

Tattoo Removal Pre & Post Instructions

Laser treatment may be used to help fade and/or remove tattoo ink. Multiple treatments will be needed to achieve desired results. Most patients will require 8-10 treatments, but that may be dependent on the color and type of ink used.

Strict adherence to pre and post treatment instructions is required in order to obtain positive and safe results. After reviewing the listed information if you have any additional questions, these should be addressed prior to receiving treatment.

Pre-Treatment Recommendations

- Laser treatments are not safe to perform on tanned skin. Avoid direct sun exposure for 2 weeks before and 2 weeks after your treatment. Tanned skin may increase your risk of hyper-pigmentation (darkening of the skin) or hypo-pigmentation (lightening of the skin) which may be permanent.
- Self-tanning lotions, including gradual moisturizers, should be avoided for a minimum of 2 weeks prior to your appointment and must be completely faded from your skin to avoid risks of burns.
- Please avoid Ibuprofen, naproxen and aspirin 2 weeks prior to the treatment to help reduce your risk of bruising after your procedure.

Post-Treatment Recommendations

- You can expect the treatment area to be pink and slightly swollen after your treatment. Discomfort should subside quickly; however, redness may last 24-48 hours.
- The treatment area will be covered with antibiotic ointment and a bandage. Leave this in place for 24 hours. You may then shower, remove the wet dressing and replace. Place antibiotic ointment over the treated area, cover with a non-stick dressing, hold in place with tape. You should use antibiotic ointment and dressings for 1 week after your procedure.
- It is very important to minimize scabbing to help reduce your risks of scarring and/or hypopigmentation (lightening of the skin) of the treatment area.
- Avoid activities that may irritate the skin including working out, hot showers/tubs, saunas, etc for 24 hours.
- The body will absorb the broken-up ink and the area should be retreated every 8 weeks. Multiple treatments will be needed to achieve desired results.

Post treatment skin care instructions MUST be followed to prevent any complications. Please contact the office if you experience any blistering or scabbing or have any questions concerning your treatment.