

what's on in march – autumn 2023



nourish workshop

Available daily 9.30am
(subject to availability)
Food Bowl Glasshouse



food bowl discovery tour

Available daily 10.15am
Food Bowl



sunday session Calmer Miles

Sunday 5 March 2pm – 5pm
Bath House café stage



sunday session Duo Sarava

Sunday 12 March 2pm – 5pm
Bath House café stage



sunday session Pete Miller

Sunday 19 March 2pm – 5pm
Bath House café stage



Showcase Performance Coda Chroma

Saturday 25 March 7:30pm – 8:30pm
Amphitheatre Stage



sunday session Paul Dillon

Sunday 26 March 2pm – 5pm
Bath House café stage



finding your flow with Shiva Rea

Limited Availability
Tuesday 28 March

awaken.net.au

Awaken

Sunday 26 March 9am – 10pm
Bath House café stage, Amphitheatre Stage and Food Bowl



hot springs yoga

Available daily 9.15am
Amphitheatre Stage



fire and ice

Available daily 10.30am, 12pm, 2pm
Glamping guests only 4pm, 5pm
(subject to availability)
Fire & Ice area



daily guest movement class

Yoga or Mat Pilates
Daily 7.30am
Wellness Centre Studio



body clay

Available daily
10.30am, 12 noon, 1pm and 3pm
(subject to availability)
Clay Ridge

For further information please contact our reservations team
on 5950 8777 or email info@peninsulahotsprings.com

peninsulahotsprings.com

