



DISCOVER TRUE NOURISHMENT

allergens

1. gluten containing cereals
2. crustaceans and crustacean products
3. eggs and egg products
4. fish and fish products
5. peanuts and peanut products
6. soybeans and soybean products
7. milk and milk products
8. nuts such as almonds, hazelnuts, walnuts, cashew, pistachios, macadamia nuts, pecan nuts, queensland nuts, brazil nuts and products made of these
9. celery and celery products
10. mustard and mustard products
11. sesame seeds and sesame seed products
12. sulphur dioxide and sulphites in concentrations above 10mg/kg or 10 mg/l
13. lupin and lupin products
14. shellfishes and shellfish products

indicates the minimum weight of the prepared meal

when you eat positively, you live positively. our recipes + food philosophy have been created to make you feel rejuvenated + satisfied. a base of noodles or rice give you energy. quality proteins + good fats sustain you, an abundance of fresh crunchy vegetables nourish you. finally, spices + steaming broths ignite your tastebuds. our simple balanced soul food is made fresh every day in our open kitchens and has been since 1992

mindful drinks

lemonades

200 | 201 **orange lemonade** 0.50 l 5.45 € 1.50 l 13.95 €
orange, lemon, housemade orange syrup, lemongrass + soda water

★ 202 | 203 **kiwi + pineapple lemonade** 0.50 l 6.25 € 1.50 l 15.95 €
kiwi, pineapple, lime, homemade pineapple syrup + soda water

★ 206 | 207 **rhubarb + strawberry lemonade** 0.50 l 5.85 € 1.50 l 14.95 €
strawberry, rhubarb, lime, homemade sakura tea syrup, lemongrass + soda water

signature mindful mocktails

810 **raspberry + mint** 0.20 l 5.15 €
raspberry puree, fresh mint, lemon, lime, soda water

811 **apple + elderflower** 0.20 l 5.15 €
fresh apple juice, elderflower syrup, lemongrass, lime, soda water

812 **mango + thai basil** 0.20 l 5.15 €
mango puree, simple syrup, thai basil, lime, soda water

classic cocktails

581 **aperol spritz** 0.14 l 8.95 €
aperol, fresh orange, prosecco + soda water

582 **hugo** 0.14 l 8.95 €
prosecco, fresh mint, elderflower syrup, soda water

★ 583 **gin + tonic** 0.24 l 10.95 €
bombay sapphire, fever tree mediterranean tonic, lemongrass, grapefruit, pink peppercorn

beer

draught beer

633 | 634 **zipfer märzen** 0.20 l 2.45 € 0.30 l 3.25 €
635 **zipfer märzen** 0.50 l 4.65 €

bottled beer

★ 603 **kirin ichiban** | japan 0.33 l 5.25 €

613 **singha** | thailand 0.33 l 5.25 €

★ 601 **asahi** | japan 0.33 l 5.55 €

636 **corona extra** 0.355 l 5.55 €

637 **edelweiss hefe trüb** 0.50 l 4.55 €

★ 612 **heineken** 0.33 l 4.25 €

615 **heineken alcohol free** 0.33 l 4.25 €

wine

4006 | 406 **prosecco + sparkling prosecco** 0.10 l 0.75 l 4.35 € 29.95 €
spumante brut, dry, treviso salatin, italy

white 0.125 l 0.75 l
4015 | 415 **grüner veltliner klassik** 4.65 € 26.95 €
dry, sommer, austria

4016 | 416 **pinot grigio friuli grave** 5.25 € 29.95 €
dry, salatin, italy

417 **riesling federspiel** 0.375 l 19.45 €
terrassen halfbottle dry, domäne wachau, austria

4019 | 419 **sauvignon blanc** 0.125 l 0.75 l 7.55 € 43.65 €
dry, salomon + andrew, new zealand

rosé 0.125 l 0.75 l
4021 | 421 **pittnauer rosé** 4.95 € 27.95 €
blaufränkisch - zweigelt, dry, pittnauer, austria

red 0.125 l 0.75 l
4023 | 423 **blaufränkisch classic** 5.25 € 29.95 €
dry, reumann, austria

424 **chianti, tenuta di campriano** 0.75 l 28.35 €
dry, buccia nera, italy

desserts

something sweet, but not as you know it. unique with the fresh flavours of asia

142 **banana katsu (v)** (* 1,7) 130 g 5.95 €
banana in panko breadcrumbs, salted caramel ice cream + caramel sauce

11150 **chestnut cake** (* 6,8) 80 g 7.75 €
dark vegan chocolate, chestnut puree, dates, coconut + rice milk, agave syrup, unrasted cocoa

131 **white chocolate and ginger cheesecake (v)** (* 1,3,6,7,12) 140 g 7.95 €
white chocolate, caramel + ginger sauce

ice cream

ice cream something refreshing to satisfy the senses. a selection of ice creams and sorbets to cleanse the mind

128 **salted caramel ice cream (v)** (* 7,10) 150 ml 5.15 €
caramelised sesame, chilli caramel + ginger sauce, salt

140 **coconut reika ice cream (v)** (* 7) 150 ml 5.15 €
passion fruit sauce, coconut flakes

141 **vanilla ice cream (v)** (* 7,10) 150 ml 5.15 €
wasabi sauce from dark chocolate

mochi

3 pieces of traditional japanese cake filled with ice cream

124 **mochi mix (v)** (* 7,10) 90 g 7.95 €

flavour:
1240 **mochi coconut**
1241 **mochi mango**
1242 **mochi vanilla**
1243 **mochi cocoa**
1244 **mochi green tea**



true nourishment from bowl to soul

