

what's on in november – spring 2022



NEW food bowl discovery tour

Mondays & Fridays 10.30am
Food Bowl



NEW nourish workshop

Mondays & Fridays 8.30am
Food Bowl



sunday session Nota Bene Duo

Sunday 6 November 2pm – 5pm
Amphitheatre Stage



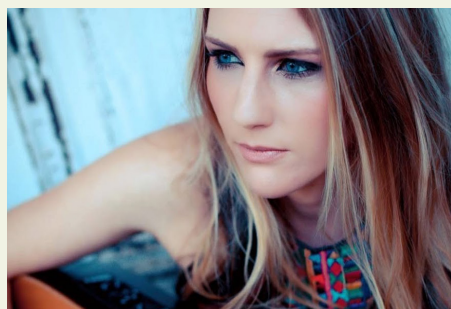
sunday session Pete Miller

Sunday 13 November 2pm – 5pm
Bath House café stage



Millington

Sunday 20 November 2pm – 5pm
Bath House café stage



sunday session Heidi-Louise Luckhurst

Sunday 27 November 2pm – 5pm
Bath House café stage



hot springs yoga

Available daily 9.15am
(subject to availability)
Amphitheatre



fire and ice

Available daily 9.30am, 12pm, 2pm
Glamping guests only 4pm, 5pm
(subject to availability)
Fire & Ice area



SOAKEMBER — SATURDAY 12 NOVEMBER

global bathing journey Spud Thompson

8.30am bookings essentials
complimentary activity
(subject to availability)
Fire & Ice Area

6pm – 7pm
Amphitheatre



PENINSULA
HOT SPRINGS

artist in residence

PROGRAM

We are delighted to be hosting
leading Victorian contemporary
music artists in a series of seven
day immersive experiences.



artist in residence Nicky Bomba

Thursday 17 November 7pm – 8pm
Amphitheatre



daily guest movement class

Yoga or Mat Pilates
Daily 7.30am
Wellness Centre Studio



body clay

Available daily
10.30am, 1pm and 3pm
(subject to availability)
Clay Ridge

For further information please contact our reservations team
on 5950 8777 or email info@peninsulahotsprings.com

peninsulahotsprings.com



PENINSULA
HOT SPRINGS