

FACIALS

Regular facials detoxify the skin, stimulate cellular renewal, and provide hydration for a rejuvenated look. Customized therapy can also reduce the appearance of fine lines, superficial pigmentation, and blemishes, while increasing the efficacy of your home care routine.

The Aestheticians at *Dream Spa Medical* are well-educated and experienced with making appropriate in-office and home-care recommendations. They are also experts in providing luxury service and relaxation. Just what you deserve...

Monthly facials are perfect for a maintenance and preventative protocol. Active conditions such as acne and pigmentation would achieve better results with a series of 4-6 treatment, every 2-3 week. Rest easy, and radiant skin can be yours.

PRE-TREATMENT

- Avoid sun exposure & tanning beds 4 days prior to your appointment.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions 2-4 days prior to your appointment.
- Avoid waxing, bleaching or depilatory use 4 days prior to your appointment.

POST-TREATMENT

- Mild redness and swelling can be expected, based on the selected treatment. This typically subsides in 2-24 hours.
- Tightness and itching may occur.
- Hydrocortisone or an Antihistamine can be used for skin sensitivity.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions 3-4 days.
- Avoid direct sun exposure or tanning beds for 3-4 days.
- Avoid waxing, bleaching or depilatory use for 3-4 days.
- Use a minimum SPF 30.
- Establish an appropriate home-care regimen, as recommended by your Skincare Professional.
- If you experience visible peeling or flaking, keep the area moist. Do not pull at the skin, as this may cause unwanted hyperpigmentation.

PLEASE NOTE

Patients with active acne may experience a flare-up, or purging, post treatment. Proper home care and compliance are crucial to managing the condition.