

MEDLITE PIGMENT REMOVAL- SPOT TREATMENT

Dream Spa Medical knows that brown spots can, and will, appear on any sun exposed skin. These sun spots can occur at any age and have a tendency to increase in number over the years. Pigmentation problems refer to any sort of abnormal or distinctive coloration of the skin. This covers everything from superficial epidermal freckles to deeper dermal lesions. Thankfully, our pigment removal spot treatment can correct most benign lesions in 1-2 sessions.

Our MedLite laser uses photo acoustic technology to provide high speed energy waves that minimize the amount of heat delivered with each pulse. This creates a snapping effect to effectively fragment pigmentation on the the surface of the skin, without disturbing the surrounding tissue.

This is a quick and easy procedure that is suitable for all skin tones. However, darker skin types may require more treatments at lower settings to avoid complications. There are visible signs of a focused treatment, but no downtime is required. Results are revealed in 1-3 week. Subsequent treatments should be scheduled 6 weeks apart.

PRE-TREATMENT

- Do not use self-tanners for *2 weeks* prior to your appointment.
- Avoid sun exposure & tanning beds *4 weeks* prior to your appointment.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions *4 days* prior to your appointment.
- Avoid antibiotics 2 weeks prior to your appointment. *Please inform us of **any** medications.*

-POST-TREATMENT

- Mild to moderate redness and swelling can be expected. This typically subsides in *3-5 days*.
- Cool compresses can be used to reduce skin temperature.
- Advil or Motrin can be taken for discomfort.
- Neosporin or Bacitracin can be used for skin sensitivity *24 hours* after your treatment.
- Avoid active ingredients such as acids, astringents, retinals or topical prescriptions for *5 days*.
- Avoid extreme heat such as exercise, hot tubs, saunas & spa treatments for *2 days*.
- Avoid waxing, bleaching or depilatory use on treatment area until the skin is healed.
- Avoid sun exposure & tanning beds for *4 weeks*.
- Use a minimum SPF 30 sunscreen when sun exposure is unavoidable.
- Use a gentle cleanser.
- If a blister develops, treat with basic wound care.

PLEASE NOTE

Treated areas will become darker, and eventually develop a scab or crust. Crusting will resolve in 1-3 weeks. Post inflammatory hyperpigmentation is common (especially in darker skin types), but tends to dissipate over time. Bruising may also occur, and resolve itself with the healing process.