

what's on in march – autumn 2024



international women's day
showcase performance

Liana Perillo

Friday 8 March
8pm – 9pm,
Amphitheatre Stage



artist in residence
showcase performance

Joseph Tawadros

Friday 15 March
7pm – 8pm,
Amphitheatre Stage



Bath House Sunset Session

DJ Richie Rich

(Easter) Saturday 30 March
6pm – 8pm,
Bath House Amphitheatre Sun Deck



various artists
sunday session

Every Sunday
2pm – 5pm
Bath House café stage



introduction to
reflexology*

Saturday 30 March
4pm – 6pm
Wellness studio



apothecary workshop*

Saturday 30 March
11am – 12:15pm
Maroon Hoods Glass House \$60pp
with take-home product



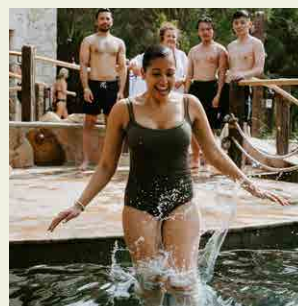
yoga*

Available daily 7.30am
Wellness Centre Studio



hot springs
yoga

Available daily 9.15am
Amphitheatre Stage



fire and ice*

Available daily
9.30am, 10.30am**, 12pm,
2pm, 4pm & 5pm
Fire & Ice area



body clay*

Available daily
10.30am, 12pm**,
1pm & 3pm
Clay Ridge



bathing
barrels*

Friday – Monday
11am – 2:45pm
Hilltop Bath



meet the
gardener

Available daily 1pm
Food Bowl

Awaken

16 MARCH 2024

HOT SPRINGS WELLNESS GATHERING

BE INSPIRED, EMPOWERED AND UPLIFTED

• TICKETS ARE LIMITED •
TICKET PRICES FROM \$125
& INCLUDE THERMAL SPRINGS BATHING

CONNECT WITH
WELLNESS INSPIRATIONS AND YOGA WITH
SHIVA REA • ANA FORREST & JOSE CALARCO
GARY GORROW • WILLIAM WONG • SIMONE CALLAHAN
LANCE SCHULER • JEM STONE • MICHELLE CASSIDY
ANISA POONJA • MELLISA MAI • UMA NEAVE SPENDER
and many more

IMMERSE IN MUSIC WITH
CHRISTINE ANU
KYLE LIONHART • NICKY BOMBA & SPECIAL GUESTS
VINOD PRASANNA • TEMPLE STEP AND MADHU HONEY
DJ DAKINI • DJ LOQI • SHIVAM RATH • AVISHAI BARNATAN
and many more

OTHER HIGHLIGHTS INCLUDE:
WELLNESS VILLAGE • SOUND HEALING DOME • MASSAGE ZONE
ECSTATIC DANCE • INDIGENOUS WISDOM TEACHINGS
SAUNAS & ICE BATHING and many more

Tickets includes classes, workshops and music.
Wellness activities, treatments and enhancements to your visit can be booked
at an additional charge, please see website for details.

SCAN HERE

AWAKEN.NET.AU

CELEBRATING CONNECTION & CO-CREATION

* Bookings required and subject to availability **Available Friday, Saturday and Sunday

For further information please contact our reservations team
on 5950 8777 or email info@peninsulahotsprings.com

peninsulahotsprings.com



PENINSULA
HOT SPRINGS



Awaken



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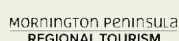
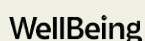
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SCAN HERE FOR MORE INFORMATION

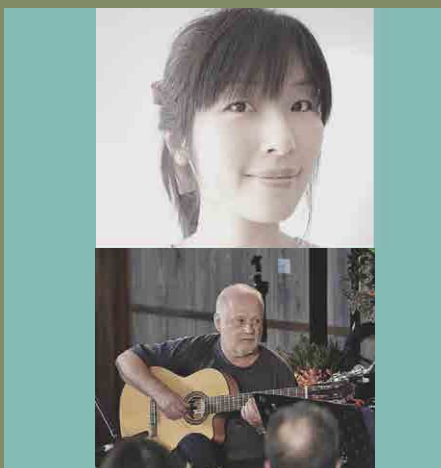


CELEBRATING CONNECTION & CO-CREATION



join us for live music every Sunday at the bath house café stage

Local talent performing live every sunday in March



Duo Sarava

Sunday 3 March
2pm – 5pm
Bath House café stage



Millington

Sunday 10 March
2pm – 5pm
Bath House café stage



Tom Williams

Sunday 17 March
2pm – 5pm
Bath House café stage



Pete Miller

Sunday 24 March
2pm – 5pm
Bath House café stage

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