



reawaken in nature – your accommodation



what to expect

Before you arrive please click here to read our *'What to expect'* section on our website to prepare you for your visit.



location

Tents are nestled in nature with bespoke furnishings and are a short stroll to onsite experiences.



bedding

King bed or king single beds with all linen supplied.



bathroom

Full ensuite with luxurious heated floors and all amenities provided.



facilities

Tea/coffee-making, in-room dining (see menu overleaf), bar fridge, hair dryer, wardrobe, ironing, heating/cooling, in-room safe.



towels and robes

Towels and robes are complimentary and will be supplied in your room, refreshed daily.



bring a drink bottle

Plastic bottles of water are no longer available to purchase. Please bring your own reusable drink bottle to stay hydrated. We have filtered water onsite for refills.

things to know



accessibility

Moderate accessible accommodation and parking. If you have any mobility needs, contact us to plan your journey.



18+ adults only

Accommodation is reserved for visitors aged 18 years and over.



pets

With the exception of service dogs, pets are not allowed on the property.



enquiries

For all glamping related enquiries please email us directly at info@peninsulahotsprings.com



planned maintenance

To ensure a high quality experience for our guests, some experiences undergo planned maintenance. Please find our **full list of maintenance work** on our website under our *'What to expect'* section.



minimise valuables

Safes are available but we recommend you minimise the valuables you bring and remove jewellery before entering the pools.



no smoking or vaping

As a place of wellness, we are a smoke-free & vape-free venue. If required, designated smoking areas are available prior to entry.



shower before bathing

Please shower **before** bathing so as to keep our waters pristine and clean. It also primes the skin to receive the beneficial effects of the minerals.



bathing during your stay

During your stay you will be able to bathe in both our Bath House and Spa Dreaming Centre. If you would like to continue bathing after your 10am check-out, you are welcome to bathe in our Bath House until 12 noon on day of departure, with complimentary towel, robe & locker hire. If you want to bathe prior to your check-in time our reservations team will do their best to accommodate your request but it will be subject to availability.

upon arrival



check in & check out

Check-in from 2pm at our Wellness Centre (after 5pm at our Spa Dreaming Centre). Check-out by 10am from our Wellness Centre (before 9am at our Spa Dreaming Centre). Please ensure you return your wrist band on check-out.



on arrival

Please park in the designated glamping parking bays near our Wellness Centre. Leave your bags in the car and make your way to the Wellness Centre reception to check-in.



baggage

When you check-in at our Wellness Centre, remember to leave your bags in your car. You'll be directed to another spot to drop off your bags close to your tent.



map, torch, pathways

You'll be given a map and there's a torch in your room, so please be an explorer – just remember to stay on the lit paths and respect the staff only areas.



forgotten something?

Just in case you forget your things or your bathers, you can purchase both (as well as some other lovely things) in our retail space when you check in.



an insider's guide to glamping



your glamping experience

heating/cooling

With heated floors set to a minimum of 19 degrees, create your own environment by adjusting the split system to your liking. As the weather cools the heated floor temperature will increase accordingly.

wristband

Your Peninsula Hot Springs wristband is your door key and will identify you as a glamping guest. Keep it with you during your stay and remember to bring it with you when you check out.

ecofriendly

We're striving to be as ecofriendly as we can and have installed toilets which reuse the waste water from the basin to fill the cistern. The tap in the basin will run a little longer than expected, but it will stop when the toilet has been refilled.

devices

If you like to go to bed watching your favourite show remember to **bring your own device** and make the most of our free Wi-Fi. Earphones are a good idea, just in case your neighbour is a light sleeper!

nature sounds

Our local frogs sing morning and night, and if you're a light sleeper, the sounds of nature might be a bit loud! We've included earplugs in your room if you need them, so you can relax as you retreat to your glamping tent.

smoking

Smoking in the glamping area and within your accommodation is prohibited. A designated smoking section is located at the entrance to Peninsula Hot Springs.



wellness and bathing

important

Stay hydrated. We ask that you take breaks regularly and stay hydrated during your visit.

selfies

If you want the perfect selfie, the iconic Hill Top pool is our top pick, but be patient – it's a popular spot.

sunset viewing

If you want to watch the sunset, our amphitheatre pools are the place to be. You'll have a beautiful view of the setting sun and the night sky.

experiences

Take the time to explore all that is on offer. We definitely recommend experiencing Fire & Ice and Clay Ridge, our signature wellness activities.



eating and drinking

breakfast

For your comfort, your delicious breakfast showcasing local, seasonal produce will be served in the Spa Dreaming Centre dining room (no pesky crumbs in the bed).

coffee

There'll be a Nespresso machine in your room with a selection of pods, but if you have a favourite flavour, pack a few from home for your stay.

glassware

We ask that you enjoy a drink in or outside your room but refrain from taking the glassware into the bathing area.

allergies

We endeavor to cater to any allergy or dietary requirements so please advise of these at time of ordering. If you wish to discuss your booking prior to arrival, please call our reservations team.



enhance your stay

spa

If you haven't already booked in, surrender your body to complete relaxation with our signature spa treatments and balancing therapies honouring global traditions. Choose from a 1 hour, 90 minute or 2 hour experience, selecting your preferred massage, facial or body treatment.

dine

Nourish your appetite and replenish your body during your stay, exploring our dining venues and in room menu selection. Reserve your Chef's selection dinner in our Spa Dreaming Centre dining room if not booked as part of your package.

wellness

Participate in our daily wellness activities which include a nurturing movement practice and a rejuvenating Fire & Ice experience, reception will confirm the times upon check in.





all day

between 7.30am and 9pm

muffin of the day	9	pizza		something sweet	
almond milk chia pod (vg)	10	<i>(our bases are locally made using spelt flour and sourdough culture)</i>		carrot cake	7
with fresh berries and granola				<i>(contains nuts)</i>	
sandwiches <i>(fresh or toasted)</i>		margherita pizza (v)	26	lemon tart	8
– pumpkin dahl pocket	14	tomato, mozzarella,		peanut butter crunch tart (vg)	12
coconut yoghurt raita		bocconcini, torn basil		<i>(contains nuts)</i>	
– ciabatta salami, swiss	13	vegan pizza (vg)	29	fresh juices	12
cheese, tomato, tomato relish		mushroom ketchup, wild		– rejuvenator pineapple,	
falafel bowl (v, vegan on request)	15	mushroom, garlic confit, fresh		orange and watermelon	
shredded raw vegetables,		thyme, parsley, local vegan feta		– hydrator apple, cucumber,	
hummus, tzatziki, warmed flat bread		bbq chicken pizza	28	lemon and mint	
mixed grain salad		tomato, bbq sauce, mozzarella,		– awaken carrot, celery and apple <i>(vegetable only on request)</i>	
with spiced vinaigrette (v)	14	caramelised onion, pine nuts,			
grazing platter	25	and rocket			
including soft and hard cheese,		salami pizza	28		
local olives, dips, pita bread, lavosh crackers,		tomato, mozzarella, feta, olive,			
local quince paste		red onion and capsicum			
		<i>(gluten free base extra 4)</i>			



supper

between 9.30pm and 7am

local artisan bread (v)	27	pizza		salami pizza	28
local olives, dip and chefs' accompaniments <i>(vg on request)</i>		<i>(our bases are locally made using spelt flour and sourdough culture)</i>		tomato, mozzarella, feta, olive,	
sandwiches <i>(fresh or toasted)</i>				red onion and capsicum	
– ciabatta salami, swiss	13	margherita pizza (v)	26	<i>(gluten free base extra 4)</i>	
cheese, tomato, tomato relish		tomato, mozzarella,		something sweet	
mixed grain salad		bocconcini, torn basil		salted caramel tart	12
with spiced vinaigrette (v)	12	vegan pizza (vg)	29	<i>(contains nuts)</i>	
		mushroom ketchup, wild		lemon tart	8
		mushroom, garlic confit, fresh		seed and weed bar	10
		thyme, parsley, local vegan feta			
		bbq chicken pizza	28		
		tomato, bbq sauce, mozzarella,			
		caramelised onion, pine nuts,			
		and rocket			

(v) vegetarian (vg) vegan Our menus incorporate immune boosting ingredients. Gluten free bread available on request.

Whilst we do our best to cater to dietary requirements, we cannot guarantee that there won't be traces of allergens within our kitchen.



in-room dining menu



bar menu

red wine

foxeys hangout 'red fox' pinot noir	60
<i>Mornington Peninsula</i>	
crittenden 'pinocchio' sangiovese	58
<i>Mornington Peninsula</i>	
hickinbotham cabernet sauvignon	60
<i>Mornington Peninsula</i>	
crittenden estate tempranillo	63
<i>Mornington Peninsula</i>	
mornington estate shiraz	57
<i>Mornington Peninsula</i>	

white wine

nv foxeys hangout sparkling white	64
<i>Mornington Peninsula</i>	
crittenden 'gepetto' sauvignon blanc	57
<i>Mornington Peninsula</i>	
montalto 'pennon hill' chardonnay	64
<i>Mornington Peninsula</i>	
red claw pinot gris	63
<i>Mornington Peninsula</i>	
crittenden estate 'pinocchio' moscato	56
<i>Mornington Peninsula</i>	
foxeys hangout rose	57
<i>Mornington Peninsula</i>	

beer and cider

prickly mooses otway light	9
st andrews beach pilsner	11
jetty road brewery pale ale	11
red hill brewery golden ale	11
mock red hill biodynamic apple cider	12
main ridge pear cider	12

We recommend you view our cancellation policy and **terms and conditions** after completing your booking.

Contact us at info@peninsulahotsprings.com or 03 5950 8777. We are located on Springs Lane in Fingal (Rye).

