

## Waxing Instructions

Please discuss any medical conditions, including those listed below, with the provider prior to your procedure.

- You have taken Accutane in the past 6 months
- You currently use a Retinol type product
- You have skin irritation or sunburn in the treatment area
- You are prone to fever blisters
- You received a laser treatment or a chemical peel on the area in the past 6 months with a physician
- You received superficial peels in the treatment area in the past 2 weeks
- You received laser hair removal in the treatment area in the past 2 weeks

### Pre-Treatment Recommendations

- For best results, exfoliate the treatment area 3 days prior to your treatment. This will aid in hair removal.
- Hair should be at least ¼ inch long for best results.

### Post-Treatment Recommendations

- Avoid sun exposure for 24-48 hours after your wax.
- Avoid soaking in a bath, swimming pool, hot tub, etc. for 24-48 hours after your wax. During the hair removal process your skin can become irritated increasing your risk of infection.
- Avoid strenuous activities for 24-48 hours after your wax. Sweat formation may increase your chance of irritation in the treatment area.
- You may apply hydrocortisone cream to the area if needed for redness and/or irritation.