

spa dreaming centre

lunch *(from 11:30am)*

*at peninsula hot springs we celebrate a 'SLOW' food philosophy
(seasonal, local, organic, wholefoods)*

local artisan bread (vg)**

main ridge olives, freshly made dips, lievito sourdough

local cheese (v)

prom country and main ridge dairy cheeses, quince paste, lavosh

local vegan cheese platter (vg)

yay and vegan dairy vegan cheeses, quince paste, lavosh

koo wee rup asparagus (vg)

charred local asparagus, salsa cruda, food bowl radish, main ridge olive oil, macadamia, tuerong sourdough

ora king salmon

hibachi grilled house cured smoked ora king, celeriac and kohlrabi remoulade, food bowl beetroot gel and soft herbs

heirloom beetroot tart

house made vegan pastry, tuerong farm flour, food bowl and local beets, maple candied walnuts, prom country sheep curd, food bowl leaves and herbs

super green salad (v, vg)**

green hummus, local asparagus, zucchini, green capsicum, pea, snow pea, broccolini, celery, kohlrabi, wombok, pepitas, sunflower seeds, linseeds, food bowl herbs with an apple cider vinegar and local honey dressing

add ras el hanout spiced chicken

add duck breast

add sustainable fish

nourish bowl (vg)**

roasted, pureed, sauteed and pickled food bowl vegetables, soft boiled egg, seeds, native dukkha

add ras el hanout spiced chicken

add duck breast

add sustainable fish

organic tagine spiced lamb

organic lamb coated and braised in tagine spices and pepper paste, whole grain bulgur wheat tabouli, charred lettuce, sumac and organic yoghurt

fish of the day

please see our staff for our daily special

free range chicken breast

ras el hanout spiced free range chicken, roasted garlic and turmeric legume puree, warm house pickled eggplant, toasted puffed grains

peninsula hot springs shared assiette for two

chefs selection of three signature dishes

please see our staff for our daily special

(v) vegetarian (vg) vegan (vg**) vegan on request

please note a 10% surcharge applies on all public holidays

whilst we do our best to cater to dietary requirements, we cannot guarantee that there won't be traces of allergens within our kitchen.