Breakfast, lunch and tea.

Growing puppies need little and often meals packed with the good stuff. A steady routine helps their tummy, their toilet training and your sanity too.



How many meals?

4	**8 to 12 weeks** meals a day	
3	**3 to 6 months** meals a day	
2	**6 months +** meals a day	

Bigger breeds grow for longer, so ask your vet when to move on to adult food.

1 Choose a complete puppy food

Look for a food labelled "complete" that's suitable for growing puppies, so they get the right balance of nutrients.

2 Weigh it out

Follow your feeding guide and weigh portions rather than guessing. You should be able to feel their ribs easily, but not see them.

3 Keep treats small

Treats count too. Keep them to no more than 10% of their daily food, or use some of their daily allowance as training rewards.

4 Change food slowly

Stick with the food they're used to when they first come home. If you switch, mix the new food in gradually over 7 to 10 days.

5 Water, all day

Keep a clean bowl of water out at all times and top it up often.

6 Let them eat in peace

Give them a quiet spot and leave them to it. Wait about an hour after meals before energetic play or walks.

Never feed these

- chocolate
- grapes, raisins and sultanas
- onions, garlic and chives
- xylitol (in some sugar-free foods)
- macadamia nuts
- cooked bones
- alcohol and caffeine

If your puppy eats something they shouldn't, call your vet straight away.

Feeding Pure? Scoop the amount on your feeding guide, just add water, stir and serve. Questions about portions as they grow? Our team's always happy to help.

This guide is general advice for new puppy owners. Every puppy is different, so if you're ever worried, your vet is the best person to ask.