
| Heart Disease       | Kidney Disease        | HIV or AIDS      | Other _____ |
| Heart Failure       | Psychiatric Diagnosis | Stroke           |             |
| Seizures            | Bleeding Problems     | Hepatitis        |             |
| Heart Attack        | Liver Disease         | Emphysema        |             |
| Chest Pain          | Gastric Reflux        | Stomach Problems |             |

---

---

Please list all prior Hospitalizations/ or Operations:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

---

---

Please list ALL medications:

**(Prescriptions, Over the Counter Medicines, Aspirin, Vitamins and Herbal Supplements such as Fish Oil)**

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

---

Please list ALL allergies and describe reactions: (i.e. Shellfish, Latex, Penicillin, etc.).

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

---

Social History:

Have you ever used tobacco products?  No  Yes If yes, how long? \_\_\_\_\_ how much? \_\_\_\_\_

Which tobacco product(s) have you used? \_\_\_\_\_

If you are a former smoker, state the year you stopped: \_\_\_\_\_

Alcohol Consumption: \_\_\_\_\_ Never (Do not consume alcohol) \_\_\_\_\_ Rare (1-2 drinks a week)  
\_\_\_\_\_ Moderate (7-10 drinks a week) \_\_\_\_\_ Heavy (daily or more than 10 drinks a wk)

Did you ever drink heavily in the past?  No  Yes

History of drug use?  No  Yes

Do you currently have thoughts of harming yourself?  No  Yes

---

## Review of Systems:

Please answer the following Yes or No questions to the best of your ability. Do you have any of the following conditions, illnesses or symptoms?

### CARDIOVASCULAR

High Blood Pressure Y \_\_\_ N \_\_\_  
Heart Attack Y \_\_\_ N \_\_\_  
Angina/chest pain Y \_\_\_ N \_\_\_  
Heart bypass surgery Y \_\_\_ N \_\_\_  
Pacemaker Y \_\_\_ N \_\_\_

Heart Failure Y \_\_\_ N \_\_\_  
Irregular Heartbeat Y \_\_\_ N \_\_\_  
Heart Murmur Y \_\_\_ N \_\_\_  
Do you exercise? Y \_\_\_ N \_\_\_  
Comments: \_\_\_\_\_

### NEUROLOGICAL

Stroke Y \_\_\_ N \_\_\_  
Seizures Y \_\_\_ N \_\_\_  
Fainting Y \_\_\_ N \_\_\_  
Dizziness Y \_\_\_ N \_\_\_  
Headache Y \_\_\_ N \_\_\_  
Double Vision Y \_\_\_ N \_\_\_

### RESPIRATORY

Abnormal Chest X-ray Y \_\_\_ N \_\_\_  
Asthma Y \_\_\_ N \_\_\_  
Bronchitis Y \_\_\_ N \_\_\_  
Emphysema Y \_\_\_ N \_\_\_  
Recent Chest Infection Y \_\_\_ N \_\_\_  
Shortness of Breath Y \_\_\_ N \_\_\_  
Shortness of Breath at night Y \_\_\_ N \_\_\_  
Shortness of Breath on exertion Y \_\_\_ N \_\_\_  
Cough Y \_\_\_ N \_\_\_  
Cough with Sputum Y \_\_\_ N \_\_\_  
Sleep Apnea Y \_\_\_ N \_\_\_  
-Use a C-PAP Machine? Y \_\_\_ N \_\_\_

### PSYCHIATRIC

Depression Y \_\_\_ N \_\_\_  
Anxiety Y \_\_\_ N \_\_\_  
Psychiatric Care Y \_\_\_ N \_\_\_  
Obsessive Compulsive Disorder Y \_\_\_ N \_\_\_

### MUSCULOSKELETAL

Sciatica Y \_\_\_ N \_\_\_  
Herniated disc Y \_\_\_ N \_\_\_  
Arthritis Y \_\_\_ N \_\_\_  
Rheumatoid Y \_\_\_ N \_\_\_  
Neck, Back, Arm, Leg Prob Y \_\_\_ N \_\_\_

### ENDOCRINE

Diabetes Y \_\_\_ N \_\_\_  
Thyroid Disease Y \_\_\_ N \_\_\_  
Taken Steroids Y \_\_\_ N \_\_\_

### INFECTIOUS

GASTROINTESTINAL  
Jaundice Y \_\_\_ N \_\_\_  
Hepatitis Y \_\_\_ N \_\_\_  
Ulcers Y \_\_\_ N \_\_\_  
Hiatal Hernia Y \_\_\_ N \_\_\_  
Heartburn Y \_\_\_ N \_\_\_

### HEMATOLOGIC/ONCOLOGIC/

Bleeding Tendency Y \_\_\_ N \_\_\_  
Easy Bruising Y \_\_\_ N \_\_\_  
Anemia Y \_\_\_ N \_\_\_  
Sickle Cell Disease Y \_\_\_ N \_\_\_  
Blood clots in legs Y \_\_\_ N \_\_\_  
Blood clots in lungs Y \_\_\_ N \_\_\_  
Radiation Therapy Y \_\_\_ N \_\_\_

### SKIN

Basal cell skin cancer Y \_\_\_ N \_\_\_  
Melanoma Y \_\_\_ N \_\_\_  
Staph Infection Y \_\_\_ N \_\_\_

### URINARY

Kidney Disease Y \_\_\_ N \_\_\_  
Urinary Disease Y \_\_\_ N \_\_\_  
Dialysis Y \_\_\_ N \_\_\_

### EYES

Cataracts Y \_\_\_ N \_\_\_  
Glaucoma Y \_\_\_ N \_\_\_

## **HIPAA NOTICE OF PRIVACY PRACTICES**

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review carefully.

This notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment, and health care operations (TPO) and for other purposes permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health condition and related health services.

**Uses and Disclosures of Protected Health Information** Your protected health information (PHI) may be used and disclosed by your Physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, support the operation of the physician's practice, and any other use required by law.

### **Warning Regarding HIPAA and Email/Text Communications**

**Dr. Salma Aziz and her practice take every step possible to maintain your privacy and to stay compliant with all HIPAA laws. However, currently in technology it is not possible to ensure complete privacy between you and our practice for email and text communications. In other words, if you are to text or email any of your medical information or photos to our practice it cannot be guaranteed that all the information is compliant with HIPAA privacy laws and it is possible that some of it could be inadvertently exposed. For this reason, we want to make clear that HIPAA compliance is not possible for all text and emails between you and either Dr. Aziz or any of her staff and you should be warned of the possibility of sensitive information being unprotected. Your signature below memorializes your understanding of this important issue.**

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information as necessary to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may use or disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by your name in the waiting room when your physician is ready to see you. We may disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations include: as Required By Law, Public Health issues as required by law, Communicable Diseases: Health Oversight: Abuse or Neglect: Food and Drug Administration requirements: Legal Proceedings: Law Enforcement: Coroners: Funeral Directors, and Organ Donation: Research, Criminal Activity: Military Activity and National Security: Worker's Compensation: Inmates: required Uses and Disclosures: Under the Law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to Investigate or determine our compliance with the requirements of Section 164.500.

Other Permitted and Required Uses and Disclosures will be made only with your Consent, Authorization or Opportunity to object unless required by law.

You may revoke this authorization, at any time, in writing, except to the extent that you physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

Your rights: Following is a statement of your rights with respect to your protected health information.

You have the right to request a restriction of your protected health information: Under Federal law, however, you may not inspect or copy the following records: psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal or a administration action or proceedings, and protected health information that is subject to law that prohibits access to protected health information.

You have the right to request a restriction of your protected health information: This means you may ask us not to use or disclose any part of you protected health information for the purpose of treatment, payment, or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and whom you want the restriction to apply.

Your physician is not required to agree to a restriction that you may request. If your physician believes it is in your best interest to permit use and disclose your protected health information, your protected health information will not be restricted. You then have the right to use another healthcare Professional.

**You have the right to request to receive confidential communication from us by alternative means or at an alternative location:** You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively i.e. electronically.

**You have the right to have your physician amend you protected health information:** If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

**You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information:**

We reserve the right to change terms of this notice and will inform you by mail of any changes, you then have the right to object or withdraw as provided in this notice.

We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to this form, please ask to speak with our HIPPA Compliance Officer in person or by telephone at our main telephone number (949)766-8505

Signature below is only acknowledgement that you have received this Notice of our Privacy Practices:

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient Signature (Guardian)

\_\_\_\_\_  
Date

**Foot and Ankle Specialty Group**  
**22032 El Paseo suite #140**  
Rancho Santa Margarita, Ca 92688  
949-766-8505  
949-766-5782

### **PATIENT FINANCIAL RESPONSIBILITY POLICY**

YOUR UNDERSTANDING OF OUR FINANCIAL POLICIES IS AN ESSENTIAL ELEMENT OF YOUR CARE AND TREATMENT. IF YOU HAVE ANY QUESTIONS, PLEASE ASK FOR THE OFFICE SUPERVISOR, OR CONTACT OUR BILLING DEPT: 973-256-1998 EXT \*126

- UNLESS OTHER ARRANGEMENTS HAVE BEEN MADE IN ADVANCE BY YOU, OR YOUR HEALTH INSURANCE CARRIER, PAYMENT FOR OFFICE SERVICES ARE DUE AT THE TIME OF SERVICE. WE WILL ACCEPT VISA, MASTERCARD, DISCOVER, AMERICAN EXPRESS, CASH OR CHECK.
- YOUR INSURANCE POLICY IS A CONTRACT BETWEEN YOU AND YOUR INSURANCE COMPANY. AS A COURTESY WE WILL FILE YOUR INSURANCE CLAIM FOR YOU IF YOU ASSIGN THE BENEFITS TO THE DOCTOR. IN OTHER WORDS, YOU AGREE TO HAVE YOUR INSURANCE COMPANY PAY THE DOCTOR DIRECTLY. IF YOUR INSURANCE COMPANY DOES NOT PAY THE PRACTICE WITHIN A REASONABLE PERIOD, THE PATIENT IS RESPONSIBLE.
- WE HAVE MADE ARRANGEMENTS WITH CERTAIN INSURERS AND OTHER HEALTH PLANS TO ACCEPT AN ASSIGNMENT OF BENEFITS. WE WILL BILL THOSE PLANS WITH WHICH WE HAVE AN AGREEMENT AND WILL ONLY REQUIRE YOU TO PAY THE COPAY/ COINSURANCE/ DEDUCTIBLE AT THE TIME OF SERVICE.
- IF YOU HAVE INSURANCE COVERAGE WITH A PLAN THAT WE DO NOT HAVE A CONTACT WITH, WE CAN OFFER YOU A 'CASH' PRICE, AND GIVE YOU A RECEIPT SO YOU CAN FILE WITH YOUR INSURANCE PLAN.
- ALL HEALTH PLANS ARE NOT THE SAME AND DO NOT COVER THE SAME SERVICES. IN THE EVENT YOUR PLAN DETERMINES A SERVICE TO BE "NOT COVERED", OR YOU DO NOT HAVE AN AUTHORIZATION, YOU WILL BE RESPONSIBLE FOR THE COMPLETE CHARGE. WE WILL ATTEMPT TO VERIFY BENEFITS FOR SOME SPECIALIZED SERVICES; HOWEVER, YOU REMAIN RESPONSIBLE FOR ANY SERVICES RENDERED. PATIENTS ARE ENCOURAGED TO CONTACT THEIR PLANS FOR CLARIFICATION.
- YOU MUST INFORM THE OFFICE OF ALL INSURANCE CHANGES AND AUTHORIZATION/ REFERRAL REQUIREMENTS. IN THE EVEN THE OFFICE IS NOT INFORMED, YOU WILL BE RESPONSIBLE FOR ANY CHARGES DENIED.
- FOR MOST SERVICES PROVIDED IN THE HOSPITAL/ SURGERY CENTER, WE WILL BILL YOUR HEALTH PLAN. ANY BALANCE DUE IS YOUR RESPONSIBILITY.
- THERE ARE CERTAIN ELECTIVE SURGICAL PROCEDURES FOR WHICH WE REQUIRE A PRE-PAYMENT. YOU WILL BE INFORMED IN ADVANCE IF YOUR PROCEDURE IS ONE OF THOSE. IN THAT EVENT, THE PAYMENT WILL BE DUE ONE WEEK PRIOR TO SURGERY.
- PAST DUE ACCOUNTS ARE SUBJECT TO COLLECTIONS PROCEEDINGS. ALL COSTS INCURRED INCLUDING, BUT NOT LIMITED TO, COLLECTIONS FEES, ATTORNEY FEES, AND COURT FEES SHALL BE YOUR RESPONSIBILITY IN ADDITION TO THE BALANCE DUE TO THE OFFICE.
- THERE IS A SERVICE FEE FOR ALL RETURNED CHECKS OF \$35.00, \$45.00 FEE FOR MISSED APPOINTMENTS NOT CANCELLED WITH 24 HOURS ADVANCE NOTICE, \$45.00 FOR EDD/ DISABILITY PAPERWORK AND \$20 FOR EACH EXTENSION. \$35.00 FOR MEDICAL RECORDS.

### **NO SHOW/CANCELLATION POLICY**

All appointment no-shows and same day cancellations that are scheduled will require a \$45.00 service fee that will be charged. All cancellations must be 48 hours (two business days) prior to the scheduled appointment time to avoid this fee. By signing this document, you have acknowledged that you understand the service fee for No Show/Same Day Cancellations and have authorized the specific credit card to charge in the event of this situation. This consultation fee will also be charged at the end of the business day prior to your consult date. Thank you for your understanding and cooperation.

Thank you for your understanding and cooperation.

---

Patient Signature (Guardian)

---

Date

