

HydraFacial™ Pre & Post Instructions

HydraFacial™ is the only hydradermabrasion procedure that combines cleansing, extraction and hydration simultaneously, resulting in clearer, more beautiful skin with little-to-no downtime.

The treatment is soothing, moisturizing, non-invasive and generally non-irritating. As with most procedures, visible results from HydraFacial™ will vary from person to person.

Pre-Treatment Recommendations

- Avoid exfoliation, waxing and chemical peels 2 weeks prior to your procedure.
- Avoid Retin-A type products (retinoids, retinols) for 3 days prior to your procedure.
- Use proper sun protection before your procedure.

What to Expect During and Immediately After Treatment

- Your skin may experience temporary irritation, tightness or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity.
- You may experience tingling and stinging during the treatment area. These sensations generally subside within 3 hours of treatment.
- Some people may experience a delayed onset of the previously mentioned symptoms. Patient experiences will vary. Please contact our office immediately if any unusual side effects occur or if symptoms worsen over time.

Post Treatment

- You will likely see results immediately after treatment and your skin will feel smooth and hydrated for one to four weeks. For improved, longer lasting results, consider good skincare and monthly HydraFacial™ treatments.
- The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation. Avoid direct sun exposure and use a minimum SPF 40 sunscreen.
- Aggressive exfoliation, waxing and products containing acids should be avoided in the treatment area for a minimum of 2 weeks. This includes products containing: retinols, retinoids, salicylic acid, hydroquinone, etc. If you have any questions about products you should or shouldn't use—please contact our office.

Post treatment skin care instructions MUST be followed to prevent any complications. Please contact the office if you experience any blistering or scabbing or have any questions concerning your treatment.