

## **CHEMICAL PEELS**

Dream Spa Medical offers a variety of chemical peels to address any cosmetic concern. Options include gentle treatments for superficial improvements, as well as moderate to advanced peels for deeper corrections.

Peels are a generally safe and effective method for improving skin tone & texture, fine line & wrinkles, and dark spots & stubborn discoloration. We also offer several peels designed to improve congestion and active acne conditions.

Introductory peels are available as a means of pre-conditioning the skin for more advanced therapies. From there we can amp up the treatment level until your desired results are achieved. All of our peels are customized to your skin type and concerns, with consideration to your desired down time and price point.

Most patients require a series of 4-6 treatment every 2 weeks to correct damaged skin. However, a single session can go a long way to providing you with healthier looking, radiant skin.

### **PRE-TREATMENT**

- Avoid sun exposure & tanning beds 4 days prior to your appointment.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions 2-4 days prior to your appointment.
- Avoid waxing, bleaching or depilatory use 4 days prior to your appointment.

### **POST-TREATMENT**

- Mild to moderate redness and swelling can be expected, based on the selected treatment. This typically subsides in 2-24 hours.
- Tightness and itching may occur.
- Hydrocortisone or an Antihistamine can be used for skin sensitivity.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions 3-4 days.
- Avoid direct sun exposure or tanning beds for 5-7 days.
- Avoid waxing, bleaching or depilatory use for 5-7 days.
- No Botox or filler for 2 days.
- Use a minimum SPF 30.
- Use appropriate aftercare, as recommended by your Skincare Professional, for 2-3 days.
- If you experience visible peeling or flaking, keep the area moist. Do not pull at the skin, as this may cause unwanted hyperpigmentation.

### **PLEASE NOTE**

Patients with active acne may experience a flare-up, or purging, post treatment. Proper home care and compliance are crucial to managing the condition.