

SCLEROTHERAPY

Dream Spa Medical is pleased to offer you another solution for those pesky varicose and spider veins...Sclerotherapy is a minimally invasive procedure that involves injecting a solution directly into the veins. Post treatment the vein will collapse and be reabsorbed into the body.

Beyond cosmetic purposes, this procedure may also improve related symptoms such as aching, swelling, burning and cramps associated with larger vessels. Resolution and full fading will occur in 2-4 weeks. 2-3 sessions may be required depending on the severity and size of the vein or its network.

PRE-TREATMENT

- Avoid aspirin or blood thinning products (fish oil, vitamin E, ibuprofen & anti-inflammatory drugs) for 1 week prior to your appointment.
- Avoid alcohol for 24 hours prior to your appointment.
- Avoid sun exposure and tanning beds 4 weeks prior to your appointment.
- Do not use self tanner for 2 weeks prior to your appointment.
- Do not shave, moisturize or use depilatories the day of your treatment.
- Wear comfortable, loose fitting clothes.

**Compression garments will be provided as part of your treatment.*

POST-TREATMENT

- Avoid sun exposure and tanning beds for 1 month after the treatment.
- Avoid hot baths, showers, or hot tubs for 1 week after the treatment.
- Avoid low grade exercise for 2 day.
- Avoid high impact exercise for 2 weeks.
- Avoid aspirin or blood thinning products for 3-4 days after your treatment.
- Do not shave for 3-4 days after the treatment.
- Redness, swelling and/or bruising are completely normal. Reactions can be managed with an Antihistamine.
- You may experience minimal pain for 1-2 days. Discomfort can be managed with Tylenol.
- Compression stocking will be required for 2 weeks. You may remove them for bathing. Keep legs elevated on 2-3 pillows while sleeping.

PLEASE NOTE

Some people develop a firm lump or knot in the treatment area. This indicates a benign, superficial accumulation of trapped blood. If this occurs, please make an appointment for it to be evaluated and treated.