

what's on in august – winter 2022



wellness village at Federation Square

Includes a Peninsula Hot Springs area and performances from Cousin Leonard, Dan Byrne & Shane Charles
26 – 29 August



peninsula wellness hub

Peninsula Hot Springs is proud to introduce the Peninsula Wellness Hub, opening this August. If you would like to know more, please reach out to info@peninsulawellnesshub.com



bathe in cinema

Returns Thursday evenings
4 – 25 August 6.30pm
Amphitheatre stage



ride for relief

Applications for riders
are now open



Coda Chroma

Showcase Performance
Swirling folk rock and cinematic pop.
Saturday 20 August, 6pm – 7pm
Amphitheatre stage



sunday session Brad Kennedy

Sunday 7 August 2pm – 5pm
Bath House café stage



sunday session Brooke Russel & Jac Tonks

Sunday 14 August 2pm – 5pm
Bath House café stage



sunday session Spud Thompson

Sunday 21 August 2pm – 5pm
Bath House café stage



sunday session The Calmer Miles

Sunday 28 August 2pm – 5pm
Bath House café stage



nourish workshop

Launching Monday 15 August
Monday & Fridays at 8am
Food Bowl



daily guest movement class

Yoga or Mat Pilates
Daily 7.30am
Wellness Centre Studio



tea ceremony

Available Fridays
10.30am and 12pm
(subject to availability)
Sensory Dome



body clay

Available daily
10.30am, 1pm and 3pm
(subject to availability)
Clay Ridge



fire & ice

Available daily
9.30am, 12pm, 2pm, 4pm & 5pm
(subject to availability)
Fire & Ice area



daily amphitheatre music playlist

Enjoy relaxing moments of both
sound and silence daily between
10am – 8pm, Amphitheatre pools



world luxury spa awards

Vote for us today.

For further information please contact our reservations team
on 5950 8777 or email info@peninsulahotsprings.com

peninsulahotsprings.com



PENINSULA
HOT SPRINGS