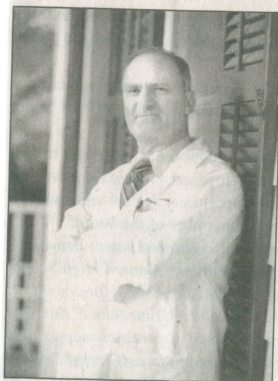




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New Canton-based medical spa touts latest advances in skin care technology



Dr. Joseph Russo

By Mary Ann Price
Citizen Staff

Dream Spa Medical offers a long list of skin care services to clients, much like other spas in the area. But what sets the new Canton facility apart is that it has its own medical director.

Dr. Joseph A. Russo, a board certified and Harvard trained plastic surgeon, opened Dream Spa Medical last May with Dr. Evetta Schwartzman and Dr. Konstantin Ronkin, owners of Dream Smile Dental, which shares the building at 2184 Washington Street in Canton.

"When you redo a smile, there are other cosmetic options for the face," said Dream Spa owner and business manager Diana Brouillard. "They wanted to complement what they do downstairs and do something for the Canton community."

The two dentists contacted their friend Dr. Russo about creating a skin care spa. Russo has practiced medicine for more than 20 years. He founded the Aesthetic Institute of Massachusetts, where he trains nurses on botox, fillers and aesthetic injectables.

Dream Spa Medical's services for clients include hydrafacials, microdermabrasion, medical facials

and peels, botox, tattoo removal, and eyelash extensions.

"Lasers are used for skin tightening, evening out skin tone, hair removal, and to treat broken capillaries," said Brouillard.

Dream Spa clients can also take advantage of chemical peels. "They help alleviate acne, get rid of pigmentation, and minimize the appearance of wrinkles," Brouillard explained.

Julie Kamin, RN, MSW, is a nurse injector at Dream Spa and spoke of the effect that Dr. Russo has on the team members at the spa.

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"He's actually a trainer," she said. "Our staff is constantly being trained. We have access to a lot of new technology."

Other members of the staff are Jean E. Donoghue, LPN, CNC ET; Cherylin Paradis, RN; Tara Malone Finn, medical aesthetician; Julia Faktorovich, state board licensed cosmetologist; Kelly Ford, licensed aesthetician; Mary Kelley, a graduate of the Catherine Hinds Institute of Esthetic's 1200 Master Esthetic program; and Slone Mathieu, licensed medical aesthetician and makeup artist.

The second floor space comprises a waiting area, reception counter and four treatment rooms, all painted in

light blue. Each space is designed for a different technology treatment, such as Ultherma, which uses ultrasound technology to treat wrinkled and sagging skin. The staff uses the Diamond Delphia Crystal-Free Microdermabrasion machine for skin resurfacing treatments.

Brouillard explained that Dream Spa offers unique types of facials, such as the dermaglow, which combines lasers with a hydrafacial. "The hydrafacial disperses hydrating serums and anti-aging serums through handpieces into the skin," she said. "It puts it deeply into the skin."

Since it is a medical spa, Dream Spa offers different grades of chemical peels, such as the Vitality Institute peel, which treats acne and anti-aging.

"I've never seen results like that from a peel," Brouillard said. "It's instant and effective. The ingredients in them are good for your skin. They're hydroquinone-free."

Brouillard reiterated that having a medical director at Dream Spa Medical is the key to the wide range of treatments offered.

"The combination of technology, professionalism and skill sets that we have and how Dr. Russo oversees it is a huge benefit that sets us apart. It makes a huge difference," she said. "Everybody is very passionate about what they do here and are looking for more and more training."

For more information on Dream Spa Medical, call 781-561-9257 or go to www.dreamspamedical.com.