



# summer school holidays

## daily activities



### body clay\*

Daily for guests age 12+  
10.30am, 12.00pm\*,  
1pm & 3pm  
Clay Ridge



### meet the gardener

Daily 1pm  
Food Bowl



### yoga\*

Daily 7.30am  
Wellness Centre Studio



### hot springs yoga

Daily 9.15am  
Amphitheatre Stage



### fire and ice\*

Daily for guests age 16+  
9.30am, 10.30am\*, 12pm,  
2pm, 4pm & 5pm  
Fire & Ice area



### bathing barrels\*

For guests age 16+  
Friday – Monday  
11am – 2:45pm,  
Hilltop Bath

*\*Bookings required and subject to availability, age restrictions apply please see our website for full details. ^Available Tuesday, Friday, Saturday & Sunday.*

## THURSDAY 21 DECEMBER – MONDAY 29 JANUARY



### complimentary family yoga

Every Wednesday  
and Friday in January,  
10:30am & 11:15am,  
Amphitheatre Stage



### sunday session Pete Miller

Sunday 24 December  
2pm – 5pm  
Bath House café stage



### Christmas Day

We are open come  
and celebrate with us!  
Monday 25 December



### showcase Snow McMillan

Saturday 30 December  
8pm – 9pm,  
Amphitheatre



### sunday session Brad Kennedy

Sunday 31 December  
2pm – 5pm  
Bath House café stage



### peninsula summer music festival sounds at sunrise

Monday 1 January  
7am – 7:45am  
Hilltop Pool



### peninsula summer music festival zenith

Tuesday 2 January  
8pm – 9pm  
Amphitheatre



### peninsula summer music festival northern resonance

Thursday 4 January  
2pm – 3pm  
Amphitheatre



### peninsula summer music festival burrundi dancers, Emily Granger & Inventi

Friday 5 January  
7pm – 9:30pm Amphitheatre



### sunday session Mijo Biscan

Sunday 7 January  
2pm – 5pm  
Bath House café stage



### showcase Greg Arnold

Saturday 13 January  
8pm – 9pm,  
Amphitheatre



### sunday session Paul Dillon

Sunday 14 January  
2pm – 5pm  
Bath House café stage



### sunday session Marcelle Knapp

Sunday 21 January  
2pm – 5pm  
Bath House café stage



### sunday session The Calmer Miles

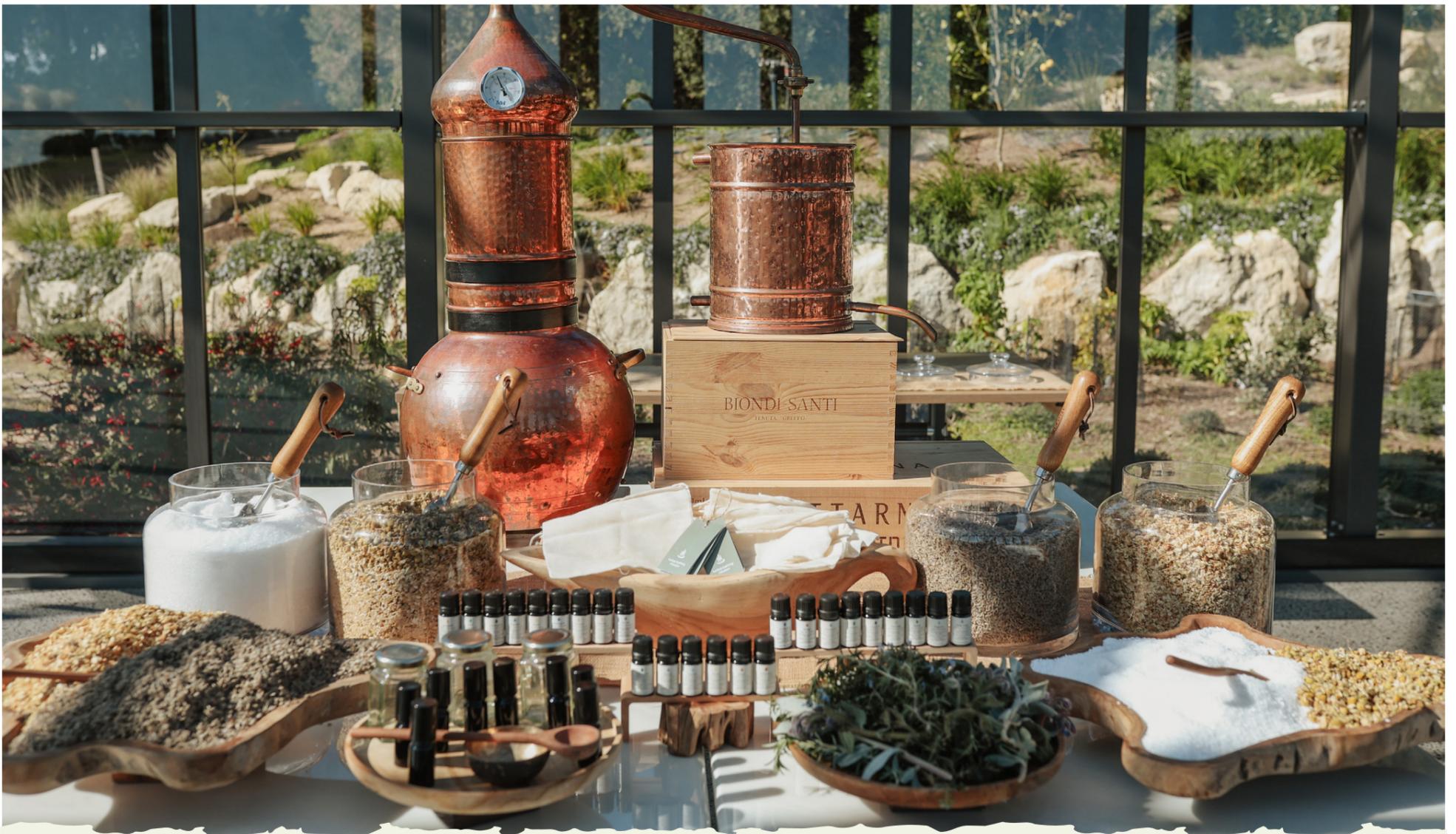
Sunday 28 January  
2pm – 5pm  
Bath House café stage

For further information please contact our reservations team  
on 5950 8777 or email [info@peninsulahotsprings.com](mailto:info@peninsulahotsprings.com)

[peninsulahotsprings.com](http://peninsulahotsprings.com)



PENINSULA  
HOT SPRINGS



# apothecary workshop

Experience Botanical Distillation and Aromatherapy  
in the Food Bowl this Summer

Join expert Aromatherapist Margaret at Peninsula Hot Springs for a day of distilling local botanicals and learn how to set New Year Meditations.

Combined with the rejuvenating minerals of hot springs bathing, participants embark on a tranquil journey towards setting meaningful new year intentions and take home a handcrafted essential oil blend ideal for Meditation and mindfulness practice.

**Bookings essential and places are limited  
to 20 participants per session.**

**When:**

Saturday 27 January

**Time:**

11am - 12pm

**Where:**

Maroon Hoods

Glasshouse, Food Bowl

For further information please contact our team  
on 5950 8777 or email [info@peninsulahotspings.com](mailto:info@peninsulahotspings.com)