

what's on in may – autumn 2024



food bowl nourish workshop

Available daily 9.30am*
Food Bowl



food bowl discovery tour

Available daily 10.15am*
Food Bowl



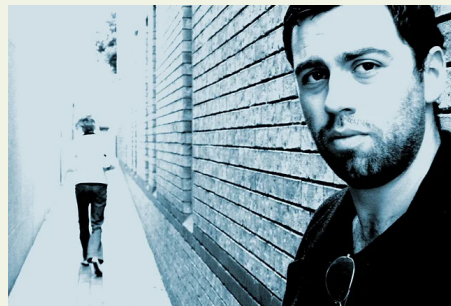
bathed in love mother's day

Nurture in nature – bathe
with us this Mother's Day,
Sunday 14 May



sunday session Heidi Louise Luckhurst

Sunday 7 May 2pm – 5pm
Bath House café stage



Aaron Brereton

Saturday 14 May 2pm – 5pm
Bath House café stage



sunday session Brad Kennedy

Sunday 21 May 2pm – 5pm
Bath House café stage



showcase performance Shivam Rath

Friday 26 May 6pm – 7pm
Amphitheatre Stage



artist in residence Josh Roydhouse

Saturday 27 May 6pm – 7pm
Amphitheatre Stage



sunday session Pete Miller

Sunday 28 May 2pm – 5pm
Bath House café stage



hot springs yoga

Available daily 9.15am
Amphitheatre Stage



fire and ice

Available daily 10.30am, 12pm, 2pm*
Glamping guests only 4pm, 5pm*
Fire & Ice area



guest movement

Yoga or Mat Pilates
Daily 7.30am*
Wellness Centre Studio



body clay

Available daily
10.30am, 12 noon, 1pm and 3pm*
Clay Ridge



coming in june international day of yoga

Wednesday 21 June



coming in june world bathing day

Wednesday 22 June

* Bookings required and subject to availability

For further information please contact our reservations team
on 5950 8777 or email info@peninsulahotsprings.com

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HOT SPRINGS