

THE BARNSTONDALE CENTRE – ACTIVITY RISK ASSESSMENT – INDOOR OBSTACLE COURSE

Assessment Ref No:		ACT008		Area or Activity Assessed:	Sports Hall	
Assessment Date:		25 Sep 25				
Person who may be affected by this activity		Staff, Visitors, Contractors, Service Users and anyone else who may physically come into contact with the business				
Ser	What are the hazards?	Who might be harmed and how?	Pre-Control Risk Rating (likelihood x severity)	What are we doing/Controls required?	Action needed	Post-Control Risk Rating (likelihood x severity)
1	Slipping, tripping, falling within sports hall. Hit by equipment. Tripping over equipment. Incorrect use of equipment	Staff & visitors	3x2=6	Staff to have completed the relevant section in the staff training manual. Staff training to be delivered on obstacles and hazards. Staff to stay side of participant throughout obstacle course. Staff to demonstrate take off/landing of all obstacles. Equipment and obstacles to be used safely throughout tasks. Nobody to stand directly underneath equipment obstacle when going over and under obstacles.	Safety brief required at all times for every new group participating.	2x2=4

Risk Ratings

Risk Matrix								
Risk rating guidance	Likelihood (L)	5	5	10	15	20	25	Likelihood (L) x Severity (S) = Risk Rating (RR).
		4	4	8	12	16	20	
		3	3	6	9	12	15	
		2	2	4	6	8	10	
		1	1	2	3	4	5	
			1	2	3	4	5	
Severity (S)								
Acceptability of risk guidance	High-risk: 15 – 25		High-risk activities should cease immediately. Further effective control measures to mitigate risks must be introduced.					
	Medium-risk: 8 – 12		Medium-risks are an acceptable level based on the reduced likelihood after sufficient control measures are implemented.					
	Low-risk: 1-6		Low-risks are largely acceptable. Where it is reasonable to do so, efforts should be made to reduce risks further.					
Guidance. When completing a risk assessment, you should:	<ol style="list-style-type: none">1. Identify the persons at risk and the significant hazards.2. Calculate an initial RR for the activity.3. Identify risk control measures that reduce the risks to an acceptable level.4. Calculate a revised RR - you should consider how much safer the task will be if the control measures are followed. Here, you should consider changing both the likelihood (L) and the severity (S) ratings.							
Note. Ideally, you should look to reduce the risks so that the task can be classified as “low-risk”.								

Likelihood	Definition	Points rating
Inevitable	If the work continues as it is, there is almost 100% certainty that an accident will happen, for examples: A broken stair or broken rung on a ladder, Bare, exposed electrical conductors, Unstable stacks of heavy boxes	5
Highly likely	Will happen more often than not. Additional factors could precipitate an incident but it is still likely to happen without this additional factor.	4
Possible	The accident may occur if additional factors precipitate it, but it is unlikely to happen without them.	3
Unlikely	This incident or illness might occur but the probability is low and the risk minimal.	2
Remote possibility	There is really no risk present. Only under freak conditions could there be any possibility of an accident or illness. All reasonable precautions have been taken - This should be the normal state of the workplace.	1

Severity	Definition	Points rating
Very high	Causing multiple deaths and widespread destruction eg. fire, course/building collapse.	5
High	Causing death, serious injury or permanent disability to an individual.	4
Moderate	Temporary disability causing injury (to member of the public, contractor or employees) or disease capable of keeping an employee off work for seven days or more and reportable under RIDDOR (Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995).	3
Slight	Minor injury (to member of the public, contractor or employee), which would allow the individual to continue work after first aid treatment on site or at a local surgery. The duration of the stoppage or treatment is such that the normal flow of work is not seriously interrupted.	2
Nil	Very minor injury, bruise, graze, no risk of disease.	1

Document Control (Amendments)

DATE	AMENDMENT(S)	AGREED BY
05 Oct 21	Whole Document	Mark Radcliffe (electronically signed)
13 Nov 23	Whole Document	Mark Radcliffe (electronically signed)
13 Nov 24	Whole Document	Mark Radcliffe (electronically signed)
25 Sep 25	Whole Document	Mark Radcliffe (electronically signed)