

Barnstondale Weekly Meal Planner

From January 2022 - December 2022



Weekday	Breakfast	Lunch	Dinner
Monday	Selection of cereals Toast with jam/marmalade Cooked breakfast (bacon, sausage, eggs, beans and hash browns)	Selection of wraps (fillings: tuna, ham, cheese) Selection of salads Homemade coleslaw Crisps Fruit Yoghurt Drinks cup	<u>Children's Choice</u> Chicken nuggets or Fish fingers With chips, spaghetti hoops and peas <u>Adult's Choice</u> Steak pie, chips, peas and gravy or Fish, chips and mushy peas <u>Dessert</u> Ice sponge
Tuesday	Selection of cereals Toast with jam/marmalade Cooked breakfast (bacon, sausage, eggs, beans and hash browns)	Selection of sandwiches (fillings: ham, egg mayo, cheese) Selection of salads Homemade coleslaw Crisps Fruit Yoghurt Drinks cup	Chicken tikka with rice & naan bread or Filled jacket potato (tuna, cheese or beans) and salad <u>Dessert</u> Arctic roll with peaches
Wednesday	Selection of cereals Toast with jam/marmalade Cooked breakfast (bacon, sausage, eggs, beans and hash browns)	Selection of baguettes (fillings: chicken tikka, ham, tuna) Selection of salads Homemade coleslaw Crisps Fruit Yoghurt Drinks cup	Cottage pie with steamed veg or Homemade pizza and curly fries (toppings: ham & pineapple, margherita or pepperoni) <u>Dessert</u> Homemade sponge and custard
Thursday	Selection of cereals Toast with jam/marmalade Cooked breakfast (bacon, sausage, eggs, beans and hash browns)	Selection of batches (fillings: chicken & bacon mayo, ham, cheese) Selection of salads Homemade coleslaw Crisps Fruit Yoghurt Drinks cup	Pasta bolognese with garlic bread or Sausages, mash, veg and gravy <u>Dessert</u> Profiteroles with chocolate sauce
Friday	Selection of cereals Toast with jam/marmalade Cooked breakfast (bacon, sausage, eggs, beans and hash browns)	Selection of wraps (fillings: tuna, ham, cheese) Selection of salads Homemade coleslaw Crisps Fruit Yoghurt Drinks cup	Chicken & ham pasta bake or Chicken burger, fries and salad <u>Dessert</u> Selection of iced doughnuts
Saturday	Selection of cereals Toast with jam/marmalade Cooked breakfast (bacon, sausage, eggs, beans and hash browns)	Selection of baguettes (fillings: egg mayo, ham, tuna) Selection of salads Homemade coleslaw Crisps Yoghurt Drinks cup	<u>Children's Choice</u> Chicken nuggets or Fish fingers With chips, spaghetti hoops and peas <u>Adult's Choice</u> Steak pie, chips, peas and gravy or Fish, chips and mushy peas <u>Dessert</u> Strawberry cheesecake

1. Please specify any special dietary requirements on your Visit Plan.
2. Please inform the booking office if you would like to discuss any dietary concerns with our Head of Catering.

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Weekday	Breakfast	Lunch	Dinner
Sunday	Selection of cereals Toast with jam/marmalade Cooked breakfast (bacon, sausage, eggs, beans and hash browns)	Roast Dinner (Roast pork with stuffing, roast potatoes, steamed veg, yourkshire pudding and gravy) Apple crumble & custard	Selection of sandwiches (fillings: ham, chicken mayo, cheese) Selection of salads Homemade coleslaw Crisps Yoghurt Drinks cup