

sushi sandos

(o.nee.ge.ra.zu)

traditionally known as 'onigirazu', this sushi sando is packed with tasty filling and wrapped in sushi rice

220 **new** chicken katsu 6.9
panko-fried, mixed leaves, japanese pickles, katsu sauce

221 **new** salmon tartare 7.4
panko-fried, siracha mayonnaise, soy sauce



220

sushi

nigiri

two pieces of salmon or tuna on a pillow of rice, garnished with wasabi paste + pickled ginger

160 salmon 3.9

162 tuna 4.5

hosomaki

eight pieces of single filling sushi rolls with wasabi + pickled ginger

★ 166 cucumber 3.5

★ 167 avocado 4.2

164 salmon 5.6

165 tuna 6.0



153

sashimi

five slices of raw fish garnished with wasabi paste + ginger, seaweed salad

150 salmon 8.0

151 tuna 8.3



180



192

uramaki

four or eight pieces of medium inside-out sushi rolls with wasabi paste + pickled ginger

178 **caterpillar** 11.3
tuna tartare marinated in spicy sauce, avocado, salmon, ikura, japanese mayonnaise, chives

173 **california roll** 4.0 7.8
surimi, avocado, cucumber, japanese mayonnaise, red amaranth

176 **spicy tuna** 4.5 8.8
tuna, chives, chilli sauce, green masago

171 **spicy ebi** 4.1 8.2
crispy panko prawn, chives, chilli garlic sauce, chopped chillies, tartare sauce

179 **philadelphia maki roll** 4.7 9.2
cucumber, cream cheese, salmon

172 **crab crunchy kani** 8.8
surimi marinated in panko, japanese mayonnaise, pieces of marinated surimi, mixed sesame seeds

174 **rainbow roll** 11.9
salmon, avocado, lime mustard, tuna, avocado, goma seaweed salad, sesame seeds

193 **prawn popcorn roll** 11.7
tempura prawns, avocado, red peppers, popcorn prawns, ponzu mayo, mixed sesame seeds, physalis, wasabi mayo

170 **chicken katsu roll** 8.9
chicken katsu, cucumber, blanched carrots, coriander cress, japanese mayonnaise, fried breadcrumbs

★ 175 **vegan futomaki** 8.2
tempura sweet potato, red pepper, red cabbage, avocado, chives, vegan mayonnaise

192 **new** tempura volcano roll 10.9
surimi, avocado, surimi crab salad, spicy mayonnaise, teriyaki glaze



171

platters

180 **mixed maki rolls** 10pc 9.9
two philadelphia maki, two spicy ebi, two mango, avocado + cucumber, two california, two spicy tuna

183 **yasai selection (v)** 24pc 12.9
eight mango, avocado + cucumber uramaki, eight avocado hosomaki, eight cucumber hosomaki

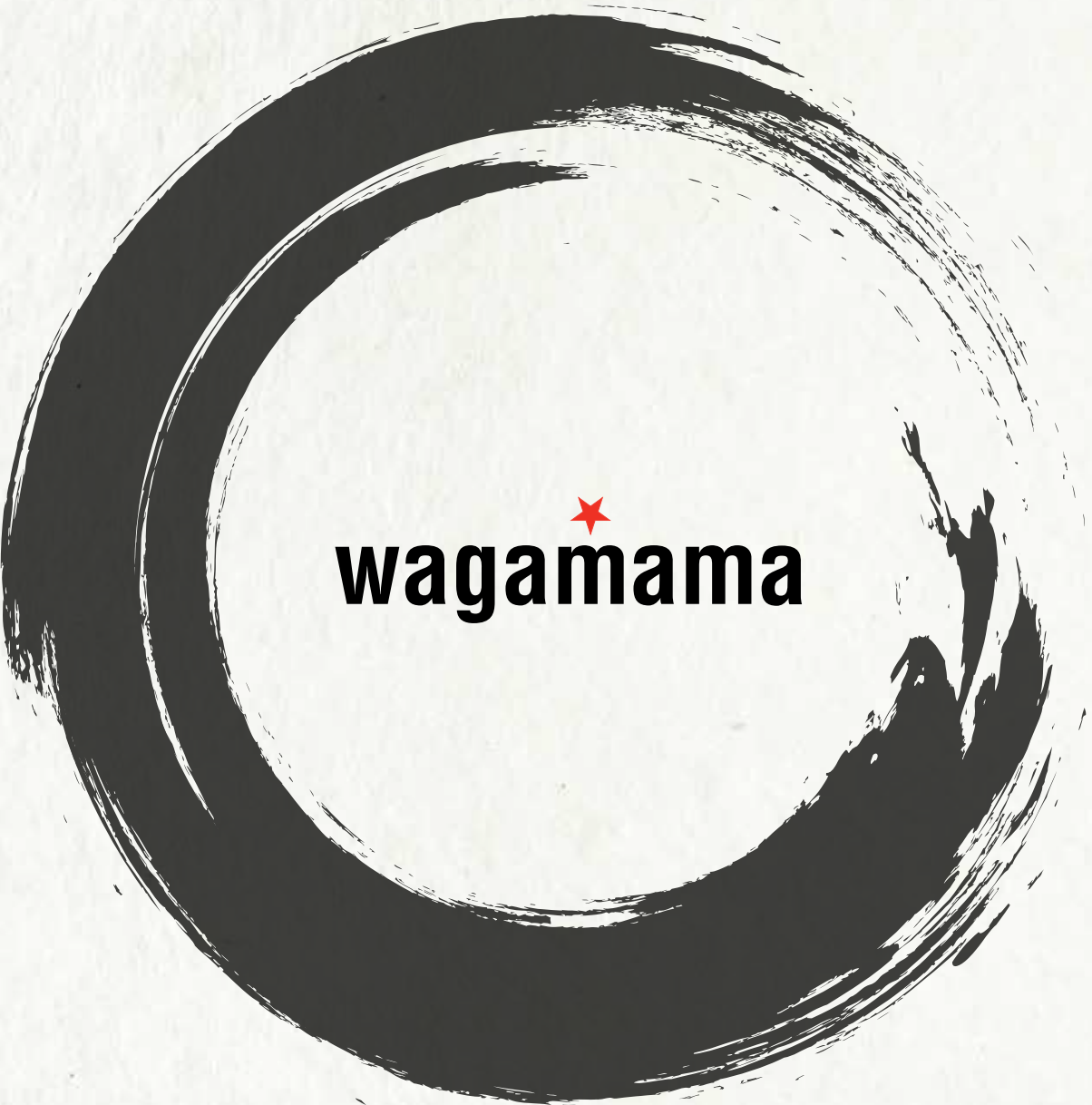
184 **hosomaki, uramaki, sashimi** 20pc 18.6
four salmon hosomaki, four avocado hosomaki, four california maki rolls, four philadelphia maki rolls, four tuna sashimi, goma seaweed salad, mixed sesame seeds

186 **salmon and tuna selection** 11pc 15.3
two philadelphia uramaki, two salmon hosomaki, two tuna hosomaki, three salmon nigiri and two tuna nigiri

153 **refreshed** sashimi platter 8pc 13.9
fine raw salmon, fine raw tuna, daikon radish + coriander cress, slice of lime

Discover
True
Nourishment

when you eat positively, you live positively. our recipes + food philosophy have been created to make you feel rejuvenated + satisfied. a base of noodles or rice give you energy. quality proteins + good fats sustain you. an abundance of fresh crunchy vegetables nourish you. finally, spices + steaming broths ignite your tastebuds. our simple balanced soul food is made fresh every day in our open kitchens and has been since 1992



true
nourishment
from bowl
to soul

refreshing juices

raw energy is the rejuvenating power of uncooked fruits + vegetables. our juices are full of it. each glass is one of your 5-a-day to boost your immunity + contain no added sugar

330ml 5.0



08 **tropical (v)**
mango, apple, orange



★ 04 **carrot**
carrot with a hint of fresh ginger



10 **blueberry spice (v)**
blueberry, apple, fresh ginger



05 **positive (v)**
pineapple, lime, spinach, cucumber, apple



02 **fruit (v)**
apple, orange, passion fruit



06 **super green (v)**
apple, mint, celery, lime

sides + sharing

small bowls, big flavour, from bright + crunchy edamame beans to freshly steamed gyoza

gyoza

five dumplings packed with taste

fried

served with dipping sauce

99 **duck ?** 6.9

steamed

served grilled with dipping sauce

100 **chicken** 6.8

★ 11101 **yasai** 6.2



99



117

bao buns

two fluffy asian buns

116 **mixed mushrooms (v)** 6.2

panko aubergine, vegan mayonnaise, coriander, pickled red onion

113 **korean barbecue beef** 7.1

japanese mayonnaise, coriander, pickled red onion

117 **chicken katsu + crunchy asian slaw** 6.7

spicy mayonnaise, yakitori sauce, coriander

115 **new crab + panko mango** 7.0

spicy mayonnaise



108

★ 11104 **edamame** 5.5

beans with salt or chilli-garlic salt, pop them out of their pod + enjoy

★ 11105 **bang bang cauliflower** 4.7

crispy cauliflower, firecracker sauce, red + spring onion, fresh ginger, coriander

★ 11118 **raw salad** 5.0

mixed leaves, edamame beans, baby plum tomatoes, seaweed, pickled mooli, carrot + red onion, fried shallots, wagamama dressing

98 **vegetable spring rolls (v)** 5.9

three vegetable spring rolls, sweet + sour spicy sauce

103 **ebi katsu** 7.3

prawns in crispy panko breadcrumbs, coriander, fresh lime, chilli + garlic dipping sauce

108 **korean bbq chicken wings ?** 6.7

bbq sauce, spring onions, sesame seeds

111 **duck wraps ?** 7.2

shredded crispy duck, cucumber, spring onions, asian pancakes, cherry hoisin sauce

114 **chilli squid** 7.2

crispy fried squid, shichimi spice, chilli + coriander dipping sauce

129 **new bang bang prawns** 8.2

firecracker mayonnaise, red + spring onion, coriander, chilli, fresh lime



129



28

ramen

(raa.muhn)

hearty noodles in a steaming broth, topped with protein + fresh vegetables

★ 1121 **kare burosu** 11.5

shichimi-coated silken tofu, udon noodles, curried vegetable broth, grilled mixed mushrooms, seasonal greens, carrot, chilli, coriander

23 **coconut seafood broth ?** 14.2

prawns, salmon, squid, scallops, mussels, rice noodles, tender stem broccoli, chillies, spring onions, coriander, coconut + vegetable broth

20 **grilled chicken** 11.9

marinated chicken, ramen noodles, rich chicken broth with dashi + miso, seasonal greens, menma, spring onion

25 **chilli chicken** 13.2

ramen noodles, spicy chicken broth, red + spring onion, beansprouts, coriander, fresh lime

refreshed **tantanmen**

ramen noodles, rich chicken broth, half a tea-stained egg, menma, kimchee, spring onion, coriander, chilli oil

28 **beef brisket** 14.6

189 **new chicken** 14.2

191 **new yasai l mushroom (v)** with vegetable broth 13.9

37 **chicken gyoza** 13.4

ramen noodles, vegetable broth, roasted bok choy, half a tea-stained egg, chilli sambal paste, coriander, spring onions, chilli oil, gyoza sauce

customise my broth

light chicken or vegetable

spicy chicken or vegetable with chilli

rich reduced chicken broth with dashi + miso



189



57

curry

cooked patiently to let the flavours infuse but served fresh as soon as it's ready. we believe variety is the spice of life so our curries range from fragrant to seriously fiery

raisukaree (rice.o.ka.ree)

mild + citrusy, coconut, mangetout, peppers, red + spring onion, white rice, chilli, coriander, sesame seeds, fresh lime

79 **prawn** 14.4

74 **chicken** 13.7

katsu

chicken or vegetables in crispy panko breadcrumbs, aromatic katsu curry sauce, sticky white rice, side salad, japanese pickles

71 **chicken** 13.6

★ 1172 **yasai l sweet potato, aubergine, butternut squash** 12.1

turn up the heat! *try our hot katsu sauce*

666 **hot chicken** 13.6

new **kare lomen**

udon noodles, coconut + chilli broth, beansprouts, cucumber, coriander, fresh lime

56 **prawn** 14.5

57 **chicken** 14.2

donburi

(don.bur.ee)

our kitchens are open + so are our bowls. no dish shows this off better than the donburi. sticky rice, tender protein, crunchy vegetables + a ladle of sauce. snap your chopsticks, mix + devour

teriyaki

teriyaki sauce, sticky white rice, shredded carrots, seasonal greens, spring onion, sesame seeds, side of kimchee

69 **beef + red onion** 14.0

70 **chicken** 12.9

87 **grilled duck ?** 14.9

shredded duck in teriyaki sauce, sticky white rice, carrot, mangetout, sweet potato, cucumber, red + spring onion, fried egg, side of kimchee

77 **refreshed cha han chicken + prawn** 12.8

stir-fried rice, mushrooms, red onion, red pepper, cucumber, sweetcorn, edamame, sweet + sticky sauce, coriander cress, fried onions, katsu pickles

47 **teriyaki chicken raisu** 12.9

stir-fried chicken + red onion in teriyaki sauce, seasonal greens, wagamama house dressing, served with sticky white rice + japanese pickles, sesame seeds

35 **new japanese grilled salmon** 16.8

salmon, yakitori sauce, vegetables, teriyaki sauce, white steamed rice, asparagus, coriander cress, sesame seeds



77



45

teppanyaki

(teh.puh.nya.kee)

sizzling noodles straight from the grill, turned quickly, so the noodles are soft but the vegetables are crunchy, maintaining their raw power

yaki soba

soba noodles, egg, peppers, beansprouts, white + spring onion, fried onions, pickled ginger, sesame seeds

40 **chicken + prawn** 13.3

41 **yasai l mushroom (v)** 11.7

★ 1141 **yasai l mushroom** 11.7

choose udon noodles or rice noodles + remove the egg to make this dish suitable for a vegan diet

pad thai

rice noodles, egg, beansprouts, leeks, chilli, red + spring onion, amai sauce, fried onions, mint, coriander, fresh lime

54 **chicken + prawn** 13.6

55 **yasai l tofu (v)** 12.1

★ 1145 **yasai l tofu** 10.8

remove egg + fish sauce to make this dish suitable for a vegan diet

teriyaki soba

soba noodles, mangetout, bok choy, red + spring onion, chilli, beansprouts, teriyaki sauce, curry oil, coriander, sesame seeds

45 **tenderloin fillet steak** 17.0

46 **salmon ?** 16.9

52 **chicken** 13.9

extras

tasty additions to your meal

301 **plain soba noodles** 3.0

★ 300 **sticky white rice** 3.0

★ 302 **steamed white rice** 3.0

★ 308 **udon noodles** 3.0

★ 303 **freshly cut chillies** 1.0

★ 304 **japanese pickles** 1.0

★ 305 **katsu curry sauce** 1.0

★ 306 **teriyaki sauce** 1.0

★ 307 **amai sauce** 1.0



278

soulful bowls

uplifting bowls lovingly prepared by our chefs to leave you feeling rejuvenated

60 **orange chicken salad ?** 11.4

marinated chicken, mixed leaves, orange, caramelised red onions, spring onions, walnuts, sesame, orange, thai basil + mint dressing, sesame seeds

67 **sashimi salmon + avocado salad ?** 13.0

mixed salad, beansprouts, diced salmon sashimi, avocado, sweet soy + wasabi vinaigrette, fried shallots

★ 11109 **super raw salad** 11.0

quinoa, mixed leaves, red onions, mooli, carrot, fried shallots, avocado, miso dressing, sesame

278 **new crab + mango salad** 13.0

dressed mixed leaves, carrot, cucumber, fennel, white dressing, passion fruit

274 **chicken katsu salad** 12.6

chicken in crispy panko breadcrumbs, dressed mixed leaves, apple slices, cucumber, edamame beans, pickled asian slaw, pea shoots, japanese pickles, red chilli, coriander, a side of curried salad dressing



274

may contain shell or small bones

contains nuts

(v) vegetarian

★ vegan

new new

refreshed refreshed

allergies + intolerances

if you have a food allergy, intolerance or sensitivity please let your waiter know before you order your meal. they will be able to assist you with your choice

please note

our dishes are prepared in production line which allergenic ingredients are present, so, we cannot guarantee that your dish will be free from allergenic ingredients, as dishes are prepared in areas where the ingredients are present

prices are inclusive of service charge and vat

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