

event menu



picnic hamper



replenish dining



peninsula hot springs grazing board

breakfast (v)

Available 7.30am – 10.30am

Chia seed pods, seasonal fruit platter, muffin of the day, orange juice, tulsi tea

morning or afternoon tea

Available all day

Muffin of the day, savoury scones
OR protein balls seasonal fruit platter and tulsi tea

picnic hamper for two

Available 11am – 4pm

Featuring a seasonal selection of breads, nourishing salads, wraps, fruit and cheeses.

Includes cutlery and napkins.

nourish dining (v)

Available 11am – 7pm

Bliss balls, platter of mixed bagels and ciabatta rolls, salad of the day, seasonal fruit platter & dried nuts, orange juice, tulsi tea and water

replenish dining

(groups of 20 or more)

Available 11am – 7.30pm

- selection of protein balls, selection of rice paper rolls (gf)
- mixed grain salad with roasted pumpkin, dukkha crumbed avocado, pickled beets, toasted activated nuts and a spiced vinaigrette. (gf, v)
- miso poached king salmon with soba noodle and wakame salad
- peninsula hot springs grown shredded raw vegetables with free range jerk spiced chicken and caramelised pineapple
- fresh seasonal fruit platter
- orange juice, tulsi tea & water

peninsula hot springs grazing board

Available all day

A selection of local cheese and olives, chefs' accompaniments, fresh fruit and nuts, lavosh and artisan bread (gf bread on request)

local cheese platter (v)

Available all day

Selection of local cheeses, quince paste and lavosh

vegan cheese platter (vg)

Available all day

Selection of local vegan cheeses, quince paste and lavosh

fresh fruit platter (v)

Available all day

Selection of sliced fresh fruits

Please ensure your items are requested 48 hours prior to arrival.

Please note there may be some seasonal variations due to produce availability.

Our menus incorporate immune boosting ingredients. Gluten free bread available on request.

Whilst we do our best to cater to dietary requirements, we cannot guarantee that there won't be traces of allergens within our kitchen.

(v) vegetarian (vg) vegan